

WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Vegetable Fingers served with Baby Potatoes (Gluten)	Cottage Pie served with Gravy (Milk, So2)	Roast Chicken, Stuffing and Roast Potatoes served with Gravy (Gluten, So2)	Homemade Turkey Kebab and Garlic Mayo, Served with Side Salad (Gluten, Eggs, Mustard)	Traditional Fish Cake or Salmon Fish Cake served with Chips (Gluten, Fish)
Vegetarian Main Course	Cheese and Tomato Baguette Pizza served with Baby Potatoes (Celery, Gluten, Milk, Sesame Seeds)	Vegetable Curry served with Rainbow Rice (Celery, Gluten, Eggs, Milk, Mustard, Soya)	Vegetarian Sausage, Roast Potatoes served with Gravy (Gluten, So2)	Winter Vegetable Crumble (Gluten, Milk)	Vegetarian Burger served with Chips (Gluten, Eggs, Milk, Sesame Seeds)
Vegetables	Peas & Sweetcorn	Savoy Cabbage & Mashed Swede	Broccoli & Baton Carrots	Sweetcorn & Peas	Garden Peas & Baked Beans
Dessert	Apple & Oat Cookie (Gluten, Eggs) Or Fruit Pot	Jam Sponge and Custard (Gluten, Eggs, Milk, So2) Or Fruit Kebabs	Chocolate Crispy Cake (Gluten) Or Fruit Boat	Gainsborough Tart (Eggs, Milk, So2) Or Fruit Pot	Golden Ginger Oat Biscuit (Gluten, Eggs, Milk) Or Fruit boat

Fresh Baked Jacket Potato with  
Choice of fillings  
Cheese (Milk) Tuna (Eggs, Fish) Beans  
available daily

Selection of freshly made,  
sandwiches on a choice of  
breads (Wheat, Soya)  
available daily

Fresh Bread (Wheat, Soya)  
Cheese & Crackers (Milk, Gluten)  
Salad Selection, Fresh Fruit and  
Yoghurts (Milk)  
available daily



WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Macaroni Cheese (Gluten, Milk)	Homemade Chicken Curry with 50/50 Rice (Celery, Mustard)	Roast Turkey served with Mash Potato and Rich Gravy (Milk, SO2)	Chicken and Vegetable Pie with Mash Potato and Gravy (Celery, Gluten Milk, So2)	Gluten Free Fish Served with Chips and a Sliced of Lemon (Fish)
Vegetarian Main Course	Meatless Meatball in a Tomato Sauce and Spaghetti (Gluten, Eggs, Milk, Mustard)	Winter Vegetable Soup with Crusty Roll (Celery, Gluten, Sesame Seeds)	Vegetarian Fillet with Mash Potato and Rich Gravy (Milk, Eggs, So2)	Vegetarian Sausage served in a Yorkshire Pudding with Mash Potato and Gravy (Gluten, Eggs, Milk, So2)	Lightly Spiced Burger Served with Salad and Chips (Celery, Gluten, Milk, Sesame Seeds, So2)
Vegetables	Carrot rings & Peas	Sweetcorn & Green Beans	Broccoli & Swede	Peas & Baton Carrots	Garden Peas & Beans
Dessert	Marble Sponge and Custard (Gluten, Eggs, Milk) Or Fruit Pot	Carrot Cake (Gluten, Eggs) Or Fruit Kebabs	Fruity Flapjack (Gluten) Or Fruit Boat	Jam and Custard Puff Pastry Tart and Custard (Gluten, Eggs, Milk) Or Fruit Pots	Chocolate Crinkle Biscuit (Gluten, Eggs) Or Fruit Boat

Fresh Baked Jacket Potato with  
Choice of fillings  
Cheese (Milk) Tuna (Eggs, Fish), Beans  
available daily

Selection of freshly made,  
sandwiches on a choice of  
breads (Wheat, Soya)  
available daily

Fresh Bread (Wheat, Soya)  
Cheese & Crackers (Milk, Gluten)  
Salad Selection, Fresh Fruit and  
Yoghurts (Milk)  
available daily



WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Homemade Margarita Pizza served with Green Salad (Celery, Gluten, Eggs, Milk, Soya)	Sweet and Sour Turkey served with 50/50 Rice (Gluten)	Roast Chicken, Roasted Baby Potatoes served with Rich Gravy (Gluten, Eggs, Milk, So2)	Mince and Onion Pie Served with Mash Potato (Gluten, Milk, So2)	Jumbo Fish Fingers served with Chips (Gluten, Fish, Milk, Mustard)
Vegetarian Main Course	Meatless Burger served with Potato wedges and Salad (Gluten, Mustard, Sesame Seeds,)	Singapore Vegetable Noodles (Gluten, Eggs, Mustard, Soya)	Vegetarian Fillet served with Roast Potatoes and Gravy (Gluten, Eggs, Milk, So2)	Tomato and Basil Conchiglie Pasta served with Garlic Bread (Gluten, Milk, Soya)	Vegetarian Hotdog served with Chips (Gluten, Sesame Seeds)
Vegetables	Baked Beans & Peas	Sweetcorn & Green Beans	Cauliflower & Diced Carrot	Mashed Swede & Savoy Cabbage	Garden Peas & Baked Beans
Dessert	Homemade Ginger Sponge served with Cream (Gluten, Eggs, Milk) Or Fruit Pot	Raspberry Bun (Gluten, Eggs, Milk, So2) Or Fruit Kebab	Cherry Shortbread (Gluten, So2) Or Fruit Boat	Rice Pudding served with Fruit Compote (Milk, So2) Or Fruit Pot	Cornflake Tart served with Custard (Gluten, Milk, Soya) Or Fruit Boat

Fresh Baked Jacket Potato with Choice of fillings  
Cheese (Milk) Tuna (Eggs, Fish) Beans available daily

Selection of freshly made, sandwiches on a choice of bread (Wheat, Soya) available daily

Fresh Bread (Wheat, Soya)  
Cheese & Crackers (Milk, Gluten)  
Salad Selection, Fresh Fruit and Yoghurts (Milk) available daily

