

## Year 2 English Home Learning

Week beginning 15<sup>th</sup> June 2020

### Introduction.

Each week you will receive a set of English tasks. You should aim to complete one each day. Spending about 30 minutes on reading, 45 minutes on writing and at least 20 minutes on grammar and spelling.

It is fine for you to ask for help from parents, siblings or your teacher through teams.

I have made a list on how I plan to be kind this week.

I have written thank you cards to people at home.

I have read and answered the grammar questions carefully.

I have practised the spellings and handwriting activities.



Colour the stars when you think you have achieved this.

If you love reading and writing and want more of a challenge you can keep writing stories based on your own ideas or other books you have read.

Or explore [www.lovereadings4kids.co.uk](http://www.lovereadings4kids.co.uk) or [www.newsela.com](http://www.newsela.com) to find more extracts to read and write about.

## 50 Ways to Feel Happy

# ABOUT THIS BOOK

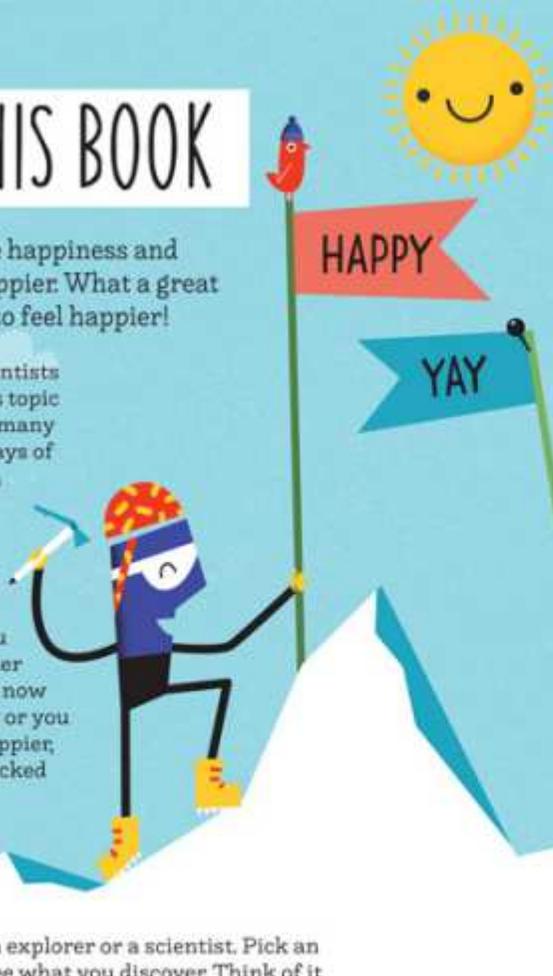
So you want to explore happiness and find out how to feel happier. What a great idea! Everyone wants to feel happier!

The good news is that scientists have been working on this topic and they have discovered many different activities and ways of thinking that can lead to a happier life for us all.

You might already have some ideas about what helps you to feel happier and this book will help you discover lots more. Whether you're feeling happy right now and want to stay that way or you need some ideas to feel happier, this book is for you. It's packed full of activities to try.

You'll need to think like an explorer or a scientist. Pick an activity and try it out to see what you discover. Think of it as an experiment – see what you feel and what you notice.

You might want to find a notebook that you keep especially for your experiments and your discoveries.



## 10 KEYS TO HAPPIER LIVING

Everyone's path to happiness is different. Based on the latest research, experts at Action for Happiness have worked out 10 Keys to Happier Living – the areas where we can take action to help us feel happier and more fulfilled. You'll find that all the activities in this book fit into one of the 10 Keys. There's a chapter for each:

- |               |               |               |
|---------------|---------------|---------------|
| 1. GIVING     | 4. AWARENESS  | 8. EMOTIONS   |
| 2. RELATING   | 5. TRYING OUT | 9. ACCEPTANCE |
| 3. EXERCISING | 6. DIRECTION  | 10. MEANING   |
|               | 7. RESILIENCE |               |

### TIPS for STAYING SAFE (and tidy!)

- Always tell your parents or carer where you are going and who you are going with.
- Ask your parents or carer or another safe adult to help you with the activities, especially for messy projects or ones you may find difficult.
- Be careful when using scissors or sharp objects.
- Wear old clothes or an apron for 'create and make' activities.



