# April 2023



#### Sleep

We know that children will often fight sleep and bed times. However creating a regular bedtime routine helps your child in so many



ways. It has been noted that sleep deprivation can lead to 'decreased brain development, learning problems and more frequent negative emotions'.



We are celebrating the Kings Coronation on

## Friday 5<sup>th</sup> May 2023

- Non-uniform to wear red, white & blue.
- Special picnic lunch. A gift from school to take home.
- Parents dressed in red, white & blue will be entered into a draw to win an afternoon tea hamper!
  - We are holding an egg competition! The egg needs to be decorated as King Charles. The egg must be hard boiled and be able to stand up on it's own. You will be in with a chance of winning a prize! Bring them into school on the Friday morning.

#### Year 6 SATs

SATs will start on Tuesday 9th May 2023

Breakfast club for all year 6 will be **FREE** during SATs week. It starts at 8am through the hall door.



#### **Freebie Friday**

Look out in the playground for our next Freebie Friday on Friday 28th April 2023

#### **Attendance**

Lots of sickness bugs going around at the minute. Please be assured that we are continuing with our tight hand washing routines around school.

#### **Bank Holiday Reminders**

Monday 1st May 2023

Monday 8th May 2023

School will be closed

### Summer BBQ Lunch

Thursday 25th May 2023

Please book via your MCAS app!



#### **End of term**

We break up on Friday 26th May 2023 and return on Monday 12th June 2023