

Elliston Primary Academy PSHE Progression of Skills

Relationships						
	Year 1	Year2	Year 3	Year 4	Year 5	Year 6
	<p>Roles of different people; families, people being cared for</p> <p>Recognising privacy; staying safe; seeking permission.</p> <p>How behaviour affects others; being polite and respectful</p>	<p>Making friends; feeling lonely and getting help.</p> <p>Managing secrets; resisting pressure and getting help; recognising hurtful behaviour.</p> <p>Recognising respectful behaviour; the importance of self-respect; courtesy and being polite.</p>	<p>What makes a family; features of family life.</p> <p>Personal boundaries; safely responding to others; the impact of hurtful behaviour.</p> <p>Recognising respectful behaviour; the importance of self-respect; courtesy and being polite.</p>	<p>Positive friendships, including online.</p> <p>Responding to hurtful behaviour; managing confidentiality; recognising risks online.</p> <p>Respecting differences and similarities; discussing difference sensitively.</p>	<p>Managing friendships and peer influence.</p> <p>Physical contact and feeling safe.</p> <p>Responding respectfully to a wide range of people; recognising prejudice and discrimination</p>	<p>Attraction to others; romantic relationships; civil partnership and marriage.</p> <p>Recognising and managing pressure; consent in different situations.</p> <p>Expressing opinions and respecting other points of view, including discussing topical issues.</p>
Living in the wider world						
	<p>What rules are; caring for others' needs, looking after the environment.</p> <p>Using the internet and digital devices; communicating online.</p>	<p>Belonging to a group; roles and responsibilities; being the same and different in the community.</p> <p>The internet in everyday life;</p>	<p>The value of rules and laws; rights, freedoms and responsibilities.</p> <p>How the internet is used; assessing information online.</p>	<p>What makes a community; shared responsibilities.</p> <p>How data is shared and used.</p> <p>Making decisions about money; using</p>	<p>Protecting the environment; compassion towards others.</p> <p>How information online is targeted; different media types, their role and impact.</p>	<p>Valuing diversity; challenging discrimination and stereotypes.</p> <p>Evaluating media sources; sharing things online.</p>

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	Strengths and interests; jobs in the community.	online content and information. What money is; needs and wants; looking after money.	Different jobs and skills; job stereotypes; setting personal goals.	and keeping money safe.	Identifying job interests and aspirations; what influences career choices; workplace stereotypes.	Influences and attitudes to money; money and financial risks.
Health and Wellbeing						
	<p>Keeping healthy; food and exercise, hygiene routines; sun safety.</p> <p>Recognising what makes them unique and special; feelings; managing when things go wrong.</p> <p>How rules and age restrictions help us; keeping safe online.</p>	<p>Making friends; feeling lonely and getting help.</p> <p>Managing secrets; resisting pressure and getting help; recognising hurtful behaviour.</p> <p>Recognising respectful behaviour; the importance of self-respect; courtesy and being polite.</p>	<p>Health choices and habits; what affects feelings; expressing feelings.</p> <p>Personal strengths and achievements; managing and reframing setbacks.</p> <p>Risks and hazards; safety in the local environment and unfamiliar places.</p>	<p>Positive friendships, including online.</p> <p>Responding to hurtful behaviour; managing confidentiality; recognising risks online.</p> <p>Respecting differences and similarities; discussing difference sensitively.</p>	<p>Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies.</p> <p>Personal identity; recognising individuality and different qualities; mental wellbeing.</p> <p>Keeping safe in different situations, including responding in emergencies, first aid and FGM.</p>	<p>Attraction to others; romantic relationships; civil partnership and marriage.</p> <p>Recognising and managing pressure; consent in different situations.</p> <p>Expressing opinions and respecting other points of view, including discussing topical issues.</p>