PE Long Term plan – All pathways

Term	Establish Cycle 1	Establish Cycle 2	Establish Cycle 3	Endeavour Cycle A	Endeavour Cycle B	Endeavour Cycle C	Endeavour Cycle D	Enlighten LKS2 Cycle A	Enlighten LKS2 Cycle B	Enlighten UKS2 Cycle C	Enlighten UKS2 Cycle D
Autumn 1	gymnastics	gymnastics	gymnastics	Multi Skills/Invasion games	Multi Skills/Invasion games	Multi Skills/Invasion games	Multi Skills/Invasion games Tag rugby	Multi Skills/Invasion games	Multi skills/Invasion games	Multi Skills/Invasion games	Multi Skills/Invasion games Tag rugby
Autumn 2	Speed ,agility, travel	Dance	Dance	gymnastics	gymnastics	gymnastics	gymnastics	gymnastics	gymnastics	gymnastics	gymnastics
Spring 1	Body management	Attack defend shoot - unit 1	Attack defend shoot - unit 2	Dance	Dance	Dance	Dance	Dance	Dance	Dance	Dance
Spring 2	Manipulation and co ordination	Hit catch run – unit 1	Hit catch run – unit 2	. OAA	. OAA	. OAA	. OAA	. OAA	OAA	. OAA	. OAA
Summer 1	Co operative and solve problems	Send and return Unit 1	Send and return Unit 2	Striking and fielding	Striking and fielding	Striking and fielding	Striking and fielding Cricket	Striking and fielding	Striking and fielding	Striking and fielding	Striking and fielding Cricket
Summer 2	Dance	Run , jump , throw – unit 1	Run , jump , throw – unit 2	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics