

Child Led Anti-bullying Policy

Written by Our Happiness Heroes

This Anti-Bullying policy has been written by our Endeavour Happiness Heroes. This is a child friendly version to make sure our school is a **happy and safe place** to be and if anyone is worried, they know what to do.



Expectations and Our Behaviour Curriculum

Being **responsible, respectful, and safe** is our code for high expectations of behaviour at Endeavour. We want to be able to feel it, see it, and hear it in everything we do. Our routines promote making good choices.



What is Bullying?

These are the definitions we use in school:

Rude is hurting/upsetting someone **without thinking**.

Mean is hurting/upsetting someone with **thought**. It is done **on purpose**. These are **one off incidents**

Bullying is repeated, intended, negative behavior



We use **V. I. P** to talk about the types of bullying.

Verbal: name-calling, saying unkind or untrue things etc.

Indirect: spreading rumours, purposefully excluding another person, damaging or stealing someone's property, cyberbullying etc.

Physical: Kicking, hitting, inappropriate touching, spitting etc

Unacceptable Behaviour

Here are some examples of behaviour we view as unacceptable:

- Shouting/screaming
- Pushing
- Throwing things on purpose
- Touching without consent



- Threatening someone
- Kicking
- Punching
- Online bullying
- Swearing
- Upsetting somebody on purpose
- Leaving people out
- Calling names
- Spreading rumours
- Lying



Protected Characteristics

At Endeavour, we make sure that we understand:

- **there are no outsiders,**
- **everyone is different,**
- **we celebrate our differences,**
- **we are all equal in our differences.**

We are aware there are nine **Protected Characteristics** under
For example age, disability, race, religion/belief



Feelings

We know bullying can make you:

- not want to come to school
- lack confidence
- be quiet
- be withdrawn
- feel worried
- feel bad about yourself
- be unkind to others.



Support

At Endeavour, we use these strategies to support anti-bullying:

- Happiness Heroes
- Worry boxes
- Assemblies
- Anti-Bullying Week
- Anti-bullying focuses throughout the year
- My Happy Mind lessons



- PSHE lessons
- E-safety
- Safer Internet Day.

What to do if you are being bullied:

Start
Telling
Other
People



You should:

- Tell someone and get help straight away
- Try to keep calm
- Walk away if possible
- Support each other.



You should not:

- React or be mean back
- Keep it to yourself.



Who to tell?

- Teachers
- Any other adult in school e.g. office staff, teaching assistants, midday staff
- Happiness Heroes
- Family
- Friends
- Childline (08000 1111)



What our school does to respond to bullying...

- We take bullying seriously.
- We listen to the children involved and offer the right support.
- We praise positive behaviour and deal with bullying behaviour straight away.
- We contact the parents or carers of all children involved.



We, the pupil of Year _____ have read and agreed to follow this policy. We will:

- Use kind words, hands, and actions.
- Treat everyone with respect.
- Support and help each other feel happy and safe.
- Tell an adult if we or someone else is worried, hurt, upset, or if something doesn't seem right.
- Make an effort to include those who are left out.
- Refuse to watch, laugh, or join in if someone is being bullied.
- Be upstanders, not bystanders.

We are committed to making our school a safe and caring place for everyone.