PSHE Long Term plan – All pathways

Term	Establish Cycle 1	Establish Cycle 2	Establish Cycle 3	Endeavour Cycle A	Endeavour Cycle B	Endeavour Cycle C	Endeavour Cycle D	Enlighten LKS2 Cycle A	Enlighten LKS2 Cycle B	Enlighten UKS2 Cycle C	Enlighten UKS2 Cycle D
Autumn 1	Rules and regulations	Rules and regulations	Rules and regulations	Rules and regulations	Rules and regulations	Rules and regulations	Rules and regulations	Rules and regulations	Rules and regulations	Rules and regulations	Rules and regulations
Autumn 2	Health and wellbeing	Health and wellbeing	Health and wellbeing	Health and wellbeing	Health and wellbeing	Health and wellbeing	Health and wellbeing	Health and wellbeing	Health and wellbeing	Health and wellbeing	Health and wellbeing
Spring 1	Safety and the Changing Body	Safety and the Changing Body	Safety and the Changing Body	Safety and the Changing Body	Safety and the Changing Body	Safety and the Changing Body	Safety and the Changing Body	Safety and the Changing Body	Safety and the Changing Body	Safety and the Changing Body	Safety and the Changing Body
Spring 2	Building Relationships: My family and friends	Building Relationships: My family and friends	Building Relationships: My family and friends	Families and Relationships	Families and Relationships	Families and Relationships	Families and Relationships	Families and Relationships	Families and Relationships	Families and Relationships	Families and Relationships
Summer 1	Self Regulation – Listening and Following Instructions Economic Wellbeing	Self Regulation – Listening and Following Instructions Economic Wellbeing	Self Regulation – Listening and Following Instructions Economic Wellbeing	Economic Wellbeing	Economic Wellbeing	Economic Wellbeing	Economic Wellbeing	Economic Wellbeing	Economic Wellbeing	Economic Wellbeing	Economic Wellbeing
Summer 2	Managing Self - My Wellbeing Citizenship	Managing Self - My Wellbeing Citizenship	Managing Self - My Wellbeing Citizenship	Citizenship	Citizenship	Citizenship	Citizenship	Citizenship	Citizenship	Citizenship	Citizenship