



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Cheese & Tomato Pizza with Homemade Coleslaw (Gluten, Milk, Celery, Egg, Soya)	BBQ Chicken Pasta & Garlic Bread (Gluten, Celery, Soya, Milk)	Roast Pork, Yorkshire Pudding, Roast Pots, Gravy (Gluten, Egg, Milk, Soya, Mustard, S02)	Homemade Sausage Pie, Mashed Potato & Gravy (Gluten, Egg, S02)	Traditional Fish Cake & Chips (Gluten, Fish)
VEGETARIAN MEAL	Vegetable Pasta & Garlic Bread (Gluten, Milk, Soya)	Vegetable Fingers & Wedges (Gluten S02)	Quorn Fillet, Yorkshire Pudding, Roast Potatoes & Gravy (Gluten, Eggs, Milk, S02)	Homemade Potato and Vegetable Pie, Mashed Potato & Gravy (Gluten, S02, Egg)	Homemade Cheese Omelette + Chips (Egg, Milk, Soya)
JACKET	Beans or Cheese (Milk)	Tuna or Cheese (Milk)	Tuna or Cheese (Milk, Eggs, Fish)	Beans or Cheese (Milk)	Beans or Cheese (Milk)
SANDWICHES	Cheese, Tuna or Ham (Milk, Eggs, Fish)	Ham, Egg or Cheese (Milk, Eggs)	Ham, Egg or Cheese (Milk, Eggs)	Cheese, Tuna or Ham (Milk, Eggs, Fish)	Cheese, Tuna or Ham (Milk, Eggs, Fish)
PASTA POT	Tuna Pasta (Gluten, Egg, Fish)	Cheese Pasta (Gluten, Egg, Milk)	Tuna Pasta (Gluten, Egg, Fish)	Cheese Pasta (Gluten, Egg, Milk)	Tomato & Basil Pasta (Gluten, Milk)
DESSERTS	Orange Shortcake (Gluten, Soya) Or Fruit	Jam Sponge & Custard (Gluten, Milk, Egg) Or Fruit	Flapjack (Gluten) Or Fruit	Apple Crumble & Custard (Gluten, Milk) Or Fruit	Chocolate Fudge Crinkle Biscuit (Gluten, Egg) Or Fruit



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Naan Cheese Pizza & Herby Diced Potato (Gluten, Celery, Milk)	Chicken Curry with White & Basmati Rice (Celery)	Roast Gammon with Roast Potatoes & Gravy (Gluten, Egg, Milk, S02)	Spaghetti Bolognese & Garlic Bread (Gluten, Egg, Milk, Soya)	Fish Fingers & Chips (Gluten, Fish)
VEGETARIAN MEAL	Vegetable Chilli & Rice (Gluten, Celery)	Quorn Vegetable Bolognese (Gluten, Egg, Milk, Soya)	Quorn Sausage with Roast Potatoes & Gravy (Gluten)	Macaroni Cheese & Garlic Bread (Gluten, Milk, Mustard, Soya)	Vegetarian Southern Style Burger & Chips (Gluten, Eggs, Milk, Sesame)
JACKET	Beans or Cheese (Milk)	Tuna or Cheese (Milk, Eggs, Fish)	Tuna or Cheese (Milk, Eggs, Fish)	Beans or Cheese (Milk)	Beans or Cheese (Milk)
SANDWICHES	Cheese, Tuna or Ham (Milk, Eggs, Fish)	Ham, Egg or Cheese (Milk, Eggs)	Ham, Egg or Cheese (Milk, Eggs)	Cheese, Tuna or Ham (Milk, Eggs, Fish)	Cheese, Tuna or Ham (Milk, Eggs, Fish)
PASTA POT	Tuna Pasta (Gluten, Egg, Fish)	Tomato & Basil Pasta (Gluten, Milk)	Cheese Pasta (Gluten, Egg, Milk)	Tuna Pasta (Gluten, Egg, Fish)	Tomato & Basil Pasta (Gluten, Milk)
DESSERTS	Beetroot Brownie (Gluten, Egg, Milk, Soya) Or Fruit Pot	Fruit Jelly & Cream (Milk) Or Fruit Kebabs	Ice Cream (Milk) Or Fruit Boat	Courgette Sponge (Gluten, Egg, Milk) Or Fruit Pot	Raspberry Bun (Gluten, Milk) Or Fruit boat



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Vegetarian Dipper Wrap & Rainbow Rice (Gluten)	Ham & Pineapple Pizza with Potato Wedges (Gluten, Egg, Milk, Soya, S02)	Roast Chicken, with a Yorkshire Pudding & Roast Potatoes (Gluten, Milk, Egg)	Ham & Cheese Whirl with Chips (Gluten, Egg, Milk, S02)	Gluten Free Fish & Chips (Fish)
VEGETARIAN MEAL	Meatless Meatballs in a Tomato & Basil Sauce with Pasta (Gluten, Milk)	Cheese & Onion Quiche served with Potato Wedges (Gluten, Egg, Milk, S02)	Vegetarian Fillet served with a Yorkshire Pudding & Roast Potatoes (Gluten, Milk, Egg S02)	Vegetable Curry with 50/50 Rice (Gluten, Celery, Milk, Egg, Mustard, Soya)	Quorn Sausage & Chips (Gluten)
JACKET	Beans or Cheese (Milk)	Tuna or Cheese (Milk, Eggs, Fish)	Tuna or Cheese (Milk, Eggs, Fish)	Beans or Cheese (Milk)	Beans or Cheese (Milk)
SANDWICHES	Cheese, Tuna or Ham (Milk, Eggs, Fish)	Ham, Egg or Cheese (Milk, Eggs)	Ham, Egg or Cheese (Milk, Eggs)	Cheese, Tuna or Ham (Milk, Eggs, Fish)	Cheese, Tuna or Ham (Milk, Eggs, Fish)
PASTA POT	Cheese Pasta (Gluten, Egg, Milk)	Tomato & Basil Pasta (Gluten, Milk)	Tuna Pasta (Gluten, Egg, Fish)	Cheese Pasta (Gluten, Egg, Milk)	Tomato & Basil Pasta (Gluten, Milk)
DESSERTS	Ginger Biscuit (Gluten, Milk) Or Fruit Salad	Cherry Flapjack (Gluten, S02) Or Fruit Boats	Rice Pudding & Jam (Milk) Or Fruit Kebabs	Chocolate Shortbread Biscuit (Gluten) Or Fruit Salad	Pear Crumble & Custard (Gluten, Milk) Or Fruit Pots