SEE PAGE 63 FOR A NOTE TO PARENTS AND CARERS.

# GETTING STARTED

This book is full of activities and ideas to help boost how happy you feel. You can work through them in order or pick out pages at random. Here are two great starting points to begin exploring happiness.

## ★ THINK FOR A MINUTE

What are all the things that help you feel happy? Think about people, activities, places – anything! There are no wrong answers. You could write or draw them in your notebook. Now think about what really helps you feel happy. What are your top three things?

## ★ BE A HAPPINESS INVESTIGATOR

We are all different people, so what helps each of us feel happy can be different too. Ask other people to share three things that really help them feel happy.

Ask as many different people as you can. You could ask a friend, your mum, dad or carer, brother or sister, grandparents, aunty or uncle, or even your teacher. Keep a note of their answers in your notebook.

Now investigate the list you have made. Are there things that lots of people share? How does what they say compare to your list? What's the same and what's different?



## HAPPY FACT

Scientists are finding that happiness can do us good. People who feel happy are less likely to catch a cold, they are more likely to help others, more likely to do better at school and make friends. When they grow up they might also do better at work and in their relationships too.



SPREAD A LITTLE HAPPINESS!

## DOES FEELING HAPPY NEVER MEAN FEELING UNHAPPY?

Can we be happy all the time?

Well, that's not realistic. Struggles and difficulties are part of life too.

Sometimes things happen that naturally mean we feel sad, angry, upset or afraid. For example, if a good friend moves away, we don't get something we really wanted, someone is unfriendly to us or we sense danger.

Living happily isn't about ignoring these feelings but learning how to respond in the most constructive way we can.

There are also times we need to work hard and deal with challenges. This may not feel good at the time, but can lead to feeling happier later. Think about when you've learned something new, maybe a musical instrument, riding a bike or a new type of sum in maths. At first it may have felt really hard, confusing or frustrating but once you had finally learned to do it, you felt a real sense of achievement.

The good news is that the activities in this book can also help you cope with difficulties and bounce back more quickly when things go wrong. That's all part of happier living!

Now let's get started on unlocking the secrets to feeling happier – see what you can discover!

# 1 GIVING

## DO KIND THINGS FOR OTHERS

Isn't it funny that the very first key to happier living is about other people's happiness rather than our own?

Well, scientists have found that when we do kind things for others, not only does it help them to feel happier, we feel happier too. In fact, science shows that helping others can have the same effect on our brain as receiving a gift ourselves or eating our favourite food! Helping others can also take our mind off our own worries.

### HAPPY FACT

In an experiment people were asked to do five new acts of kindness in one day (things they didn't already do). They felt happier for up to six weeks afterwards!

### QUICK START: MAKE TODAY A KINDNESS DAY

What kind things can you do today (or even right now) to help or be nice to someone else? Here are some ideas to get you started...

- ★ Open a door or carry a bag for someone.
- ★ Clear the table without being asked.
- ★ Offer to help your teacher or someone at home.
- ★ Give a friend a hug or a high five.
- ★ Draw a picture and give it to a friend.
- ★ Say something nice to someone.
- ★ Smile at someone.
- ★ Say thank you to people who do things for you but aren't always thanked – perhaps your teacher, the bus driver, or your mum or dad!

HOW KIND!

WHAT OTHER THINGS COULD YOU TRY TODAY? CAN YOU TRY TO DO AT LEAST FIVE KIND THINGS?



