

## Physical Education: Whole school overview



CYCLE A (2022-23)					
	Topic1 (8wks)	Topic 2 (7wks)	Topic 3 (8wks)	Topic 4 (8wks)	Topic 5 (8wks)
Nurs	Engage in a range of sporting activities and through them develop their movement and understanding of their own body, their health and fitness, spatial awareness when moving and co-ordination of small and large movements. Throughout the different activities they develop their ability to play co-operatively and form positive relationships with adults and children.				
Reception					
Year 1	Rugby Multi-skills	Hockey Multi-skills	Gymnastics	Football Multi-skills	Athletics Multi-skills
Year 2					
Year 3	Rugby <i>Rugby competition</i>	Hockey <i>Hockey Competition</i>	Gymnastics <i>BAA Dance festival</i>	Basketball <i>Basketball Competition</i> <i>Orienteering</i>	Athletics/Cricket <i>Cricket competition</i>
Year 4					
Year 5	Rugby <i>Rugby competition</i> Swimming Y5	Hockey <i>Hockey Competition</i> Swimming Y5	Gymnastics <i>BAA Dance festival</i> Swimming Y5	Basketball Y6 <i>Basketball Competition</i> Orienteering Swimming Y5	Athletics/Cricket <i>Cricket competition</i> Swimming Y5
Year 6					
Cycle B (2021-22)					
Nurs	Engage in a range of sporting activities and through them develop their movement and understanding of their own body, their health and fitness, spatial awareness when moving and co-ordination of small and large movements. Throughout the different activities they develop their ability to play co-operatively and form positive relationships with adults and children.				
Reception					
Year 1	Football Multi-skills	Dance	Volleyball Multi-skills	Netball Multi-skills	Athletics Multi-skills
Year 2					
Year 3	Football <i>Football competition</i>	Dance	Volleyball <i>Volleyball competition</i>	Netball <i>Netball competitions</i> <i>Orienteering (Basics training)</i>	Athletics <i>Orienteering</i>
Year 4					
Year 5	Football <i>Football competition</i>	Dance	Volleyball <i>Volleyball competition</i>	Netball <i>Netball competitions</i> <i>Orienteering (Basics training)</i>	Athletics <i>Orienteering</i>
Year 6					

Pupils in Y5 have weekly swimming lessons across the whole school year. The second weekly PE lesson is the same sporting focus as for Y6 pupils. This document should be used in conjunction with the PE progression document in order to recognise and build on prior learning