



Enfield Academy of New Waltham Physical Education Long Term Plan 2026-2027



Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
FS1	Introduction to PE - Unit 1 (EYFS)	Fundamentals - Unit 1 (EYFS)	Dance - Unit 1 (EYFS)	Gymnastics - Unit 1 (EYFS)	Ball skills - Unit 1 (EYFS)	Games - Unit 1 (EYFS)
FS2	Introduction to PE - Unit 2 (EYFS)	Fundamentals - Unit 2 (EYFS)	Dance - Unit 2 (EYFS)	Gymnastics - Unit 2 (EYFS)	Ball skills - Unit 2 (EYFS)	Games - Unit 2 (EYFS)
1	Team Building (Year 1)	Parkour (Year 1)	Gymnastics (Year 1)	Invasion games (Year 1)	Striking and Fielding (Year 1)	Net and wall (Year 1)
	Fundamentals (Year 1)	Ball skills (Year 1)	Dance (Year 1)	Yoga (Year 1)	Fitness (Year 1)	Athletics (Year 1)
2	Team Building (Year 2)	Parkour (Year 2)	Gymnastics (Year 2)	Invasion games (Year 2)	Striking and Fielding (Year 2)	Net and wall (Year 2)
	Fundamentals (Year 2)	Ball skills (Year 2)	Dance (Year 2)	Yoga (Year 2)	Fitness (Year 2)	Athletics (Year 2)
3	Basketball (Year 3)	Handball (Year 3)	Gymnastics (Year 3)	OAA (Year 3/4)	Cricket (Year 3/4)	Tennis (Year 3/4)
	Fundamentals (Year 3/4)	Yoga / fitness (Year 3)	Parkour (Year 3)	Dance (Year 3)	Athletics (Year 3)	Rounders (Year 3/4)
4	Basketball (Year 4)	Handball (Year 4)	Gymnastics (Year 4)	OAA (Year 4)	Cricket (Year 4)	Tennis (Year 4)
	TAG Rugby (Year 4)	Yoga / fitness (Year 4)	Parkour (Year 4)	Dance (Year 4)	Athletics (Year 4)	Rounders (Year 4)
	Year 4 - Swimming					
5	Basketball (Year 5)	Handball (Year 5)	Gymnastics (Year 5)	OAA (Year 5)	Cricket (Year 5)	Tennis (Year 5)
	TAG Rugby (Year 4)	Parkour (Year 5)	Netball (Year 5)	Dance (Year 5)	Athletics (Year 5)	Rounders (Year 5)
6	Basketball (Year 6)	Handball (Year 6)	Gymnastics (Year 6)	OAA (Year 6)	Cricket (Year 5)	Tennis (Year 6)
	TAG Rugby (Year 6)	Parkour (Year 5/6)	Netball (Year 6)	Dance (Year 6)	Athletics (Year 6)	Rounders (Year 6)

Coach led
Teacher Led