## 1. THE POWER OF KINDNESS

Think about a time when someone has been kind to you:

- ★ What was the situation? What did they do? What did you feel?
- ★ Next time you see the person, remind them what they did and thank them.

WHEN YOU.....

I FELT.....

THANK YOU!

## 2. THE 'MANY WAYS OF BEING KIND' CHALLENGE

Make a list of all the ways you could be kind or help other people. Some things will be quick and easy, others will be harder or take longer.

How many ideas can you think of right now? Keep thinking and add to your list – can you get to 100 different ways of being kind, giving or helping people?

### Some ways of being kind

- ★ Be friendly to a new kid at school.
- ★ Organise something to raise money for charity.
- ★ Offer to walk a neighbour's dog.
- ★ Offer to tidy your room so your parents don't have to moan at you!
- ★ Write a letter to say hello and brighten the day of a grandparent, auntie or uncle that you don't often see.
- ★ Bake cakes (ask for help from an adult) and give them to elderly neighbours who live alone.
- ★ Stop yourself from being mean to someone and say something kind instead.
- ★ Find out where your nearest food bank is and ask your family, neighbours and friends to help you collect food to take there.

Now take the challenge to the next level. Your goal is to do everything on your list! It may take a few weeks or even months and you might need help with some things, but give it your best shot – how many can you do? Make sure you check your list with a safe adult before you start.

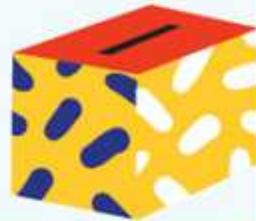
Don't forget to tick off everything you've tried!



### 3. SET UP A KINDNESS BOX AT HOME

Ask an adult for a box to keep at home. This is a place where you and your family can put messages, photos, stories, drawings or thank-you notes about the kind things people have done for them or they've seen done for others.

- You may want to label or decorate the box.
- Find time to share the contents of the box with everyone.



### 4. BECOME A KINDNESS DETECTIVE

Over the next week, look out for acts of kindness or helping happening around you. Make a note of each act of kindness or giving that you see during a whole week. For example:

WHO	WHAT	HOW	WHERE	WHEN	WHY
Jenny	Helped Dad prepare tea	She buttered the bread and laid the table	At home	Saturday	So Dad didn't have too much to do

### 5. GIVING AWARDS

#### YOU WILL NEED:

- A4 sheet of card or paper
- Colouring pens or pencils



Once you've been a kindness detective and spotted lots of ways people around you are kind or help others, you can give them something – a Giving Award!

For each person on your kindness list, create a certificate. You may want to decorate it or draw a picture of the person they helped or what they did.



#### TIME FOR THE AWARD CEREMONY

- Invite everyone at home to attend an award ceremony.
- Explain that it's to celebrate acts of kindness.
- Agree a time when everyone can be there, perhaps after an evening meal.
- Decide a place where the ceremony will be held, such as the living room.
- Present a certificate to everyone at home during the ceremony.

Monday 15<sup>th</sup> June 2020

Year 2 -- Day 1- Reading

### Reading

**Read and re-read Page 8 of '50 Ways to Feel Happy'.**

Make a poster showing all the ways you plan to be kind to others this week. You could add some drawings.

**Extension:** Take a picture and send the ideas to others.

- Discuss if everyone at home would like to have a kindness week.
- Encourage everyone at home to make their own list.

Tuesday 16<sup>th</sup> June 2020

Year 2 - Day 2- Writing

### Writing

**Write thank you messages or cards to those at home for their kindness.**

- Include 1 or 2 sentences
- Draw something and colour it brightly
- Add a nice border around the writing

Wednesday 17<sup>th</sup> June 2020

Year 2 - Day 3- Grammar

### Grammar

**Write questions with the following words:**

What...

Why...

Which...

Who ...

Where ...

When ...

