# Lower Key Stage 2- Easter Holidays Activities- Week 1- Non-screen activities you can do at home.

Reep an activity journal to record their daily activities to see how close they are to the recommended activity time (an example format can be found on Teams). The NHS recommends that children aged 5-17 should aim for an at least 60 minutes of moderate intensity physical activity a day across the week  Science discussions Over dinner, think about	Writing Thank a community hero. Think of someone that helps you in some way and write a short letter to thank them.  Word game All participants write	Wild Challenge Make a 'bird kebab' to entice the birds into your garden. Instructions of how to make it can be found here.  Perspective Sit back to back with	Science Complete a diet and nutrition diary (see files on Teams)  Internet safety. Draw around your foot	Writing Start a nature diary. Look out of the window each day and keep note of what you see. Birds, flowers, changes in the weather, what else?  Art from nature In your garden or from your	Easter egg hunt workout. Write 10 different physical exercises on slips of paper and then hide them around the house/garden (e.g. jumping jacks, lunges, sit-ups). When the hunters find and complete the challenge, they receive an egg for their basket or a score on their mark card.  our essential journey,	Building and Reading Build a reading den. Find somewhere cosy, snuggle up and read your favourite book!  Science Create your own tornado.	Wild Challenge Create a 3D daffodil using the instructions found here.
the different types of food on your plate and the nutrients they contain. Which nutrients are there the most/least of? Investigate the tins and other packets of food in your cupboards. Choose a nutrient and see if you can sort them from most to least (the packets should have information about how much protein, fat, carbohydrates and some vitamins are in them). What if we didn't have a skeleton? What if we didn't have muscles?	down up to 12 (or any number of your choice), products that come from forests (limit this to things in your house/ school /etc).  • Each person reads out their list and if anyone else has the same product, they cross it off their list.  • The winner is the person with the most items left on their list.	someone- label A and B. B to have pencil and paper. A should think of an object. A should try to describe the object without saying what it is. B is to draw it from the description. How close was the drawing? How clear was the description?	(to represent your digital footprint). Talk about the types of information you share through the activities you do online. What is safe to share? What is unsafe? Decorate the foot with words and pictures that represent the information you share on websites, apps or games.	In your garden or from your essential journey, collect a variety of leaves and seed cases (e.g. sycamore sees).  Press the leaves lightly between sheets of newspapers and weigh them down with books to flatten and dry.  When dry, use the leaves to create animal from them and glue onto a piece of card.		<ol> <li>Give everyone a jar. Everyone should fill the jar with water until it is around three quarters full.</li> <li>Add one drop of washing-up liquid to the water.</li> <li>Add a sprinkle of sand. Most tornadoes are transparent - they get their grey colour from the dust and mud they pick up from the ground. We are adding the sand to be able to see ours.</li> <li>Everyone should tightly screw on the lid of their jar and make sure it does not leak.</li> <li>Turn the jar upside down and shake it vigorously in a circular motion.</li> <li>Turn the jar back up the right way and put it down on a flat surface. Watch your storm brew, swirl, and dissipate.</li> </ol>	

### Lower Key Stage 2- Easter Holidays Activities- Week 1- Activities involving technology

History	<u>Spanish</u>	<u>PE</u>	Geography	Music	Science	RE
Check our school-favourite	Duolingo. You will need to set	Have you checked out <u>PE</u>	Can you use <u>Digimaps</u>	Research Peer Gynt and the	Use the <u>BBC Bitesize</u>	Watch this <u>Easter video</u> to
Mr B's YouTube channel and	up a free online account	with Joe, BBC Supermovers	(SK145PL and jarves84) to	music of Edvard Grieg.	website to go over the	understand why we have the
watch some of his 15 minute	https://www.123teachme.co	or <u>Go Noodle</u> ? What about	locate the places in the	Create actions to the music	topics before. Can you	school holidays this week.
lessons. What did you	m/	Comic Kids Yoga? There is	world you would want to visit	and draw pictures of what	explain the meaning of all	Can you retell the story to
already know? Can you	https://www.spanish-	lots you can do to keep	when we can travel again?	you imagine when listening to	the scientific vocabulary?	someone in your family?
complete the activities at	games.net/	active during lockdown.		it.	Maybe you could make your	
the end?					siblings/parents a scientific	
					dictionary to explain them.	

