



Educational Diversity

Autumn 1
September 2024
Issue 1

SEND Newsletter



Welcome to Educational Diversity's half termly newsletter, supporting you with strategies, updates and local events all related to Special Educational Needs. I would like to take this opportunity to introduce myself, Amy Heard as SENDCo across both Athena and Pegasus. I have an open door policy so if you have any queries or concerns please don't hesitate to contact me.

The purpose of Educational Diversity's approach to SEN is to reach for the potential, raise the aspirations and expectations for all pupils with SEN, providing a focus on outcomes for children and young people. We ensure our provision, is bespoke to individual needs.

We value pupil and parent voice, with our open door policy, and will be using regular coffee morning and survey to gain your thoughts, ideas and feedback.

Come along on 31st October @ Athena to meet our SEND team!

You're Invited!



Share your views!

EHCP annual review timeline



If your child has an Education, Health and Care Plan (EHCP.) Please ensure you are set up on Blackpool Hub. You will be invited to contribute to your young persons **annual review** four weeks prior to the meeting. This invite will be sent via email so please ensure school admin has the up to date credentials.

If you need help setting up an account click on the image below.



Important documents

Rest assured, even though your child will be transitioning either between schools, classrooms or teachers, the relevant documents and paperwork will be shared on a need to know basis. This will ensure a person centered approach so that communication, strategies and progress can be shared in a consistent manner.

All of our pupils are on the SEND register and will therefore have personalised targets they are working on. Their pupil voice will be recorded along with strategies and progress on their **One Page Profile**.

Some pupils will also have a **Graduated Approach Record** if they require more support than the universal input.

If your child has an **EHCP** then they will also have an **Individual Progress Tracker** used to inform their annual review.

Local Authority

Advice for Parents



Visit **Blackpool SEND Local Offer** for information about what is available for young people and their families with SEND. The Directory has names of organisations and services available too!

Accessing the wider community

Quiet hour at Tesco every Wednesday and Saturday 10am-11am.

SEND sessions at Ascent Trampoline Park. Fewer people, no music and reduced lighting. Mondays 6pm-7pm.

Neuro Ninjas. An exclusive autism group for children with, or awaiting diagnosis and their siblings. Sensory play, activities, toys and games. £3 per family.

neuroninjasfylde@gmail.com

Layton Methodist church
Thursdays 4.30pm-5.30pm

Transitions

Transitions whether they are between Year Groups, Key Stages or Schools can be a stressful time for children as they get use to new routines, new adults, new friends and new surroundings. This is the case for all young people and for children with special educational needs the changes can be even more unsettling.

As a parent or carer you can help!

- ✓ Start conversations with your child and finding out how they feel about the transition is a great start. Use Zones of Regulation to identify how your young person feels about different parts of school life. See resource below.
- ✓ Plan strategies that help you regulate prior and during these transitions. There are some helpful resources below.
- ✓ Go through the timetable and ensure you are prepared for the week ahead. You could get your resources, bag and uniform ready.

Useful links to support transitions

YOUNG MINDS



press the images for video links

Transitions and mental health



Zones of regulation

At Educational Diversity we are working hard to embed 'Zones of Regulation' to help young people identify their emotions. It is important young people learn that it is typical to feel a range of different emotions- sometimes all at once! Young people need to learn how to develop strategies to help them regulate in order to be good citizens within the wider community.

Blue Zone Sad - Bored Tired - Sick	Green Zone Happy - Focused Calm - Proud	Yellow Zone Worried - Frustrated Silly - Excited	Red Zone Overjoyed/Elated Nicked - Angry - Terrible

Ask for a hug
talk to an adult
Have a break/rest
Do something that makes you feel happy
sensory time
Go outside
Have a bath

Spend time with friends
Complete activities
Practice skills
Reading

Sensory/movement breaks
Do some exercise
tell some jokes!

Squeeze a cushion
Do some exercise
Quiet time
Listen to music
Wrap yourself in a blanket