

# Parents Supporting Parents

**A friendly, relaxed group, providing emotional support, guidance, friendships and practical solutions**

**For Parents / Carers who have children with additional needs**

**Come and join us on  
Thursday mornings  
9:30am until 11:30am  
(Parents / Carers & children)  
At Central Family Hub  
Edward Street, Grimsby, DN32 9HL**

**A safe environment to meet up and share experiences**

**For further information contact  
Annette Darnell on 07921 399660 or  
Kevin Wishart on 07880 462373**