



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Vegetarian Burger Bun served with Corn Cobette & Homemade Coleslaw (Gluten, Egg, Sesame, Milk)	Sausage served with Mashed Potato & Gravy (Gluten, SO2)	Roast Pork and Stuffing served with Roast Potatoes and Gravy (Gluten, SO2)	Large Yorkshire Pudding filled with Savoury Turkey Mince served with Baby New Potatoes (Egg, Gluten, Milk)	Traditional Fish Cake Or Salmon Fish Cake served with Chips. (Fish, Gluten)
VEGETARIAN MEAL	Vegetable Lasagne served with Garlic Bread (Gluten, Egg, Soya, Milk)	Vegetable Curry served with 50/50 Rice (Celery, Egg, Gluten, Milk, Mustard, Soya)	Quorn Sausage served with Stuffing, roast Potatoes and Gravy (Gluten, SO2)	Spanish Vegetable Rice Bake (Gluten, Egg, Milk, Mustard, Soya)	Creamy Vegetable Pie served with Chips. (Gluten, Milk)
JACKET	Beans or Cheese (Milk)	Tuna or Cheese (Milk, Egg, Fish)	Tuna or Cheese (Milk, Egg, Fish)	Beans or Cheese (Milk)	Beans or Cheese (Milk)
SANDWICHES	Cheese, Tuna or Ham (Milk, Egg, Fish, Gluten)	Ham, Egg or Cheese (Milk, Egg, Gluten)	Ham, Egg or Cheese (Milk, Egg, Gluten)	Cheese, Tuna or Ham (Milk, Egg, Fish, Gluten)	Cheese, Tuna or Ham (Milk, Egg, Fish, Gluten)
PASTA POT	Tuna Pasta (Gluten, Egg, Fish)	Cheese Pasta (Gluten, Milk)	Tuna Pasta (Gluten, Egg, Fish)	Cheese Pasta (Gluten, Milk)	Tomato & Basil Pasta (Gluten, Milk)
DESSERTS	Viennese Whirl Or Fruit Pot (Gluten, Soya)	Chocolate Brownie served with Creamy Chocolate Sauce Or Fruit Pot (Gluten, Egg, Milk)	Orange Cookie Or Fruit Boat (Milk, Egg, Gluten, Soya)	Lemon Madeira Cake Or Fruit Pot (Gluten, Egg, Soya)	Strawberry Flapjack served with Custard Or Fruit boat (Milk, Gluten)



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Vegetarian Burrito (Milk, Egg, SO ₂ , Gluten)	Breaded Chicken Parmo With Wedges and Salad (Soya, Milk, Gluten)	Roast Gammon served with Roast Potatoes, Stuffing and Gravy (Wheat, SO ₂)	Homemade Minced Beef Pie Served with Rich Gravy and Mashed Potato (Gluten, SO ₂ , Milk)	Fish Fingers and Chips (Fish, Gluten)
VEGETARIAN MEAL	Cheese and Tomato Pizza Served with Diced Potatoes (Celery, Gluten, Egg, Milk, Soya)	Vegetarian Cottage Pie (Egg, Gluten, SO ₂)	Quorn Fillet served with Roast Potato, Stuffing and Gravy (Milk, SO ₂ , Gluten)	Vegetable Stew and Dumplings (Gluten)	Vegetable Fingers and Chips (Gluten)
JACKET	Beans or Cheese (Milk)	Beans or Cheese (Milk)	Tuna or Cheese (Milk, Eggs, Fish)	Tuna or Cheese (Milk, Eggs, Fish)	Beans or Cheese (Milk)
SANDWICHES	Cheese, Tuna or Ham (Milk, Egg, Fish, Gluten)	Ham, Egg or Cheese (Milk, Egg, Gluten)	Ham, Egg or Cheese (Milk, Egg, Gluten)	Cheese, Tuna or Ham (Milk, Egg, Fish, Gluten)	Cheese, Tuna or Ham (Milk, Egg, Fish, Gluten)
PASTA POT	Tuna Pasta (Gluten, Egg, Fish)	Tomato & Basil Pasta (Gluten, Milk)	Cheese Pasta (Gluten, Egg, Milk)	Tuna Pasta (Gluten, Egg, Fish)	Tomato & Basil Pasta (Gluten, Milk)
DESSERTS	Sticky Ginger Cake and Custard (Gluten, Milk)	Apple Flapjack (Gluten)	Syrup Roly Poly and Custard (Gluten, Milk)	Courgette Sponge (Gluten, Egg, Milk)	Cherry Shortcake Biscuit (Gluten, SO ₂)



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Cheese and Tomato Naan Bread Pizza with Potato Wedges (Gluten, Milk, SO2)	Chilli and Rice	Roast Turkey, Yorkshire Pudding, Roast Potatoes and Gravy (Egg, Gluten, Milk, SO2)	Battered Chicken Burger with Garlic Mayo and Salad (Celery, Egg, Gluten, Sesame)	Gluten Free Battered Fish and Chips (Fish)
VEGETARIAN MEAL	Quorn Mince Spaghetti Bolognaise served with Garlic Bread (Egg, Gluten, Mustard, Soya)	Winter Vegetable Soup with a Soft Roll (Celery, Wheat, Sesame)	Macaroni Cheese (Milk, Wheat, Mustard, Soya)	Cheese and Onion Quiche with New Potatoes (Egg, Milk, Gluten)	Meat Free Dippers with Chips (Gluten)
JACKET	Beans or Cheese (Milk)	Tuna or Cheese (Milk, Egg, Fish)	Tuna or Cheese (Milk, Egg, Fish)	Beans or Cheese (Milk)	Beans or Cheese (Milk)
SANDWICHES	Cheese, Tuna or Ham (Milk, Egg, Fish, Gluten)	Ham, Egg or Cheese (Milk, Egg, Gluten)	Ham, Egg or Cheese (Milk, Egg, Gluten)	Cheese, Tuna or Ham (Milk, Egg, Fish, Gluten)	Cheese, Tuna or Ham (Milk, Egg, Fish, Gluten)
PASTA POT	Cheese Pasta (Gluten, Egg, Milk)	Tomato & Basil Pasta (Gluten, Milk)	Tuna Pasta (Gluten, Egg, Fish)	Cheese Pasta (Gluten, Egg, Milk)	Tomato & Basil Pasta (Gluten, Milk)
DESSERTS	Ginger Biscuits (Gluten, Milk) Or Fruit Salad	Apple Crumble and Custard (Gluten, Milk) Or Fruit Boats	Strawberry Jelly topped with Mandarins Or Fruit Kebabs	Orange Shortbread Biscuit (Gluten, Soya) Or Fruit Salad	Rice Pudding with Strawberry Jam (Milk) Or Fruit Pots