

PRIMARY MENU SUMMER WEEK 1

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Macaroni cheese	Mediterranean chicken wrap with savoury rice	Roast beef, with Yorkshire pudding, roast potatoes & gravy	Pork meatballs with wholemeal pasta	Fish fingers or salmon fingers with chunky chips
VEGETARIAN MAIN DISH	Potato & cauliflower curry with 50/50 rice.	Meat free sausage ragu with wholemeal pasta	Quorn™ fillet with roast potatoes & gravy	BBQ Quorn™ with 50/50 rice	Falafel & salad pitta with chunky chips
ACCOMPANIMENTS	Peas & broccoli Salad bar	Roasted vegetables Salad bar	Carrots & cauliflower Salad bar	Green beans & sweetcorn Salad bar	Peas & baked beans Salad bar
DESSERTS	Upside down cheesecake	Lemon drizzle cake	Apple & oat cookie	Chocolate muffin	Summer berries with whip
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection

KEY

- 5 1 OF YOUR 5 A DAY
- MEAT FREE CHOICE
- CHEF'S CHOICE
- PLANT-BASED VEGAN

