



**DOMESTIC ABUSE  
FAMILY SAFETY UNIT**



**NO  
MORE**

**Blaming  
yourself!**

**They want you to believe it's your fault,  
but it's not. Reach out for help.**

**Support is just a call away.**

**0300 123 5101**



[www.cheshireeast.gov.uk/domesticabuse](http://www.cheshireeast.gov.uk/domesticabuse)

**Cheshire East  
Council**

The logo for Cheshire East Council, featuring a stylized white wheat sheaf icon to the right of the text.