



SEND Parent and Carer Newsletter

20-26 September, 2021

This is the SEND weekly parent/carers update for 20 to 26 September, 2021. This week:

Programme to help young people with autism now open for bids



Schools in our area are being invited to bid to become part of a pilot programme set to improve support for youngsters with autism.

The programme is part of a pilot in partnership with NHS England called 'Autism in Schools' and will include up to ten local schools.

The aim is to provide an uplift in support across the academic year, creating a more autism-friendly ethos and changing the approach to autism across the entire school system with coordinated funding, specialist practitioners and awareness raising.

Read the full article on the Local Offer. [Programme to help young people with autism now open for bids.](#)

SEND Coffee Morning



Join us for a friendly chat over a cuppa at these drop-in sessions. Discuss your experiences and seek and share advice with other parents of children with SEND.

Get practical help and support to use the EHC Hub. Speak to SENDIASS over their web chat.

Our sessions are held twice a week during term time.

Our coffee mornings are open to all carers who help children and young people who need support or have Special Educational Needs and Disabilities (SEND).

Monday

Central Family Hub,
Edward Street,
Grimsby,
DN32 9HL

9:30-11:30am

[01472 326830](tel:01472326830)

For more information contact Abi Fleming, SEND Parent Champion.

sendparentchampion@nelincs.gov.uk
Call or text: 07552743370

Find out more: [NELC SEND Local Offer](#)
[| Coffee morning \(nelincs.gov.uk\)](#)

We really appreciate the parents, schools, and local services and organisations who have been sharing our news and social media posts about these events from [@FamiliesFirstNEL](#).

Thursday

Nunsthorpe Family Hub,
Sutcliffe Avenue,
Grimsby,
DN33 1AR

9:30-11:30am

[01472 326600](tel:01472326600)

Curriculum support workshops



Join one or more of our monthly curriculum workshops at a Family Hub.

Gain the skills you need to help your child in key areas like reading, writing, and maths as well as soft skills to help them get organised and stay focused.

You can invite your school SENCO, teaching assistant, or pastoral support worker from your child's school to attend the workshop with you.

Tuesday, 28 September- Reading

Reading can be hard work for many children and young people with SEND and it can be difficult to know what to do to help.

Tuesday, 19 October- Writing

Writing is just not easy – and some children find it a chore rather than fun. Some children will happily write for pure pleasure, and others have to be encouraged to do even three lines of writing!

Tuesday, 23 November- Language

Talking, understanding others and knowing what to say are really important skills in life. Being able to communicate helps children make friends, learn and enjoy life to the full.

Tuesday, 14 December- Maths

Every family can help their children with maths, you don't need to be an expert and we can help! Developing number confidence and a positive attitude to maths have a crucial impact on a child's ability to use numbers in everyday life as they grow.

Read the full list of workshops on the [NELC SEND Local Offer | Events and training \(nelincs.gov.uk\)](https://nelincs.gov.uk).

Central Family Hub,
Edward Street,
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Pop-up events



We are holding regular pop-up events with professionals from SEND services, health and social care.

The first event is at Phoenix Park Academy, Park House, Park Avenue, Grimsby, DN32 0BZ.

Friday, 19 November, 2021
9:30 am – 11:30 am

Contact the Pheonix Park SENCo
Sophie Ladd, ladds@ppasev.org.uk.

Other schools and services are invited so check the Local Offer to see what's on offer for you.

To be Covid safe there will be 25 place for parents and carers.

We are committed to supporting parents and carers to get involved in their child's learning and development. Our approach is based on strong evidence that when parents and carers have a good relationship with their child's school/setting and are involved in their learning, life chances and outcomes for children and young people are improved.

Sleep



If your child is aged 0-4.5 years please contact your Health Visitor on 01472 323660 to discuss your concerns regarding your child's sleep. If appropriate, they can direct you to one of the Families First Practitioners who can provide advice and support relating to sleep.

For specialist advice regarding sleep issues for children of all ages the Children's Sleep Charity also offers a

free service to families within North East Lincolnshire. This support includes access to online courses, workshops, and 1 to 1 advice from a sleep practitioner for up to 12 weeks. You can contact the Sleep Charity on 07912 667676 or by email: support@thesleepcharity.org.uk.

Read more on sleep on the Local Offer. [NELC SEND Local Offer | Social, emotional and mental health \(nelincs.gov.uk\)](#)

Improve your English



Improve your skills in English.

Have you ever been refused from a programme or course because you don't have the grades? Maybe English is not your first language?

Build your skills in a relaxed environment where you can learn at your own pace.

Your introduction is on 6 October. The course will be part time Monday and Tuesday 9.30am-3.30pm and Wednesday 9.30am-12pm.

For more information call: 0800 953 0434 or visit www.nationalemployertraining.co.uk.

North East Lincolnshire Parents Participation (NELPPF)

NELPPF is a collective voice for parents and carers in North East Lincolnshire. They offer guidance and support from 0 to 25 years and make sure that parents' views and experiences influence local services to make things better.

The three parent/carers representatives running NELPPF have stepped down from their positions.

Carers Support Service are caretakers for the service at this current time where the services is being hosted. They are keeping the NELPPF name.



