



WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Meat Free Nugget Wrap served with Rice (GLUTEN)	Sausage & Creamy Mash Potato with Gravy (GLUTEN, SO2)	Roast Chicken, Stuffing, Roast Pots, & Gravy (GLUTEN, SO2)	Chicken Pasta & Garlic Bread (GLUTEN, CELERY, EGGS, MILK, SOYA)	Fish Cake or Salmon Fish Cake and Chips (GLUTEN, FISH)
Vegetarian Main Course	Vegetable Fingers served with Potato Wedges (GLUTEN, SO2)	Sweet Potato & Vegetable Pie with Gravy (GLUTEN)	Vegetarian Sausage, Stuffing, Roast Potatoes & Gravy (GLUTEN, SO2)	Cheese Omelette & Baby New Potatoes (EGGS, MILK, SOYA)	Lightly Spiced Burger with Chips (EGGS, GLUTEN, MILK, SESAME, SO2)
Vegetables	Peas & Sweetcorn	Savoy Cabbage & Mashed Swede	Broccoli & Diced Carrots	Cauliflower & Broccoli	Garden Peas & Baked Beans
Dessert	Chocolate Vanilla Biscuit (GLUTEN, MILK, SOYA) Or Fruit Pot	Orange Shortbread (GLUTEN, SOYA) Or Fruit Kebabs	Ice Cream (MILK) Or Fruit Boat	Strawberry Flapjack (GLUTEN) Or Fruit Pot	Viennese Whirls (GLUTEN, SOYA) Or Fruit boat

Fresh Baked Jacket Potato with Choice of fillings
Cheese **(Milk)** Tuna **(Eggs, Fish)** Beans available daily

Selection of freshly made, sandwiches on a choice of breads **(Wheat, Soya)** available daily

Fresh Bread **(Wheat, Soya)**
Cheese & Crackers **(Milk, Gluten)**
Salad Selection, Fresh Fruit and Yoghurts **(Milk)** available daily





WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cheese Pizza & Potato Wedges (GLUTEN, CELERY, MILK, SOYA, EGG)	Chicken Sausage Hot Dog with Cubed Potatoes (GLUTEN, SOYA, SO2)	Sliced Chicken with Mash Potato, Yorkshire Pudding & Gravy (EGG, GLUTEN, MILK, SO2)	Roast Turkey, New Potato, & Cauliflower Cheese (GLUTEN, MILK, SOYA)	Fish and Chips (GLUTEN, FISH)
Vegetarian Main Course	Vegetable Pasta (GLUTEN, MILK)	Vegetable Curry & Rice (Celery)	Omelette with Vegetables (EGGS, MILK)	Macaroni Cheese & Garlic Bread (GLUTEN, MILK, MUSTARD, SOYA)	Cheese & Onion Pie and Chips (GLUTEN, EGG, MILK, SOYA)
Vegetables	Beans & Sweetcorn	Savory Cabbage & Baton Carrots	Green Beans & Ring Carrots	Sweetcorn & Carrots	Garden Peas & Baked Beans
Dessert	Ginger Sponge with Cream (GLUTEN, EGG, MILK, SOYA) Or Fruit Pot	Oat Biscuit (GLUTEN, EGG, MILK, SOYA) Or Fruit Kebabs	Ice Cream (MILK) Or Fruit Boat	Pineapple Upside Down Cake & Custard (GLUTEN, EGG, SO2, SOYA, MILK) Or Fruit Pot	Beetroot Brownie (GLUTEN, EGG, MILK, SOYA) Or Fruit boat

Fresh Baked Jacket Potato with Choice of fillings
Cheese (Milk) Tuna (Eggs, Fish), Beans available daily

Selection of freshly made, sandwiches on a choice of breads (Wheat, Soya) available daily

Fresh Bread (Wheat, Soya)
Cheese & Crackers (Milk, Gluten)
Salad Selection, Fresh Fruit and Yoghurts (Milk) available daily





WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cheese and Tomato Naan Bread Pizza with Potato Wedges (GLUTEN, MILK, CELERY)	Chinese Chicken Curry with Boiled Rice (GLUTEN, SOYA, MUSTARD)	Roast of the Day served with a Yorkshire Pudding & Roast Potatoes (GLUTEN, MILK, EGG)	Beef Bolognaise with Wholemeal Pasta (GLUTEN)	Fish and Chips and a Lemon Wedge (GLUTEN, FISH)
Vegetarian Main Course	Meat Free Meatballs in a Tomato Sauce served with Spaghetti (GLUTEN, MILK)	Cheese and Red Pepper Quiche with Boiled Potatoes (GLUTEN, EGG, MILK, SOYA, SO2)	Quorn Fillet with a Yorkshire Pudding & Roast Potatoes (GLUTEN, EGG, MILK, SO2)	Vegetable Fajita's and a Mixed Salad (GLUTEN, CELERY, MILK)	Cheese whirl and Chips. (GLUTEN, EGG, MILK, SO2)
Vegetables	Beans & Sweetcorn	Diced Swede & Green Beans	Cauliflower & Carrots	Savoy Cabbage & Mashed Swede	Baked Beans & Green Beans
Dessert	Banana Muffin (GLUTEN, EGG, SOYA) Or Fruit Salad	Lemon Cake Drizzle (GLUTEN, EGG, MILK, SOYA) Or Fruit Boats	Chocolate Shortbread Biscuit (GLUTEN) Or Fruit Kebabs	Apricot Flapjack (GLUTEN) Or Fruit Salad	Strawberry Jelly topped with Mandarins Or Fruit Pots

Fresh Baked Jacket Potato with Choice of fillings
Cheese **(Milk)** Tuna **(Eggs, Fish)** Beans available daily

Selection of freshly made, sandwiches on a choice of bread **(Wheat, Soya)** available daily

Fresh Bread **(Wheat, Soya)**
Cheese & Crackers **(Milk, Gluten)**
Salad Selection, Fresh Fruit and Yoghurts **(Milk)** available daily