**Example:** What makes you feel happy?

Thursday 18<sup>th</sup> June 2020

Year 2 - Day 4- Spelling

### Spelling

**Practise each word by rewriting it 3 times. Say it aloud as you write it.**

happy happiness happily happier happiest

**Can you make the words using something different?** Try using chalk on the path, string or Lego.

Friday 19<sup>th</sup> June 2020

Year 2 - Day 5- Handwriting

### Handwriting

**Look at your list of what makes you happy. Copy your Top 3 in your neatest handwriting.**

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## Year 2 Maths Home learning

This week's lessons and activities can be found on [www.whiterosemaths.com](http://www.whiterosemaths.com) in the folder **Summer term- Week** we are aware these are different dates but this is the folder we are working on this week .

Monday 15<sup>th</sup> June 2020 Lesson 1 - Multiplication sentences using the x symbol

Please watch the video first <https://vimeo.com/418150502> **Summer term- Week 5 Lesson 1**

### Multiplication sentences using the $\times$ symbol



1 Complete the sentences.

a)

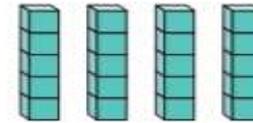


There are  equal groups with   
in each group.

$$\square + \square + \square = 18$$

$$\square \times \square = 18$$

b)



There are  equal groups with   
in each group.

$$\square + \square + \square + \square = 20$$

$$\square \times \square = 20$$

c)



There are  equal groups with   
in each group.

$$\square + \square = 8$$

$$\square \times \square = 8$$

- 2 Complete the table.  
The first one has been done for you.

Addition	Multiplication
$2 + 2 + 2 + 2$	$4 \times 2$
$5 + 5 + 5$	
$3 + 3 + 3 + 3 + 3$	
	$2 \times 10$

- 3 Complete the pattern.

$$5 \times 2 = 5 + 5 = \square$$

$$5 \times 3 = 5 + 5 + 5 = \square$$

$$5 \times 4 = 5 + 5 + 5 + 5 = \square$$

$$5 \times 5 = \underline{\hspace{2cm}} = \square$$

What comes next?

- 4 The total is 16  
What could the addition and multiplication be?

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- 5 Use counters to help you complete the number sentences.

a)  $3 \times \square = 12$

b)  $\square \times 4 = 8$

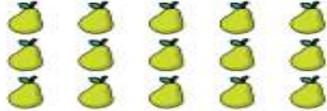
c)  $2 \times \square = 10$





Use arrays

1 How many pears are there?



$$\square + \square + \square = \square$$

$$\square \times \square = \square$$

There are  pears.

2 How many stars are there?



$$\square + \square = \square$$

$$\square \times \square = \square$$

There are  stars.

3 Write two additions and two multiplications for the array.



$$\square + \square + \square = \square$$

$$\square \times \square = \square$$

$$\square + \square + \square + \square = \square$$

$$\square \times \square = \square$$

What do you notice?

4 Write two multiplications for this array.



$$\square \times \square = \square$$

$$\square \times \square = \square$$

- 5 Draw an array to show  $7 \times 3$   
Complete the number sentence.

$7 \times 3 = \square$

Is there more than one way to draw the array?

- 6 Draw three different arrays to show 12



- 7 Draw dots to show each multiplication in two ways.

The first one has been done for you.

Multiplication	Array 1	Array 2
$3 \times 8$		
$2 \times 5$		
$4 \times 9$		
$6 \times 1$		

- 8 Can you see the multiplications  $5 \times 4$  and  $4 \times 5$  in the array?



Talk about it with a partner.



## The 2 times-table

White  
Rose  
Maths

- 1 Write a fact from the 2 times-table to match the picture.

a)



$$\square \times \square = \square$$

b)



$$\square \times \square = \square$$

c)



$$\square \times \square = \square$$

- 2 a) Complete the number line.



- b) Which times-table does the number line show?

Tick your answer.

1 times-table    2 times-table

3 times-table

How do you know?