They have taken over the email account and social media.

NELPPF are advertising for a coordinator. Sharon Smith from [Contact](#) is currently supporting this post. Contact Sharonsmith@sharonsmith.net.

A relaunch event will take place later this year.

Email: nelppf@gmail.com
Telephone: 07583 474892

School



Read the latest [National COVID guidance](#) and [local guidance](#).

Follow the [Department for Education](#) on social media.

Contact Jennifer.steel@nelincs.gov.uk if you have a query about school exclusions.

SENDIASS (Special Educational Needs Disability Information Advice Support Service).



[SENDIASS](#) provides free impartial information, advice and support to disabled children and young people aged 0-25, and those with SEN. Get in touch Monday-Thursday, 8.30am-4.30pm. Friday 8:30am-4pm. Leave a message and we'll get back to you within three days.

Email: nelincs@barnardos.org.uk
Facebook: [@NELSENDIASS](#)

Web chat

The web chat is monitored by one of our experienced project workers every week day between 10am and 11am. Any queries which are received via the chat function outside of these hours, or on a day an adviser is unable to log in, the message will be redirected to our email which will be actioned as soon as possible.

Training

SEN Support

Friday, 15 October, 2021
10am – 12pm

This training will raise awareness of the SEN Support available within schools and academies with regard to the Graduated Approach. For Parents or Carers of children who do not have Educational Health Care Plan but do have a special educational need.

[Book your place on SEN Support.](#)

Exclusions

Monday, 22 November, 2021
10am – 12pm

This training will raise awareness of the exclusions process for both fixed term exclusions and permanent exclusions.

[Book your place on the Exclusions training.](#)

And more...

[Elective Home Education Awareness Session Tickets, Thu 16 Dec 2021 at 10:00 | Eventbrite](#)

[Transition to Post 16 Opportunities Tickets, Mon 10 Jan 2022 at 10:00 | Eventbrite](#)

[Person Centred Planning and EHCP Reviews Tickets, Fri 11 Feb 2022 at 10:00 | Eventbrite](#)

Health



Vaccinations

Healthy 12-17 years olds are being offered only the first dose only.

16-17 year olds in 'at risk' groups are being offered two doses.

Personal Care

School nursing can help with personal care.

If your child is aged between 11-19 years they can still contact the school nursing team via text on 07507 331620. They help with many things like mental health, bullying, substances, sexual relationships and more.

If you're 11-19 years old TEXT your school nurse on
07507 331620 We can help with all kinds of things like...

MENTAL HEALTH
BULLYING SELF HARM
BEREAVEMENT
ALCOHOL **SMOKING**
HEALTHY EATING **CONTRACEPTION**
SEX AND RELATIONSHIPS

We offer confidential advice and support

We do not usually inform your parents, teachers or anyone else if you contact the school nurse. We might inform someone if we were concerned about your safety, but we would usually speak to you first. Your messages are shared and can be seen by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate bounce back to confirm we received your text. Texts will not be seen outside of normal working hours. If you need help before you have been seen, contact a member of school staff or your doctor. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'texting' mobile apps). Please respect your school's mobile phone policy. Messages are charged at your usual rate.

Familiesfirst ican

Contact School Nursing:

schoolnursingadvice@nelincs.gov.uk

01472 323660

If you need advice regarding access to health services or feel your child needs additional support in school due to their medical needs please email Sarah Harding, the [Designated Clinical Officer for SEND](#) at designatedclinicalofficer@nelincs.gov.uk.

Useful contacts



The Sector Support '[Community Service Fact Sheet](#)' has an extensive list of community support available for money, food, wellbeing, welfare and more.

See the [Voluntary Sector Alliance](#) website for North East Lincolnshire.

- [Report a concern online](#) or call 01472 326292 (opt. 2)

- Support for those isolating without anyone to support them for supplies and more call the [Council](#) (01472) 313131

- [Health](#) – if you are struggling to manage your symptoms, call 111. If you are in urgent need of medical assistance, call 999

- Domestic Abuse (women and men). [NEL Women's Aid](#) (01472) 575757, and [Men's Helpline](#), 0808 8010327
- [Wellbeing](#)– if you are struggling with your mental health, call (01472) 256256
- [Carers' Support Service](#) (support for informal carers). Go online or call (01472) 242277

Alcohol

Parents/carers are aware that at this anxious time some families have reported struggles with mental health and sought support for the overuse of alcohol.

[Alcohol change UK offers COVID tips on alcohol and mental health.](#)

[We Are With You](#) provides support for drugs and alcohol. You can also get in touch if you are worried about someone else's drinking or drug use. Chat online or call- 01472 806890. Local charges apply. They also have information on their Facebook, [@wearewithyoucharity](#).

If you have questions about SEND we are always here to help. Please don't hesitate to email sen@nelincs.gov.uk. We always try to make sure that children and parents/ carers voices are heard.

These Weekly SEND parent/carer newsletters are shared with teams within education, health and social care as well as parents/carers SENCOs, the DfE and local charities.

If parents/carers or young people over 16 do not have access to the internet or if they prefer to receive paper copies only please contact sen@nelincs.gov.uk.