



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Vegetable Fingers served with Baby New Potatoes	Turkey Fajita served with Mexican Coleslaw and Rainbow Rice	Roast Gammon and Stuffing served with; Roast Potatoes and Gravy	Bacon Carbonara served with Garlic Bread	Traditional Fish Cake or Salmon Fish Cake served with Chips
VEGETARIAN MEAL	Cheese and Tomato Pizza served with Baby New Potatoes	Macaroni Cheese	Gardeners Pie, served with Roast Potatoes and Gravy	Chunky Vegetable Pasta Bake served with Garlic Bread	Quorn Sausage served with Chips
SIDE	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
JACKET	Beans or Cheese	Tuna or Cheese	Tuna or Cheese	Beans or Cheese	Tuna & Cheese
SANDWICHES	Cheese or Tuna Mayo	Ham or Egg Mayo	Ham or Egg Mayo	Cheese or Tuna Mayo	Ham or Egg Mayo
DESSERTS	A selection of desserts & Fresh Fruit will be available each day	A selection of desserts & Fresh Fruit will be available each day	A selection of desserts & Fresh Fruit will be available each day	A selection of desserts & Fresh Fruit will be available each day	A selection of desserts & Fresh Fruit will be available each day

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Green Cuisine Meatless Meatballs and Spaghetti in Homemade Tomato Sauce	Homemade Ham and Pineapple Pizza Served with Wedges	Roast Chicken served with Mashed Potatoes and Rich Gravy	Minced Beef Lasagne Served with Garlic Bread	Gluten Free Fish Served with Chips and a slice of Lemon
VEGETARIAN MEAL	Cheese Whirl served with New Potatoes	Vegetable Spaghetti Bolognaise with Garlic Bread	Quorn Fillet served with Roast Potatoes and Gravy	Vegetable Curry Served with 50/50 Rice	Lightly Spiced Burger Served with Salad and chips
SIDE	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
JACKET	Beans or Cheese	Beans or Cheese	Tuna or Cheese	Tuna or Cheese	Beans or Cheese
SANDWICHES	Cheese or Tuna Mayo	Cheese or Tuna Mayo	Ham or Egg Mayo	Ham or Egg Mayo	Cheese or Tuna Mayo
DESSERTS	A selection of desserts & Fresh Fruit will be available each day	A selection of desserts & Fresh Fruit will be available each day	A selection of desserts & Fresh Fruit will be available each day	A selection of desserts & Fresh Fruit will be available each day	A selection of desserts & Fresh Fruit will be available each day

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Meatless Meatballs with Spaghetti in a Tomato Sauce	Sausage and Creamy Mash with Gravy	Roast Turkey, Roasted Baby Potatoes served with Rich Gravy	Homemade Chicken Curry with Basmati Rice	Fish Fingers served with Chips
VEGETARIAN MEAL	Homemade Cheese and Tomato Pizza served with Potato Wedges	Tomato and Basil Penne Pasta served with Garlic Bread	Macaroni Cheese	Vegetable Chilli served with Basmati Rice	Vegetable Fingers served with Chips
SIDE	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
JACKET	Beans or Cheese	Beans or Cheese	Tuna or Cheese	Tuna or Cheese	Beans or Cheese
SANDWICHES	Cheese or Tuna Mayo	Cheese or Tuna Mayo	Ham or Egg Mayo	Ham or Egg Mayo	Cheese or Tuna Mayo
DESSERTS	A selection of desserts & Fresh Fruit will be available each day	A selection of desserts & Fresh Fruit will be available each day	A selection of desserts & Fresh Fruit will be available each day	A selection of desserts & Fresh Fruit will be available each day	A selection of desserts & Fresh Fruit will be available each day