

Elm Tree Primary School



PE Premium Plan 2022-2023

PE and Sport Premium 2022-2023

How to use the PE and Sports Premium?

Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport they offer.

This means that you should use the premium in line with the 5 Key Indicators

1. The engagement of all pupils in regular physical activity – a recommendation that children 5-18 engage in at least 60 minutes of physical activity a day, 30 minutes should be in school
2. The profile of PE and Sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and Sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive Sport
6. Develop or add to the PE and sports activities that your school already offer.
7. Make improvements now that will benefit pupils joining the school in future years.

For example, you can use the funding to:

- Hire qualified sports coaches to work with teachers
- Provide existing staff with training or resources to help them teach PE and sport more effectively
- Introduce new sports or activities and encourage more pupils to take up sport
- Support and involve the least active children by running or extending school sports clubs, holiday clubs and Change4life clubs
- Run sports competitions or run sports activities with other schools
 - Increase pupils' participation in School Games
 - Improve pupils physical, mental and social well being

We have increased the number of pupils now taking part across school, this increased over 2021-2022. The aim was to ensure all year 6 can swim 25 meters by the end of KS2. We believe in the value of swimming with all of its benefits especially for children at Elm tree. This is going to remain a high priority throughout 2022-2023. The more the children

experience swimming and gain confidence in water at an earlier age the less TOP UP swimming will be required.

The biggest focus for Elm tree is to take part in competitive sport increasing the percentage of children participating in Inter schools’ events. With links with Sport Youth Trust and West Lancashire sports trust, Elm Tree will enter competitions within school hours appropriate for the children.

Within the Pathway Endeavour, the children access organised sport and physical activities for 30 minutes daily. Secondly an intra-school competition calendar where classes will compete in team games and events against each other over the curricular year is to be organised which will promote team work, fair play, fun activity and a friendly sense of competition. Due to the new PE curriculum for each pathway, tournaments/ competition will be carried out in line with the unit of work. Enlighten children are able to play a football intra-competitions 3 days a week. A new reward system will be introduced in terms of being Ready, Respectful and Safe during these activities alongside following British values.

Key achievements to date	Areas for further improvement and focus
<ul style="list-style-type: none"> • Annual residential offering diverse experiences, outdoor pursuits, teamwork and leadership skills. • Continued running of holiday clubs promoting physical recreation. • Quality and diverse PE/Sport lessons conducted by teaching staff with the use of the ‘PE Hub’ online resources. • Use of the MUGA to encourage physical recreation at break/lunch times with the use of new sports equipment to enhance diversity and new skill acquisition. • Healthy school meals and snack options at breakfast and break times. • Diverse enrichment opportunities including horse riding, climbing, forest school, cycling • Directed time and space for riding bikes • Increased Participation of pupils swimming • A structured PE curriculum with clear progression, inclusion, stretch and challenge. 	<ul style="list-style-type: none"> • Continue to offer alternative sports opportunities. • Access to the swimming curriculum for all ages at Elm Tree (include Establish pathway) • Encourage healthier packed lunches to improve better lifestyle choices for all pupils. • Consider how we might introduce whole school activities like the ‘Daily mile’ and overcome the logistical issues of the school day/timetable. • Include 10 mins wake up shake up activities daily • Further CPD opportunities for those staff members delivering the PE curriculum/ activities during option time • Improved intra school competitions to promote health/fitness/pupil involvement in physical recreation. • Introduction Inter school sport through Lancashire Sport partnership • Increased community participation • Use of Gym and MUGA for regulation purpose through activities • Climbing wall for OT and movement breaks

How much money will Elm Tree receive this coming academic year?

Elm Tree will receive £16,000 from the PE/Sports Premium over this academic year 2022/23 plus £10 per pupil. Below is a breakdown of where the money will be spent and on what.

Action	Staff responsible	Cost	Expected impact
New PE curriculum with PE plans/ assessment resources. Improve quality of PE lessons and Physical activity time. Efficient monitoring and support for staff	E Watkins/ S Brown (deputy head) S Gore (PE Lead)	£0	Consistent good/outstanding lessons in PE/SPORT delivery across the whole school.
Intra Sport for KS1 & KS2 Enlighten Pathway – Intra competition (Upper/Lower) End of each unit of work & option times Endeavour Pathway – Intra competition (Me Time) plus end of unit of work Establish Pathway – Intra competition – (through play activities)	SG	£600	For pupils to experience friendly competition through different roles, and receive certificates and trophies. To build positive relationships with peers in the class. Keep a score system for league table to embed competition. Include pupils in all parts of competition to make it inclusive. HLTA from each area to record and publish achievements
Sport in the community, ongoing through links with local community/national sport/ PE schemes/ Swim schemes Contacts with Sport students from Universities	SG	£0	Ongoing – Continued work with Everton in the community. Links with West Lancashire school partnership
Apply for application form to start work on accreditation for AfPE quality mark Application for Bronze/Silver/Gold	S Brown S Gore (PE Lead) C Hart	£200	A certificate and glass trophy. The afPE Quality Mark logo for the school letterhead. The

	(support from West Lancashire Sport Partnership)		school will be named on the "Roll of Honour" on the afPE website. The afPE will signpost Elmtree to the DfE as a model of good practise. With increased participation, logged on website with timings and percentage of pupils accessing PE and Sport
Dance specialist for a unit of work. Gymnastics coaches to support with staff	SG	£3000	High quality delivery of certain areas of PE. Excellent progression for our pupils. Links to clubs Increased skill level for children and CPD for staff
Purchase of more PE equipment to enhance lessons and delivery of PE/sport. Purchase more equipment for recreational/ outdoor use at break and lunch options. Structure of option times Equipment for play based learning. Equipment to support children who have physical activity intervention for regulation purpose	SG	£1500	Better facilities and equipment, more variety and increased participation. Inclusive. Inclusive use of equipment for all children. Ensuring all children from each pathway have equipment tailored for their needs for Sport and Physical activity
Purchase of PE kit including winter kit. Kit for new pupils. Pupils to be comfortable and inclusive during PE lessons.	SG	£1000	Increased numbers of pupils taking part consistently in PE as well as representing school in competitions
Encourage the Mile a day exercise. Teachers and class	SG	£100	Improved physical and mental health.

staff to facilitate. Rewards for the class that covers the most mileage. Alternative if can not get out of class do complete 10 minutes wake up shake up exercises			Thrive activities to be used during this time. Include relaxation techniques through yoga and Thrive activities to improve mental health
TOP UP swimming Children from KS2 to swim confidently, competently and proficiently over 25 meters (year 6). All other children to experience swimming for a unit of work over all pathways	SG	£3000	Improved physical skills. Life skill and safety in water. Opportunities for pupils. Confidence within water. Enter aqua based competitions
Enrichment activities/ opportunities over the course of the school year. Specialised instructors. Include OAA offsite. Horse riding	SG (PE lead) SB (Deputy head)	£8000	Greater pupil engagement in activities the pupils would normally not be exposed to.
Bikeability Training	SG (PE lead)	£0	Improved confidence and awareness of safety when riding in public, independence, social skills and well being