

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meat Dish</b>	All Day Breakfast	Cottage Pie	Roast Chicken Served with Mash Potatoes	Chilli Served with Rice	Fish Fingers Served with chips & Ketchup
<b>Vegetarian Dish</b>	Vegetable Stir Fry Served with noodles	Cheese & Onion Quiche served with New Potatoes	Quorn Sausage Served with Mash Potatoes	Quorn Tikka Masala Served with Rice	Quorn Nuggets Served with chips & Ketchup
<b>Accompaniments</b>	Seasonal vegetables Salad Bar Fresh Bread	Seasonal vegetables Salad Bar Fresh Bread	Seasonal vegetables Salad Bar Fresh Bread	Seasonal vegetables Salad Bar Fresh Bread	Seasonal vegetables Salad Bar Fresh Bread
<b>Jacket Potatoes Sandwich Selection</b>	Jacket Potatoes And Sandwich Selection	Jacket Potatoes And Sandwich Selection	Jacket Potatoes And Sandwich Selection	Jacket Potatoes And Sandwich Selection	Jacket Potatoes And Sandwich Selection
<b>Dessert</b>	Crunchy Oat And Apple Squares	Mango and Banana Muffins	Banana Bread And Custard	Fruit In Jelly	Fruit And Ice Cream
<b>Fresh fruit and Yogurt</b>	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt



# MENU



Quench your thirst with free fresh drinking water available daily



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION