



What does Physical Education look like at Elliston?

Intent

At Elliston, we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education.

Our PE curriculum aims to

- develop children's physical competencies
- build confidence in their ability
- develop strength of character
- build the foundations of a lifelong love of sport, physical activity and a healthy lifestyle
- embed the values of fairness and respect

PE lessons encourage children to compete against themselves and others whilst being challenged to improve their physical, social, emotional and thinking skills.

Implementation

We are committed to the teaching and delivery of a high-quality PE curriculum.

This is implemented through:

- a well-designed, two-yearly overview of the PE curriculum, so children are taught a variety of activities throughout their key stage and there is a progression journey through all of these.
- two hours of PE a week taught by class teachers or the Sports Coach.
- the Primary Steps in PE scheme used to support teaching and learning in PE in Foundation Stage children, providing the children with a secure foundation in agility, balance and co-ordination.
- the Primary Steps PE scheme used to support teaching and learning in PE in Key Stage 1 and 2 ensuring children are given a wealth of opportunities to develop their physical movement skills; work independently and together collaboratively; also to practise, perform, critique and improve.
- the opportunity to take part in extra-curricular activities and demonstrate their new skills in intra and inter sports competitions.
- the opportunity to take part in a sports day, during the summer term.

Impact

Children will become confident within the different strands of PE and show resilience when tackling new skills. They will build and apply a repertoire of knowledge, understanding and skills in order to practise, critique, evaluate and improve their performance and the work of others.

At Elliston, we use formative assessment to determine children's knowledge and understanding and to inform planning. Each part of the PE curriculum is reviewed by the subject leader as part of the monitoring cycle.