

WAYS OF HELPING YOUR CHILD GO BACK TO SCHOOL

Plan ahead together – try picturing the morning routine, their uniform, the journey to school

It's OK to feel worried about change - let them know that!

Reassure your child that school is a safe space to be

Focus on what you both can do

Keep talk around the setting positive and open, encourage questions*

Not everything will be different - the staff, building and some routines will still be familiar

They'll be able to meet their school friends again

Give praise when they talk about a worry

*You're not on your own. Contact your school or the Education Welfare service at: education.welfare@tameside.gov.uk or 0161 342 2112 for further guidance and advice.

