



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Homemade Cheese & Tomato Pizza served with Crispy Potato Cubes & Homemade Coleslaw (Gluten, Egg, Celery, Soya, Milk)	Spaghetti Bolognaise served with Garlic Bread (Gluten, Milk, Soya)	Roast Pork, Yorkshire Pudding served with Roast Potatoes and Gravy (Gluten, Egg, Milk, Mustard, SO2, Soya)	Homemade Chicken Curry served with Rice (Celery, Milk)	Traditional Fish Cake served with Chips. (Fish, Gluten)
VEGETARIAN MEAL	Vegetable Fingers served with Crispy Potato Cubes (Gluten)	Cheese & Spring Onion Stuffed Potato Shell (Milk)	Quorn Sausage served with Yorkshire Pudding, roast Potatoes, and Gravy (Gluten, Egg, Milk, SO2)	Vegetarian Cottage Pie served with Gravy. (Gluten, SO2, Egg, Milk)	Southern Fried Quorn Burger & Chips (Gluten)
JACKET	Beans or Cheese (Milk)	Tuna or Cheese (Milk, Egg, Fish)	Tuna or Cheese (Milk, Egg, Fish)	Beans or Cheese (Milk)	Beans or Cheese (Milk)
SANDWICHES	Cheese, Tuna or Ham (Milk, Egg, Fish, Gluten)	Ham, Egg or Cheese (Milk, Egg, Gluten)	Ham, Egg or Cheese (Milk, Egg, Gluten)	Cheese, Tuna or Ham (Milk, Egg, Fish, Gluten)	Cheese, Tuna or Ham (Milk, Egg, Fish, Gluten)
PASTA POT	Tuna Pasta (Gluten, Egg, Fish)	Cheese Pasta (Gluten, Milk)	Tuna Pasta (Gluten, Egg, Fish)	Cheese Pasta (Gluten, Milk)	Tomato & Basil Pasta (Gluten, Milk)
DESSERTS	Fruity Flapjack Or Fruit Pot (Gluten)	Butterfly Fruit Cupcake Or Fruit Kebabs (Gluten, Egg, Milk)	Ice Cream Or Fruit Boat (Milk)	Chocolate Crunch & Custard Or Fruit Pot (Gluten, Egg, Milk)	Strawberry Angel Delight Or Fruit boat (Milk)



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Cheese & Tomato Whirl served with Chips (Gluten, Egg, Milk, SO2)	Sausage and Mash with Gravy (Gluten, SO2)	Roast Turkey, Yorkshire Pudding served with Roast Potato and Gravy (Milk, Egg, Gluten)	Italian Fillet Chicken Breast Burger served with Herby Cubed Potatoes (Gluten, Sesame)	Fish Fingers served with Chips (Fish, Gluten)
VEGETARIAN MEAL	Oriental Vegetable Stir Fry with Egg Noodles (Gluten, Soya, Egg)	Spanish Vegetable One Pot (Egg, Milk, SO2)	Broccoli and Cauliflower Hotpot served with Gravy (Milk, SO2, Gluten)	Vegetable Fajitas Served with herby cubed potatoes (Gluten, Celery)	Cheese and Onion Pie served with chips (Gluten, Egg, Milk, Soya)
JACKET	Beans or Cheese (Milk)	Tuna or Cheese (Milk, Eggs, Fish)	Tuna or Cheese (Milk, Eggs, Fish)	Beans or Cheese (Milk)	Beans or Cheese (Milk)
SANDWICHES	Cheese, Tuna or Ham (Milk, Egg, Fish, Gluten)	Ham, Egg or Cheese (Milk, Egg, Gluten)	Ham, Egg or Cheese (Milk, Egg, Gluten)	Cheese, Tuna or Ham (Milk, Egg, Fish, Gluten)	Cheese, Tuna or Ham (Milk, Egg, Fish, Gluten)
PASTA POT	Tuna Pasta (Gluten, Egg, Fish)	Tomato & Basil Pasta (Gluten, Milk)	Cheese Pasta (Gluten, Egg, Milk)	Tuna Pasta (Gluten, Egg, Fish)	Tomato & Basil Pasta (Gluten, Milk)
DESSERTS	Beetroot Brownie (Gluten, Eggs, Milk, Soya) Or Fruit Pot	Fruit Jelly & Cream (Milk) Or Fruit Kebabs	Carrot Cake (Egg, Gluten) Or Fruit Boat	Banana Muffin (Egg, Soya, Gluten) Or Fruit Pot	Cherry Flapjack (Gluten, SO2) Or Fruit Boat



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Vegetarian Hot Dog with Baked New Potatoes (Gluten, Milk, Sesame)	Chicken Pie served with New Potatoes (Gluten, Milk)	Roast Beef, Yorkshire Pudding, Roast Potatoes and Gravy (Egg, Milk, Gluten, SO2)	Ham and Cheese Pizza with Baked Wedges (Gluten, Egg, Milk, Soya)	Gluten Free Fish served with Chips and a Lemon Wedge (Fish)
VEGETARIAN MEAL	Green Cuisine Meatless Meatballs in a Tomato Sauce served with Spaghetti (Gluten, Milk, Egg, Mustard)	Veggie Bolognese with Garlic Bread (Milk, Mustard, Soya, Gluten)	Vegetarian Fillet, Yorkshire Pudding served with Roast Potatoes and Gravy (Egg, Gluten, Milk, SO2)	Cheese and Red Pepper Quiche served with New Potatoes (Egg, Gluten, Milk, Soya)	Quorn Dippers served with Chips (Gluten)
JACKET	Beans or Cheese (Milk)	Tuna or Cheese (Milk, Egg, Fish)	Tuna or Cheese (Milk, Egg, Fish)	Beans or Cheese (Milk)	Beans or Cheese (Milk)
SANDWICHES	Cheese, Tuna or Ham (Milk, Egg, Fish, Gluten)	Ham, Egg or Cheese (Milk, Egg, Gluten)	Ham, Egg or Cheese (Milk, Egg, Gluten)	Cheese, Tuna or Ham (Milk, Egg, Fish, Gluten)	Cheese, Tuna or Ham (Milk, Egg, Fish, Gluten)
PASTA POT	Cheese Pasta (Gluten, Egg, Milk)	Tomato & Basil Pasta (Gluten, Milk)	Tuna Pasta (Gluten, Egg, Fish)	Cheese Pasta (Gluten, Egg, Milk)	Tomato& Basil Pasta (Gluten, Milk)
DESSERTS	Ginger Biscuit (Gluten, Milk) Or Fruit Salad	Strawberry Jelly Or Fruit Boats	Chocolate & Vanilla Biscuit (Gluten, Milk, Soya) Or Fruit Salad	Ice Cream (Milk) Or Fruit Salad	Cornflake Buns (Gluten, Milk, Soya) Or Fruit Pots