



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	Macaroni Cheese served with Garlic Bread (Gluten, Mustard, Soya, Milk)	Cottage Pie served with Gravy (SO2)	Roast Pork, Yorkshire Pudding served with Roast Potatoes and Gravy (Gluten, Mustard, Soya Milk, Egg, SO2)	BBQ Chicken served with Rice (Gluten, Fish, Mustard)	Fishcake & Chips (Fish, Gluten)
<b>VEGETARIAN MEAL</b>		Vegetable Cottage Pie served with Gravy (Gluten, Mustard, Soya)	Quorn Sausage served with Yorkshire Pudding, roast Potatoes and Gravy (Gluten, Milk, Eggs, SO2)	BBQ Roast Vegetable Wrap served with Rice (Gluten, Fish, Mustard)	Cheesy Sweetcorn Fritters served with Chips (Egg, Soya, Gluten, Milk)
<b>JACKET</b>	Beans or Cheese (Milk)	Tuna or Cheese (Milk, Egg, Fish)	Tuna or Cheese (Milk, Egg, Fish)	Beans or Cheese (Milk)	Beans or Cheese (Milk)
<b>SANDWICHES</b>	Cheese, Tuna, Ham or Egg (Milk, Egg, Fish, Gluten)	Cheese, Tuna, Ham or Egg (Milk, Egg, Fish, Gluten)	Cheese, Tuna, Ham or Egg (Milk, Egg, Fish, Gluten)	Cheese, Tuna, Ham or Egg (Milk, Egg, Fish, Gluten)	Cheese, Tuna, Ham or Egg (Milk, Egg, Fish, Gluten)
<b>PASTA POT</b>	Tuna Pasta (Gluten, Egg, Fish)	Tomato & Basil Pasta (Gluten, Milk)	Cheese Pasta (Gluten, Milk)	Tuna Pasta (Gluten, Egg, Fish)	Cheese Pasta (Gluten, Milk)
<b>DESSERTS</b>	Chocolate Flapjack Or Fruit Pot (Gluten)	Apple, Toffee, Biscuit & Cream Layer Or Fruit Pot (Gluten, Milk)	Ice Cream Or Fruit Boat (Milk)	Jam Sponge & Custard Or Fruit Pot (Gluten, Egg, Milk)	Jelly Or Fruit Boat (Milk, Gluten)



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	Vegetable Pasta Bake (Celery, Gluten, Milk)	Baked Pork Sausages in a Rich Onion Gravy served with Creamed Mashed Potato (Gluten, SO2)	Roast Chicken And stuffing served with Roast Potatoes and Gravy (Gluten, SO2)	Pepperoni and Ham Pizza Served with Seasoned Diced Potatoes (Celery, Gluten, Egg, Milk, Soya)	Fish Fingers & Chips (Fish, Gluten)
<b>VEGETARIAN MEAL</b>	Vegetable Fajitas with Herby Diced Potato (Gluten, Milk)	Meatless Meatballs in a Rich Onion Gravy served with Creamed Mashed Potato (SO2, Gluten, Soya)	Quorn Sausages served with Roast Potatoes and Gravy (SO2, Gluten)	Pizza Wrap served with Wedges (Gluten, Milk)	Quorn and Chickpea Curry and Chips (Celery, Gluten, Milk Mustard, Soya)
<b>JACKET</b>	Beans or Cheese (Milk)	Tuna or Cheese (Milk, Eggs, Fish)	Tuna or Cheese (Milk, Eggs, Fish)	Beans or Cheese (Milk)	Beans or Cheese (Milk)
<b>SANDWICHES</b>	Cheese, Tuna, Ham or Egg (Milk, Egg, Fish, Gluten)	Cheese, Tuna, Ham or Egg (Milk, Egg, Fish, Gluten)	Cheese, Tuna, Ham or Egg (Milk, Egg, Fish, Gluten)	Cheese, Tuna, Ham or Egg (Milk, Egg, Fish, Gluten)	Cheese, Tuna, Ham or Egg (Milk, Egg, Fish, Gluten)
<b>PASTA POT</b>	Tuna Pasta (Gluten, Egg, Fish)	Tomato & Basil Pasta (Gluten, Milk)	Cheese Pasta (Gluten, Egg, Milk)	Tuna Pasta (Gluten, Egg, Fish)	Tomato & Basil Pasta (Gluten, Milk)
<b>DESSERTS</b>	Hot Chocolate Fudge Cake & Custard (Gluten, Milk, Egg) Or Fruit Pot	Beetroot Brownie (Gluten, Milk, Soya) Or Fruit Boat	Jam Roly Poly & Custard (Gluten, Milk) Or Fruit Pot	Strawberry Jelly with Mandarins Or Fruit Boat	Cinnamon Whirl (Gluten) Or Fruit Pot



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	Macaroni Cheese with Homemade Garlic Bread (Milk, Soya, Egg, Gluten, Mustard)	Chicken Curry served with Rice (Celery)	Roast Turkey with Roast Potatoes and Gravy (S02)	Spaghetti Bolognaise (Gluten, Mustard, Soya)	Gluten Free Fish & Chips (Fish)
<b>VEGETARIAN MEAL</b>	Cheese Omelette with Salad and Coleslaw (Egg, Milk)	Vegetable Curry served with Rice (Celery)	Vegetarian Sausage with Roast Potato and Gravy (Gluten, Milk, S02)	Cheese and Onion Pie with New Potatoes (Gluten, Egg, Milk, Soya)	Cheese Whirl & Chips (Gluten, Egg, Milk, S02)
<b>JACKET</b>	Beans or Cheese (Milk)	Beans or Cheese (Milk)	Tuna or Cheese (Milk, Egg, Fish)	Tuna or Cheese (Milk, Egg, Fish)	Beans or Cheese (Milk)
<b>SANDWICHES</b>	Cheese, Tuna, Ham or Egg (Milk, Egg, Fish, Gluten)	Cheese, Tuna, Ham or Egg (Milk, Egg, Fish, Gluten)	Cheese, Tuna, Ham or Egg (Milk, Egg, Fish, Gluten)	Cheese, Tuna, Ham or Egg (Milk, Egg, Fish, Gluten)	Cheese, Tuna, Ham or Egg (Milk, Egg, Fish, Gluten)
<b>PASTA POT</b>	Tomato & Basil Pasta (Gluten, Milk)	Tuna Pasta (Gluten, Egg, Fish)	Cheese Pasta (Gluten, Egg, Milk)	Tomato & Basil Pasta (Gluten, Milk)	Cheese Pasta (Gluten, Egg, Milk)
<b>DESSERTS</b>	Pineapple Upside Down Cake & Custard (Gluten, Milk, Egg, SO2, Soya) Or Fruit Pot	Strawberry Jelly Or Fruit Boat	Ice Cream (Milk) Or Fruit Pot	Cornflake Buns (Gluten) Or Fruit Boat	Cherry Flapjack (Gluten, SO2) Or Fruit Pot