



	Being Me In My World  02/09 – 16/10	Celebrating Differences  2/11 – 18/12	Dream and Goals  5/1 – 12/2	Healthy Me  22/2 – 25/3	Relationships  12/4 – 28/5	Changing Me  8/6 – 23/7
 External Provider Assembly	Darker Nights (Police) Pantosaurus	Fire and Rescue Safety (Humberside Fire and Rescue) Road Safety Performance Stay wise (SEN Widget)	Rail Safety (NELC) Recycling (NELC) Bike-ability	Clever Never Goes (Police) Tooth Health (Shine Bright Programme)	NSPCC Speak Out Stay Safe First Aid Training (KS2)	Water Safety - RNLI 16th June - Beyond the Shore. Period talk (Girls Y5/6)
 Launch Assembly	What am I grateful for in my world?	What is bullying and what can I do about it?	How can we overcome obstacles when working towards a goal?	How can we make school healthier?	What does it mean to be by own best friend?	Why can't things stay the same?
 Compass Go Assemblies and workshops	Relationships assembly	Year 3 Relationships Workshop Year 4 Relationships Workshop	Anxiety Assembly Year 5 Workshop Anxiety	Exploring Emotions Workshop Year 3 Workshop Exploring Emotions Year 5 Workshop Exploring Emotions	Unhelpful thinking Assembly Year 6 Unhelpful Thinking Workshop	Sleep Assembly
 PolEd Assembly	How can I keep safe in new places?	What is peer influence?	What do we mean by risk?	How can I be an ally?	When should I break a secret?	How are we the same? How are we different?
 Cyber Crew Assembly	Online identity and how I can stay safe.	Recognising harmful content.	How can I be aware of online risks?	Technology addiction.	Respectful online interactions.	Appropriate and inappropriate online content.
 Ages 3–5	- Self-identity - Understanding feelings - Being in a classroom - Being gentle - Rights and responsibilities	- Identifying talents - Being special - Families - Where we live - Making friends - Standing up for yourself	- Challenges - Perseverance - Achieving and setting goals - Overcoming obstacles - Seeking help - Jobs	- Exercising bodies - Physical activity - Healthy food - Sleep - Keeping clean - Safety	- Family life - Friendships - Breaking friendships - Falling out - Dealing with bullying - Being a good friend	- Bodies - Respecting my body - Growing up - Growth and change - Fun and fears - Celebrations
 Ages 5–6	- Feeling special and safe - Being part of a class - Rights and responsibilities - Rewards and feeling proud - Consequences - Owning the learning charter	- Similarities and differences - Understanding bullying and knowing how to deal with it - Making new friends - Celebrating the difference in everyone	- Seeking goals - Identifying successes and achievements - Learning styles - Working well and celebrating achievement with a partner - Tackling new challenges - Identifying and overcoming obstacles - Feelings of success	- Keeping myself healthy - Healthier lifestyle choices - Keeping clean - Being safe - Medicine safety / safety with household items - Road safety - Linking health and happiness	- Belonging to a family - Making friends/being a good friend - Physical contact preferences - People who help us - Qualities as a friend and person - Self-acknowledgement - Being a good friend to myself - Celebrating special relationships	- Life cycles – animal and human - Changes in me - Changes since being a baby - Differences between female and male bodies (correct terminology) - Linking growing and learning - Coping with change - Transition
 Ages 6–7	- Hopes and fears for the year - Rights and responsibilities - Rewards and consequences - Safe and fair learning environment - Valuing contributions - Choices - Recognising feelings	- Assumptions and stereotypes about gender - Understanding bullying - Standing up for self and others - Making new friends - Celebrating difference and remaining friends	- Achieving realistic goals - Staying healthy to achieve goals - Perseverance and strengths - Learning with others - Group co-operation - Contributing to and sharing success	- Motivation - Healthier choices - Healthy eating and nutrition - Safety in the home - Safety out and about - Medicines	- Different types of family - Physical contact boundaries - Friendship and conflict - Secrets - Trust and appreciation - Expressing appreciation for special relationships	- Life cycles in nature - Growing from young to old - Increasing independence - Differences in female and male bodies (correct terminology) - Assertiveness - Preparing for transition
 Ages 7–8	- Seeing personal goals - Self-identity and worth - Positivity in challenges - Rules, rights and responsibilities - Rewards and consequences - Responsible choices - Seeing things from others' perspectives	- Families and their differences - Family conflict and how to manage it (child centred) - Witnessing bullying and how to solve it - Recognising how words can be hurtful - Giving and receiving compliments	- Difficult challenges and achieving success - Dreams and ambitions - Motivation and enthusiasm - Recognising and trying to overcome obstacles - Evaluating learning processes - Contributing to the community - Managing feelings - Simple budgeting	- Exercise - Food labelling and healthy swaps - Attitudes towards drugs - Keeping safe online and offline - Respect for myself and others - Healthy and safe choices outdoors - Water safety - Asking for help	- Family roles and responsibilities - Friendship and negotiation - Keeping safe online and who to go to for help - Media influence - Being a global citizen - How my choices affect others - Awareness of other children's different lives - Expressing appreciation for family and friends	- How babies grow - Outside body changes - Inside body changes - Personal hygiene - Family stereotypes - Challenging my ideas - Preparing for transition
 Ages 8–9	- Being part of a class team - Being a school citizen - Rights, responsibilities and democracy (school council) - Rewards and consequences - Group decision-making - Having a voice - What motivates behaviour	- Challenging assumptions - Judging by appearance - Accepting self and others - Understanding influences - Understanding bullying - Problem-solving - Identifying how special and unique everyone is				