



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Vegetable Fingers served with Baby Potatoes (Gluten)	Cottage Pie with Gravy (Milk, So2)	Roast Gammon and Stuffing served with Roast Potatoes & Gravy (Gluten, So2)	Turkey Kebabs with Garlic Mayo Served with Side Salad (Gluten, Eggs, Mustard)	Traditional Fish Cake & Chips (Gluten, Fish)
VEGETARIAN MEAL	Cheese and Tomato Baguette Pizza served with Baby Potatoes (Celery, Gluten, Milk, Sesame Seeds)	Vegetable Curry with Rainbow Rice (Celery, Gluten, Eggs, Milk, Mustard, Soya)	Vegetarian Sausage, served with Roast Potatoes & Gravy (Gluten, So2)	Winter Vegetable Crumble (Gluten, Milk)	Vegetarian Burger & Chips (Gluten, Eggs, Milk, Sesame Seeds)
VEGETABLES	Peas & Sweetcorn	Savoy Cabbage & Mashed Swede	Broccoli & Baton Carrots	Sweetcorn & Peas	Garden Peas & Baked Beans
JACKET	Beans or Cheese (Milk)	Beans or Cheese (Milk)	Tuna or Cheese (Milk, Eggs, Fish)	Beans or Cheese (Milk)	Tuna & Cheese (Milk, Eggs, Fish)
SANDWICHES	Cheese or Tuna Mayo (Milk, Eggs, Fish)	Cheese or Tuna Mayo (Milk, Eggs, Fish)	Ham or Egg Mayo (Milk, Eggs)	Cheese or Tuna Mayo (Milk, Eggs, Fish)	Ham or Egg Mayo (Milk, Eggs)
DESSERTS	Apple & Oat Cookie (Gluten, Eggs) Or Fruit Pot	Jam Sponge and Custard (Gluten, Eggs, Milk, So2) Or Fruit Kebabs	Chocolate Crispy Cake (Gluten) Or Fruit Boat	Gainsborough Tart (Eggs, Milk, So2) Or Fruit Pot	Golden Ginger Oat Biscuit (Gluten, Eggs, Milk) Or Fruit boat



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Macaroni Cheese (Gluten, Milk)	Chicken Curry & 50/50 Rice (Celery, Mustard)	Roast Chicken served with Roast Potatoes & Rich Gravy (Milk, S02)	Spaghetti Bolognese & Garlic Bread (Gluten, Celery)	Gluten Free Fish & Chips (Fish)
VEGETARIAN MEAL	Meatless Meatballs, Tomato Sauce & Spaghetti (Gluten, Eggs, Milk, Mustard)	Winter Vegetable Soup with a Crusty Roll (Celery, Gluten, Sesame Seeds)	Vegetarian Fillet served with Roast Potatoes & Gravy (Milk, Eggs, So2)	Quorn Spaghetti Bolognese & Garlic Bread (Gluten, Celery)	Lightly Spiced Burger & Chips (Celery, Gluten, Milk, Sesame Seeds, So2)
VEGETABLES	Carrot rings & Peas	Sweetcorn & Green Beans	Broccoli & Swede	Peas & Baton Carrots	Garden Peas & Beans
JACKET	Beans or Cheese (Milk)	Tuna or Cheese (Milk, Eggs, Fish)	Tuna or Cheese (Milk, Eggs, Fish)	Beans or Cheese (Milk)	Beans or Cheese (Milk)
SANDWICHES	Cheese or Tuna Mayo (Milk, Eggs, Fish)	Ham or Egg Mayo (Milk, Eggs)	Ham or Egg Mayo (Milk, Eggs)	Cheese or Tuna Mayo (Milk, Eggs, Fish)	Cheese or Tuna Mayo (Milk, Eggs, Fish)
DESSERTS	Marble Sponge and Custard (Gluten, Eggs, Milk) Or Fruit Pot	Carrot Cake (Gluten, Eggs) Or Fruit Kebabs	Fruity Flapjack (Gluten) Or Fruit Boat	Jam and Custard Puff Pastry Tart and Custard (Gluten, Eggs, Milk) Or Fruit Pots	Chocolate Crinkle Biscuit (Gluten, Eggs) Or Fruit Boat



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Margarita Pizza with Wedges (Celery, Gluten, Eggs, Milk, Soya)	Sausage and Creamy Mash with Gravy (Gluten, Milk)	Roast Chicken served with Roast Potatoes & Rich Gravy (Gluten, Eggs, Milk, So2)	Cheese & Ham Pinwheels with Diced Potatoes (Gluten, Milk)	Fish Fingers & Chips (Gluten, Fish, Milk, Mustard)
VEGETARIAN MEAL	Meatless Burger with Wedges (Gluten, Mustard, Sesame Seeds)	Quorn Sausage and Creamy Mash with Gravy (Gluten, Milk)	Vegetarian Fillet served with Roast Potatoes & Gravy (Gluten, Eggs, Milk, So2)	Cheese Pinwheels with Diced Potatoes (Gluten, Milk)	Vegetarian Hotdog & Chips (Gluten, Sesame Seeds)
VEGETABLES	Baked Beans & Peas	Sweetcorn & Green Beans	Cauliflower & Diced Carrot	Mashed Swede & Savoy Cabbage	Garden Peas & Baked Beans
JACKET	Beans or Cheese (Milk)	Tuna or Cheese (Milk, Eggs, Fish)	Tuna or Cheese (Milk, Eggs, Fish)	Beans or Cheese (Milk)	Beans or Cheese (Milk)
SANDWICHES	Cheese or Tuna Mayo (Milk, Eggs, Fish)	Ham or Egg Mayo (Milk, Eggs)	Ham or Egg Mayo (Milk, Eggs)	Cheese or Tuna Mayo (Milk, Eggs, Fish)	Cheese or Tuna Mayo (Milk, Eggs, Fish)
DESSERTS	Homemade Ginger Sponge with Cream (Gluten, Eggs, Milk) Or Fruit Pot	Raspberry Bun (Gluten, Eggs, Milk, So2) Or Fruit Kebab	Cherry Shortbread (Gluten, So2) Or Fruit Boat	Rice Pudding served with Fruit Compote (Milk, So2) Or Fruit Pot	Cornflake Tart served with Custard (Gluten, Milk, Soya) Or Fruit Boat