- 3 Complete the array and times-table fact so that they match.

a)



$$2 \times 2 = \square$$

b)



$$2 \times 5 = \square$$

c)



$$2 \times \square = 8$$

4 Complete the number sentences.

a)  $3 \times 2 = \square$

f)  $\square = 12 \times 2$

b)  $\square = 9 \times 2$

g)  $2 \times \square = 2$

c)  $2 \times 5 = \square$

h)  $2 \times 0 = \square$

d)  $2 \times \square = 4$

i)  $14 = 2 \times \square$

e)  $12 = \square \times 2$

j)  $\square \times 2 = 22$

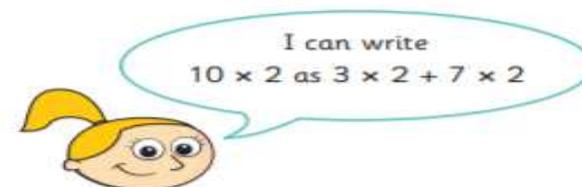
5 Teddy has £8

Rosie has twice as much money as Teddy.  
How much money does Rosie have?

Rosie has £



6 Eva is writing  $10 \times 2$  in different ways.



Find three more ways that you can write  $10 \times 2$

Use counters to help you.

$\times$   +   $\times$

$\times$   +   $\times$

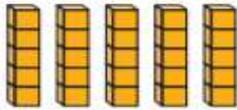
$\times$   +   $\times$

Compare answers with a partner.

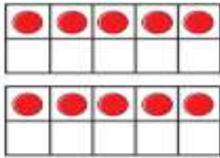
## The 5 times-table

White  
Rose  
Maths

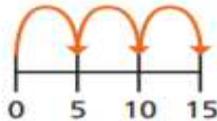
1 a) Match the picture to the times-table fact.



$3 \times 5$



$2 \times 5$



$1 \times 5$

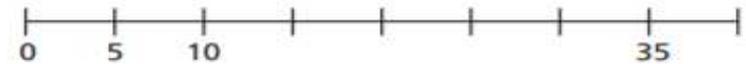


$5 \times 5$

b) Draw a picture to show  $4 \times 5$



2 a) Complete the number line.



b) Which times-table does the number line show?

Tick your answer.

1 times-table

2 times-table

5 times-table

How do you know?

3 Complete the number sentences.

a)  $5 \times 5 = \square$

f)  $\square = 11 \times 5$

b)  $\square = 9 \times 5$

g)  $5 \times \square = 5$

c)  $5 \times 6 = \square$

h)  $5 \times 0 = \square$

d)  $5 \times \square = 40$

i)  $10 = 5 \times \square$

e)  $35 = \square \times 5$

j)  $\square \times 5 = 60$

4 How much money does Ron have?



Complete the multiplication.

$\square \times \square = \square$

Ron has  $\square$  p.

5 Write  $<$ ,  $>$  or  $=$  to compare the calculations.

$7 \times 5$   $\bigcirc$   $5 \times 8$

$6 \times 5$   $\bigcirc$   $4 \times 5 + 2 \times 5$

$2 \times 5$   $\bigcirc$   $3 \times 5 - 1 \times 5$

$12 \times 2$   $\bigcirc$   $2 \times 12$

6 A sandwich costs £2 and a box of crayons costs £5



Jack buys 5 sandwiches and 3 boxes of crayons.  
How much does he spend in total?

Jack spends £  $\square$

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## Challenge 1

Jane is standing in a queue.

There are 5 people in front of her.

There are 2 people behind her.

How many people are in the queue?



## Challenge 2



Rosie

I have 80 pence.



Mo

I have 12 pence.

Rosie gives Mo 25 pence.

How much more money does Rosie have than Mo now?

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### Challenge 3

If

$$70 + \text{yellow circle} = 100$$

$$50 + \text{green triangle} = 100$$

$$\text{yellow circle} + \text{green triangle} + \text{blue square} = 100$$

What is the value of the blue square?

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