

SMSC Development through the Endeavour Curriculum

PE

Spiritual

PE supports spiritual development by:

- Encouraging pupils to develop self-belief, resilience and pride in personal achievement through physical challenges and skill progression.
- Helping children experience feelings of joy, exhilaration and appreciation of movement, health and the human body.
- Providing opportunities for pupils to reflect on their performance, set personal goals and consider how physical activity contributes to overall wellbeing.
- Allowing pupils to express themselves through movement, dance and creative physical activity.

Moral

PE supports moral development by:

- Teaching pupils to understand and apply rules fairly, fostering honesty, sportsmanship and respect for others.
- Encouraging children to consider ethical issues such as fairness, inclusion, accessibility and safety in sport.
- Helping pupils recognise the consequences of their actions on teammates, opponents and the flow of a game.
- Promoting perseverance, self-discipline and responsibility when preparing for and participating in physical activity.

Social

PE supports social development by:

- Providing structured opportunities for teamwork, cooperation and collaboration through games, pairs work and group challenges.
- Helping children develop communication skills by listening, strategising and problem-solving with teammates.
- Building confidence and self-esteem through participation, leadership roles and performing or competing in front of peers.
- Encouraging pupils to support and motivate one another, fostering positive relationships and a sense of community.

Cultural

PE supports cultural development by:

- Introducing pupils to a variety of sports, games and dance traditions from different cultures and parts of the world.
- Helping children appreciate how sport reflects cultural heritage, identity and global diversity.
- Encouraging respect for cultural differences in sporting practices, celebrations and traditions.
- Showing pupils how major sporting events (e.g., Olympics, Paralympics) highlight values such as unity, diversity and excellence.