

Fundamental British Values through the Endeavour Curriculum



PE

Rule of Law

- PE emphasises clear rules, routines and fair play (whistles, signals, scoring systems, boundaries), helping pupils see that rules keep activities safe, fair and enjoyable.
- Children learn to follow safety guidance for equipment, space and personal conduct (e.g., safe landings, spacing when throwing), understanding that rules protect ourselves and others.
- Officiating in simple games (time-keeping, scoring, observing fouls) shows pupils how impartial application of rules supports justice and equality for all participants.

Individual Liberty

- PE provides safe opportunities for pupils to make choices about roles (player/official/coach), strategies, and ways to practise skills, building confidence and independence.
- A variety of activities (e.g., games, dance, gymnastics, athletics, outdoor adventure) lets children discover personal interests and strengths, supporting self-expression and motivation.
- Learning about healthy, active lifestyles empowers pupils to make informed choices about exercise, wellbeing and participation beyond school.

Democracy

- Team activities and games encourage pupils to share ideas, listen to others and make group decisions (e.g., agreeing rules for small-sided games or choosing drills), showing that everyone's voice matters.
- When pupils solve challenges in PE—such as planning a sequence, navigating an outdoor adventurous task, or adapting a game—they learn how cooperation and compromise support democratic teamwork.
- Reflective plenaries and peer feedback allow children to express opinions respectfully about tactics, roles and performance, modelling constructive debate and compromise.

Respect & Tolerance

- Team games and paired work require cooperation, encouragement and sportsmanship, valuing everyone's contribution regardless of ability or background.
- Pupils experience and appreciate physical activities from diverse cultures (e.g., dance traditions, global games), developing curiosity and respect for different heritages.
- PE routines promote inclusive practice (adapted equipment, differentiated roles, supportive rules), helping children recognise and respect different needs and perspectives.