WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main dish	Vegetarian korma with 50/50 rice	Pork sausage with creamy mash potato & gravy	Roast beef with Yorkshire puddings, roast potatoes & gravy	Spanish chicken in a tomato sauce with 50/50 rice	Crispy fish fingers with chunky chips
Vegetarian Main dish	Vegetarian cottage pie	Quorn™ enchiladas with diced potatoes	Quorn™ fillet with roast potatoes & gravy	Tomato & roasted vegetable pasta	Crispy vegetable fingers with chunky chips
Accompaniments	Cauliflower & broccoli Salad bar	Peas & carrots Salad bar	Green beans & cabbage Salad bar	Sweetcorn & broccoli Salad bar	Peas & baked beans Salad bar
Desserts	Chocolate & pear sponge with custard	5 Crumble & custard	Flapjack	Carrot cake	Chocolate & orange cookie
Fresh fruit or yoghurt	Fresh fruit <i>or</i> Yoghurt	Fresh fruit <i>or</i> Yoghurt	Fresh fruit <i>or</i> Yoghurt	Fresh fruit <i>or</i> Yoghurt	Fresh fruit <i>or</i> Yoghurt
Jacket potato	Jacket potato & todays choice of filling	Jacket potato & todays choice of filling	Jacket potato & todays choice of filling	Jacket potato & todays choice of filling	Jacket potato & todays choice of filling



