|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| A picture containing graphics, graphic design, logo, font  Description automatically generatedWEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | A picture containing graphics, graphic design, logo, font  Description automatically generatedFRIDAY |
| MAIN MEAL | Meat Free Dipper Wrap with Rice  (Gluten) | Sausage & Mash Potato  With Gravy  (Gluten, Sulphite, SO2) | Roast Gammon,  Yorkshire Pudding, Roast Pots, Gravy  (Gluten, SO2) | Chicken Pizza & Coleslaw  (Gluten, Celery, Eggs, Milk, Soya) | Traditional Fish Cake & Chips  (Gluten, Fish) |
| VEGETARIAN MEAL | Green Cuisine Vegetable Fingers served with Wedges  (Gluten, SO2) | Sweet Potato & Vegetable Pie with Gravy  (Gluten) | Vegetarian Sausage, Yorkshire Pudding, Roast Potatoes & Gravy  (Gluten, SO2) | Spanish Vegetable One Pot  (Milk, Egg, SO2) | Homemade Cheese Omelette + Chips  (Egg, Milk, Soya) |
| JACKET | Beans or Cheese  (Milk) | Tuna or Cheese  (Milk) | Tuna or Cheese  (Milk, Eggs, Fish) | Beans or Cheese  (Milk) | Beans or Cheese  (Milk) |
| SANDWICHES | Cheese, Tuna or Ham  (Milk, Eggs, Fish) | Ham, Egg or Cheese  (Milk, Eggs) | Ham, Egg or Cheese  (Milk, Eggs) | Cheese, Tuna or Ham  (Milk, Eggs, Fish) | Cheese, Tuna or Ham  (Milk, Eggs, Fish) |
| PASTA POT | Tuna Pasta  (Gluten, Egg, Fish) | Cheese Pasta  (Gluten, Egg, Milk) | Tuna Pasta  (Gluten, Egg, Fish) | Cheese Pasta  (Gluten, Egg, Milk) | Tomato & Basil Pasta  (Gluten, Milk) |
| DESSERTS | Chocolate vanilla Biscuit  (Gluten, Milk, Soya)  Or  Fruit Pot | Orange Shortbread  (Gluten, Soya)  Or  Fruit Kebabs | Ice Cream  (Milk)  Or  Fruit Boat | Strawberry Flapjack  (Gluten)  Or  Fruit Pot | Viennese Whirls  (Gluten, Soya)  Or  Fruit boat |

A picture containing graphics, graphic design, logo, font

Description automatically generated

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| WEEK 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| MAIN MEAL | Cheese Pizza & Wedges  (Gluten, Celery, Milk, Soya, Egg) | Cheesy Sausage Pasta  (Gluten, Milk, Sulphite) | Sliced Chicken with Roast Potatoes, Yorkshire Pudding & gravy  (Gluten, Egg, Milk, SO2) | Ham & Cheese Whirls & Pasta Salad  (Gluten, Egg, Milk, SO2) | Gluten Free Fish & Chips  (Gluten) |
| VEGETARIAN MEAL | Spring Vegetable Pasta  (Gluten, Milk) | Quorn Veg Curry & Rice  (Egg, Mustard, SO2) | Spanish Vegetable Tortilla  (Eggs, Milk) | Macaroni Cheese &  Garlic Bread  (Gluten, Milk, Mustard, Soya) | Cheese & Onion Pie and Chips  (Gluten, egg, Milk, Soya) |
| JACKET | Beans or Cheese  (Milk) | Tuna or Cheese  (Milk, Eggs, Fish) | Tuna or Cheese  (Milk, Eggs, Fish) | Beans or Cheese  (Milk) | Beans or Cheese  (Milk) |
| SANDWICHES | Cheese, Tuna or Ham  (Milk, Eggs, Fish) | Ham, Egg or Cheese  (Milk, Eggs) | Ham, Egg or Cheese  (Milk, Eggs) | Cheese, Tuna or Ham  (Milk, Eggs, Fish) | Cheese, Tuna or Ham  (Milk, Eggs, Fish) |
| PASTA POT | Tuna Pasta  (Gluten, Egg, Fish) | Tomato & Basil Pasta  (Gluten, Milk) | Cheese Pasta  (Gluten, Egg, Milk) | Tuna Pasta  (Gluten, Egg, Fish) | Tomato & Basil Pasta  (Gluten, Milk) |
| DESSERTS | Ginger Sponge with Cream  (Gluten, Egg, Milk, Soya)  Or  Fruit Pot | Oat Biscuit  (Gluten, Egg, Milk, Soya)  Or  Fruit Kebabs | Ice Cream  (Milk)  Or  Fruit Boat | Pineapple Upside  Down Cake & Custard  (Gluten, Egg, Milk, Soya, SO2)  Or  Fruit Pot | Beetroot Brownie  (Gluten, Milk, Egg, Soya)  Or  Fruit boat |

A picture containing graphics, graphic design, logo, font

Description automatically generatedA picture containing graphics, graphic design, logo, font

Description automatically generated

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| WEEK 3 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| MAIN MEAL | Cheese and Tomato Naan Bread Pizza & Wedges  (Gluten, Milk, Celery) | Chinese Chicken Curry served with Boiled Rice  (Gluten, Soya, Mustard) | Roast Chicken, with a Yorkshire Pudding & Roast Potatoes  (Gluten, Milk, Egg) | Beef Bolognaise served with Wholemeal Spaghetti  (Gluten) | Fish Fingers & Chips  (Gluten, Fish) |
| VEGETARIAN MEAL | Green Cuisine Meatballs in a Homemade Tomato Sauce served with Spaghetti  (Gluten, Milk) | Cheese and Red Pepper Quiche served with boiled Potatoes  (Gluten, Egg, Milk, Soya, SO2) | Vegetarian Fillet served with a  Yorkshire  Pudding & Roast Potatoes  (Gluten, Milk, Egg SO2) | Vegetable Fajita’s served with Mixed Salad  (Gluten, Celery, Milk) | Cheese whirl served with Chips.  (Gluten, Egg, Milk, SO2) |
| JACKET | Beans or Cheese  (Milk) | Tuna or Cheese  (Milk, Eggs, Fish) | Tuna or Cheese  (Milk, Eggs, Fish) | Beans or Cheese  (Milk) | Beans or Cheese  (Milk) |
| SANDWICHES | Cheese, Tuna or Ham  (Milk, Eggs, Fish) | Ham, Egg or Cheese  (Milk, Eggs) | Ham, Egg or Cheese  (Milk, Eggs) | Cheese, Tuna or Ham  (Milk, Eggs, Fish) | Cheese, Tuna or Ham  (Milk, Eggs, Fish) |
| PASTA POT | Cheese Pasta  (Gluten, Egg, Milk) | Tomato& Basil Pasta  (Gluten, Milk) | Tuna Pasta  (Gluten, Egg, Fish) | Cheese Pasta  (Gluten, Egg, Milk) | Tomato& Basil Pasta  (Gluten, Milk) |
| DESSERTS | Banna muffin  (Gluten, Egg, Soya)  Or  Fruit Salad | Lemon Cake Drizzle  (Gluten, Egg, Milk. Soya)  Or  Fruit Boats | Chocolate Shortbread Biscuit  (Gluten)  Or  Fruit Kebabs | Apricot Flapjack  (Gluten)  Or  Fruit Salad | Strawberry Jelly topped with Mandarins  Or  Fruit Pots |

A picture containing graphics, graphic design, logo, font

Description automatically generatedA picture containing graphics, graphic design, logo, font

Description automatically generated