



Intimate Care Policy 2025/26

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Approving Body	Governing Body
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Revisions Log

Date	Pages/Whole Document	Description of Change	Origin of Change (e.g. Routine Update, request for Review)
30.9	Whole Document	Policy re-written to reflect absorption of the Nursery. EYFS safeguarding updates.	Routine update

Introduction

At Egerton Primary School we are committed to ensuring that all pupils are treated with dignity, respect and sensitivity when intimate care is required. This policy applies to all children in the school, including those in our Nursery provision (from age 2).

Intimate care refers to any personal care that most children and young people are able to carry out themselves but may need support with, such as:

- Toileting and nappy changing
- Potty training
- Washing, including intimate areas
- Changing clothes
- Medical procedures requiring support with personal areas

This policy has been written in line with:

- The Statutory Framework for the Early Years Foundation Stage (EYFS) updated September 2025
- Keeping Children Safe in Education (KCSIE, 2025)
- Working Together to Safeguard Children (2023)

We recognise that children's needs vary with age, development, and additional needs. Staff will support children in a safe, consistent and professional way that protects their welfare and safeguards both children and adults.

Aims of the Policy

- To safeguard the rights and wellbeing of all children who may require intimate care.
- To provide clear guidance for staff to deliver intimate care in line with safeguarding standards.
- To promote independence and self-care skills wherever possible.
- To ensure children's privacy and dignity are respected.
- To work in partnership with parents and carers on children's intimate care needs.
- To comply with safeguarding and EYFS statutory requirements.

Procedures

General Principles

- Intimate care will only be provided by staff who are employed by the school and have undergone enhanced **DBS checks**, safeguarding and intimate care training.
- Staff will be familiar with each child's care needs and, where appropriate, an **individual care plan** will be agreed with parents/carers.
- Whenever possible, the child will be encouraged to carry out self-care with appropriate supervision and guidance.

- Children's dignity and privacy will be respected; care will be provided discreetly, in a designated area (e.g. changing area, accessible toilet or Nursery changing station).
- Staff will use appropriate personal protective equipment (PPE), including gloves and aprons, and follow hygiene protocols.
- Staff will record all intimate care provided on the school's agreed recording system. Parents/carers will be informed as necessary.
- Where a child becomes distressed, staff will reassure them using appropriate comforting and distraction.

Safeguarding Considerations

- Two members of staff should ideally be aware when intimate care is being undertaken. In Nursery, intimate care will normally be carried out by the child's **key person** or a familiar member of staff.
- Staff will never make inappropriate comments or actions during intimate care.
- Concerns about unusual marks, injuries, or disclosures during intimate care will be reported immediately to the **Designated Safeguarding Lead (DSL)** in line with the school's safeguarding policy.
- Photographs or videos will never be taken during intimate care.
- Staff will maintain professional boundaries at all times.

Record Keeping

- All intimate care (nappy changes, toileting support, accidents, medical procedures) must be logged.
- Records will include date, time, staff member, and brief details of the care provided.
- These records will be monitored by the EYFS lead and DSL to identify any safeguarding concerns or patterns of need.

Potty Training

At Egerton Primary School we recognise that children develop at different rates and will be at different stages of toileting when they join us. Our approach is:

- To work in close partnership with parents/carers to establish a consistent routine between home and school.
- To respect the child's individual readiness for potty training and avoid unnecessary pressure.
- To encourage independence while providing reassurance and support.
- Staff will use consistent language and routines to build children's confidence.
- For children who have begun the potty training journey at home Nursery will support
 by encouraging the child to use the toilet at transition times and 20 minutes after
 the child has had a drink.
- Spare clothes will be available for accidents; children will be changed promptly and discreetly.
- Parents are expected to provide sufficient spare clothes, wipes and nappies/pull-ups if required.

• Where ongoing difficulties arise, we will work with parents/carers and, if needed, seek advice from health visitors or external professionals.

Monitoring and Review

- This policy will be reviewed annually, or sooner if safeguarding legislation or statutory frameworks change.
- Staff training in intimate care and safeguarding will be refreshed regularly in line with school CPD schedules.
- The DSL and EYFS Lead will oversee monitoring of intimate care records and ensure this policy is consistently applied.

Intimate Care Record

Date	Time	Child's Name	Reason for Change	Staff Initials