

PSHE: Whole School Overview



Cycle A (2022-23)							
		Topic 1	Topic 2	Topic 3	Topic 4	Topic 5	Topic 6
EYFS	Nursery	<p>Self-confidence and self-awareness: Children are confident to try new activities and say why they like some activities more than others. They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities. They say when they do or don't need help.</p> <p>Managing feelings and behaviour: Children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class and understand and follow the rules. They adjust their behaviour to different situations and take changes of routine in their stride.</p> <p>Making relationships: Children play co-operatively, taking turns with others. They take account of one another's ideas about how to organise their activity. They show sensitivity to others' needs and feelings and form positive relationships with adults and other children.</p>					
	Reception						
KS1	Year 1	<p>Being Me in My World Understanding why behaviour can impact on other people – Making good choices</p>	<p>Celebrating Difference Being different and bullying - Being a friend – Being different from my friends</p>	<p>Dreams and Goals Being part of a group – Joining skills to work together</p>	<p>Healthy Me Good foods and medicines and unhealthy/unsafe choices – Comparing different choices</p>	<p>Relationships Explain why some things might make me feel uncomfortable in a relationship - Problem-solving techniques to use in my relationships</p>	<p>Changing Me Using the correct terms for parts of my body – When a touch is OK and not OK – Things I like about being a girl or a boy</p>
	Year 2						
LKS2	Year 3	<p>Being Me in My World Being listened to and listening to others – Being democratic</p>	<p>Celebrating Difference First impressions – Spotting bullying - Accepting myself and others</p>	<p>Dreams and Goals Setting new goals even after a disappointment – Resilience and positive attitude</p>	<p>Healthy Me Being put under pressure and ways to resist this when I want to – Anxiety, fear and peer pressure</p>	<p>Relationships Recognise how people are feeling when they miss a special person or animal – Strategies to help manage feelings</p>	<p>Changing Me Changes that happen – Having and not having control over some changes</p>
	Year 4						
UKS2	Year 5	<p>Being Me in My World Explain how choices can have an impact on a community and globally – Empathising.</p>	<p>Celebrating Difference Source of conflict or a cause for celebration – Showing empathy towards situations of conflict/celebration</p>	<p>Dreams and Goals Working with others to make the world a better place - Motivation</p>	<p>Healthy Me Misuse of substances and the impact they can have on me and others – Skills to be emotionally health and manage stress</p>	<p>Relationships Identifying feelings associated with loss - Recognise when people are trying to gain power or control - Standing up for myself and my friends in real or online situations</p>	<p>Changing Me How a babies develop – Becoming a teenager</p>
	Year 6						

PSHE: Whole School Overview



Cycle B (2021-22)

		Topic 1	Topic 2	Topic 3	Topic 4	Topic 5	Topic 6
EYFS	Nursery	<p>Self-confidence and self-awareness: Children are confident to try new activities and say why they like some activities more than others. They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities. They say when they do or don't need help.</p> <p>Managing feelings and behaviour: Children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class and understand and follow the rules. They adjust their behaviour to different situations and take changes of routine in their stride.</p> <p>Making relationships: Children play co-operatively, taking turns with others. They take account of one another's ideas about how to organise their activity. They show sensitivity to others' needs and feelings and form positive relationships with adults and other children.</p>					
	Reception						
KS1	Year 1	<p>Being Me in My World My class: a happy and safe space to learn – How to make others happy and safe in my class</p>	<p>Celebrating Difference How differences make us special – How bullying makes people feel</p>	<p>Dreams and Goals Celebrating success – Storing positive feelings</p>	<p>Healthy Me Keeping my body safe and healthy – Being healthy and feeling happy</p>	<p>Relationships Having special relationships that make me feel safe and happy – Behaviours that I appreciate and others I don't</p>	<p>Changing Me Compare how I am now to when I was a baby – How I feel about changes</p>
	Year 2						
LKS2	Year 3	<p>Being Me in My World Understanding how my behaviour can affect others – The importance of rules – Being valued</p>	<p>Celebrating Difference Conflicts with friends and family – Strategies to solve problems</p>	<p>Dreams and Goals Ways that help me learn and how I can improve – Confidence and sharing success</p>	<p>Healthy Me identifying things, people and places that I need to keep safe from – Expressing how being anxious, scared and unwell feels</p>	<p>Relationships How my life is influenced positively by people I know - why my choices might affect my family, friendships and others</p>	<p>Changing Me Understand bodies change on the inside/outside – Coping with feelings about changing</p>
	Year 4						
UKS2	Year 5	<p>Being Me in My World Compare my life with others- Rules, rights and responsibilities</p>	<p>Celebrating Difference Direct and indirect bullying – Racism and discrimination – Expressing emotions</p>	<p>Dreams and Goals Compare my hopes and dreams and reflect on them</p>	<p>Healthy Me The role food and substances – How to respect and value my body</p>	<p>Relationships Compare different types of friendships and the feelings associated with them - How to stay safe when using technology to communicate - How to stand up for myself, negotiate and to resist peer pressure – How to handle the pressures I may face to use technology in ways that may be risky or cause harm</p>	<p>Changing Me Looking after myself physically and emotionally as I grow up – Feelings about growing up</p>
	Year 6						

Experiential learning opportunities	Community police officers; local councillors/MP	Religious leaders; visitors such as police officers, fire fighters	Career Opportunities	First Aid; School Nurse; Crucial Crew	NSPCC; Crucial Crew	School Nurse; Midwife; NSPCC
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