



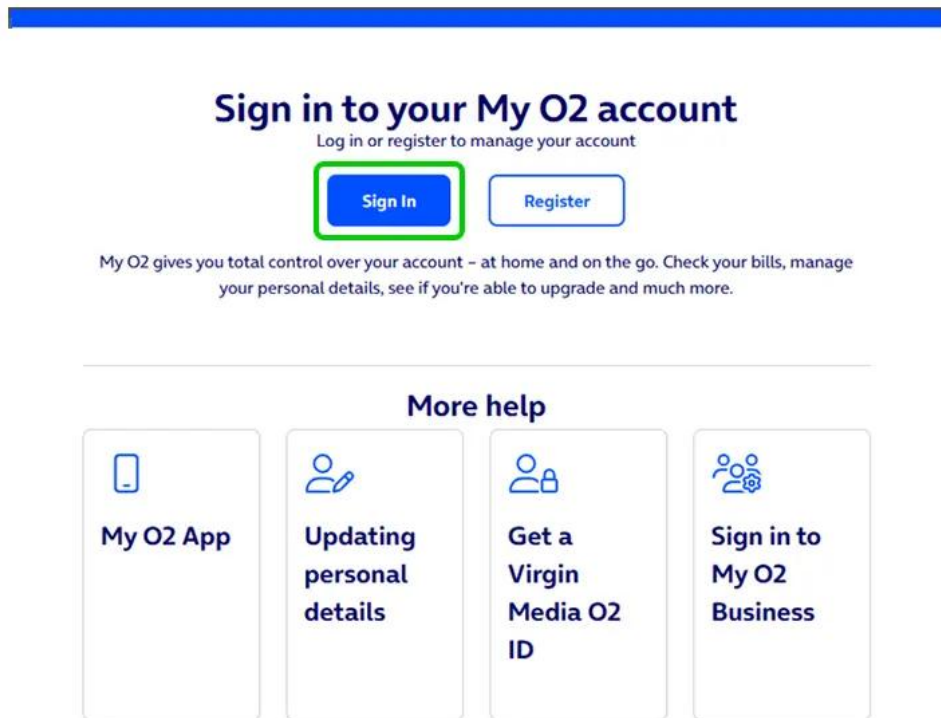
O2 Mobile Parental Controls

Controls & settings guide

O2's parental controls let you block adult content when the device is using the mobile network out of the home (the default is 18+). Additionally, you can also allow access to sites classified as suitable for under 12s.

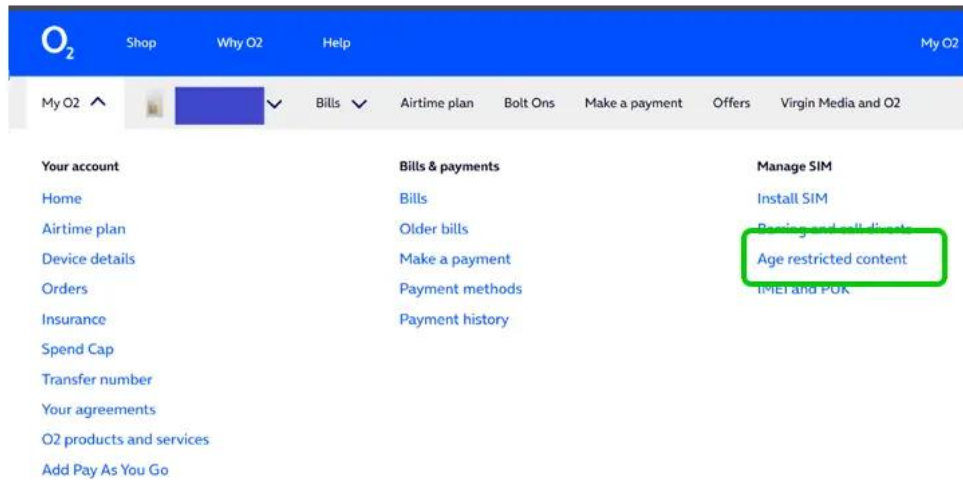
1 Sign into My O2

[Click here to sign into My O2.](#)



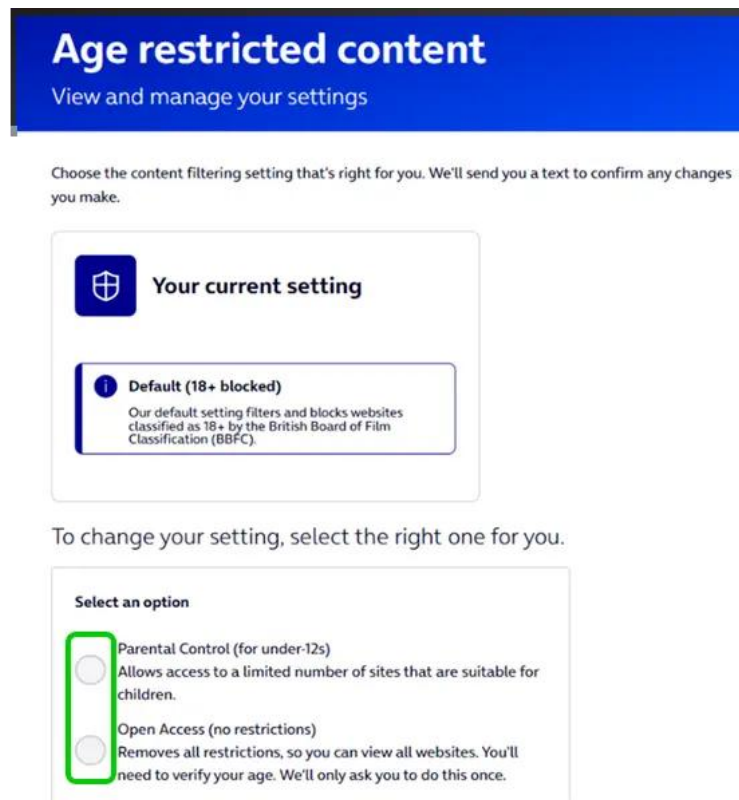
2 Select 'Age restricted content'

Click on **My O2** in the top left of your screen. Under **Manage SIM**, select **Age-restricted content**.



3 Customise content restrictions

Your child's O2 mobile network automatically restricts adult content. You can add stricter controls or remove them completely here.



4 Alternative setup options

If you struggle to login to My O2 and change the restriction levels that way, you can also visit an O2 store with a valid photo ID or by calling 61818 from the phone you are setting restrictions on.