Help Guides

Elliston Primary Academy Bronze Skipping Skills Progress Chart

## Name:

<u>Skill</u>	How many can you do without stopping?							Date	Observed
	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	achieved	by
Single Bounce									
Double Bounce									
Skier									
Bell									
Side Straddle									
Scissor Jump									
Straddle Cross									
Side Swing									