## DT Project of the week

### LKS2

Make an egg cosy







What you will need: paper, pencil, fabric, felt, scissors, glue, needle, tread and any decorating material available (e.g buttons, felt pieces, glitter glue)

### Method

First research online to gather some ideas on egg cosies and choose a piece of fabric.

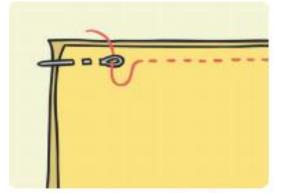
Second, draw a design of you egg cosy. What shape will it have? How big will it be? Do you need to measure the egg to see what size your design should be? Will you sew it all around or leave a side open?

Third, safely cut your fabric making sure to measure carefully. Sew your fabric together using techniques you have learned in school. Decorate your egg cosy.

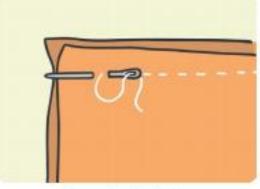
Lastly, once you have finished, evaluate your cosy. What went well? What do you like and dislike? How could you improve it?

<u>Tips:</u> Cut your fabric a bit larger then trim around to fix exactly.

<u>Learning</u>: Designing, measuring, marking out, cutting and shaping a range of materials, assembling, joining and combining components and materials accurately and reflecting on their work.



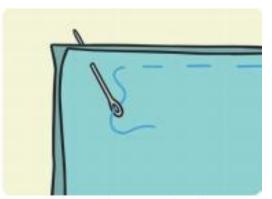
running stitch



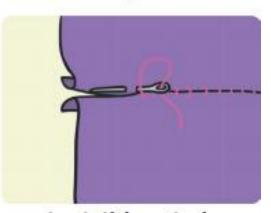
backstitch



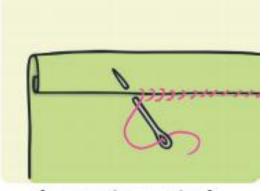
slip stitch



basting stitch



invisible stitch



hemming stitch

# 30 Day LEGO Challenge

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	Follow the instructions for each day. The only rule is to have fun and use your imagination!			Day 1	Day 2	Day 3	Day 4
				You were hired by an amusement park to create a new roller coaster.	NASA needs you to build a new rocket.	Your parents want to build a new home and they want you to build it.	Hollywood hires you to build a movie set for a new Star Wars movie.
	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	Day 11
	You enter a contest to build the world's tallest tower. Will you win?	You are stuck on Mars and need to build a new ship to get home.	Ford hires you to create the toughest pick up truck in the world.	You and 4 friends are stranded on an island. Build a boat to find a way home.	ship and wants	You and your friends decide to build a tree house.	Prince Charming hires you to build a castle for him & Cinderella.
Ü	Day 12	Day 13	Day 14	Day 16	Day 16	Day 17	Day 18
	Dr. Who hires you to build a new TARDIS.	You are asked by the President to build a new monument to George Washington.	Mr. Hilton hires you to build a new hotel.	There is a circus in town. Build a place for the performance.	Help your fellow pioneers build a wagon to make it across the country.	Build the fastest car around and join the big car race.	Do you wanna build a snowman? Get in the winter mood and build a snow scene.
	Day 19	Day 20	Day 21	Day 22	Day 23	Day 24	Day 25
	The city wants you to build a bridge to connect one side of the town to the other.	up to you to make	You are hired to build a brand new hospital.	The fence is broke and the dog keeps escaping. Build one he can't get out of.	You are now in medieval times. You are commis- sioned to build a jousting arena.	The local bank keeps getting robbed. Build a safe no one can crack.	Design and build your dream bedroom.
	Day 26 You are elected ruler. Build a flag for your land.	Day 27 Aliens are invading and you need to build a war robot to defeat them.	Day 28  The aliens have taken over. They are impressed by your robot. They want you build one for them.	Day 29 You are hired to build a house entirely out of yellow Legos.	Day 30 There is blizzard. You will need to build a snowmobile		What was your favorite day?