



Grow With Us!

Dear Parents/Carers,

We recognise the importance of mental health and well-being and the importance of working with all children to help them develop strategies to cope with difficulties as needed.

After a tough year, we would like to help brighten 2021 with some half term activities. On **FRIDAY 21st MAY** children can come to school in own clothes, as bright and colourful as possible - a sign of brighter times ahead! On Friday afternoon the children will have activities in the classroom and watch Inside Out.

We are also holding a Sunflower growing competition for all children across the school, we believe that green-fingered activity is important for physical and mental health and wellbeing. We think that children should have the opportunity to experience nature and have the opportunity to grow something that they can be proud of.

Each child will receive a small pot that is pre-filled with compost and a Sunflower seed. This will mean your child can get started straight away.

The competition will be organised into two groups- Foundation Stage and Main School. There will be prizes for the tallest Sunflower and the Sunflower with the largest head diameter.

To keep track of how your Sunflower is growing, don't forget to measure it carefully and track your data on the sheets provided.

We would love to see the pictures of your Sunflowers as they grow. These can be sent to the Microsoft Teams Pages for each class.

Happy Growing Elliston!

