



Welcome to our April newsletter! I cannot believe that we are at the end of the Spring Term already! This term has been a packed one full of wonderful events. We would like to thank you all sincerely for your continued support and the whole of Team Enfield would like to wish you all a fabulous Easter Break.



Red Nose Day- Thank you to all who donated to our Red Nose Day appeal. We raised a magnificent £237.20! A big thank you to our wonderful kitchen team for preparing all of our delicious cakes!!

Reading, a message from Mrs Johnson- The library is now in use and children have loved using it. They have explored the books and love having stories read to them whilst lounging on the bean bags and cushions. Over the next few weeks, they will be bringing their library books home to enjoy with you. Children will need to bring back books once they have read them so that they can change them for another. Here are our authors of Summer Term 1. Don't forget if you have a book at home by either of these authors it would be great if you could bring them in and share them with your class.



KS2 Author Of The Term

Thomas Taylor
Thomas Taylor is an award-winning author-illustrator for children







He illustrated the cover for the very first Harry Potter and the Philosopher's Stone and has since gone on to write and illustrate several picture books and young novels. The first title in his Eerie-on-Sea Mystery series, Malamander, was published to huge acclaim in 2019 and the series has been translated into 20 different languages to date. Thomas lives on the south coast of England

KS1 Author Of The Term

Jane Cabrerar
Jane Cabrera is an award winning Author, Illustrator and Artist

She has written and illustrated 61 books in the last 27 years, which have sold in their millions into more than 25 countries and have won awards in the UK, US and Europe. Her books range from baby board books up to early years picture books. She is especially well known in the USA. Jane also has a Fine Art practice and is about to study an MA in Fine Art at City & Guilds of London Art School. She grew up just outside London and now lives in Devon. She has 2 grown up children

Attendance-

KEY			
	Banding	%	Number of children
	100%	20%	29
	95-99.9%	52%	75
	90-94.9%	20%	29
	85-89.9%	3%	5
	80-84.9%	1%	2
	70-79.9%	3%	4

Thank you to everyone for your efforts to ensure that your child attends school daily. We currently have 20% of our school community with 100% attendance and that is a significant achievement! Attendance at school will continue to be a high priority and will be monitored closely with support being offered to families where it is needed.

School Council- We are so proud of the school council this term, who have taken on many endeavours and succeeded in being young professionals throughout! This week, they have begun their fundraising efforts by organising and coordinating a talent show, to raise money for new bike racks. Many pupils have entered and the talent on display has been wonderful! The ideas for fundraising don't stop there, so keep your eyes peeled for exciting new opportunities next half term (penalty shoot-outs inbound!)

Rocksteady- Our rocking bands have worked so hard this half term to produce and rehearse some amazing music with our musical partners Rocksteady! In an assembly this week, the bands took to the stage and performed to parents and pupils and impressed us all with their new musical talents! These bands will now begin learning new songs and keep on enhancing their musical skills. Further spaces are available for more children to join our Rocksteady bands, so if you are interested in helping your child become a rock star, contact the office for further information and application. Keep rocking bands!

Wellbeing Ambassadors – Mrs Sargent has been working closely with our Wellbeing Ambassadors and together they have been coming up with some ideas for how to improve mental wellbeing for all children at Enfield. They have decided they would like to run '**silly sock Friday**'. Every Friday after the Easter holidays, they would like children to come to school wearing any combination of socks they would like to with the aim of making each other laugh and to express themselves. If your child would like to take part, please feel free to get creative with your socks!

Dates for your diary-

APRIL	
Friday 4 th April	Break up for Easter holidays 2.15pm
Tuesday 22 nd April	Children return to school
MAY	
Thursday 8 th May	80 th Anniversary of VE day celebrations
W/C Monday 12 th May	Year 6 SATs week
Friday 23 rd May	Break up for May half term 3.15pm
JUNE	
Monday 2 nd June	Teacher Training Day
Tuesday 3 rd June	Children return to school
Friday 13 th - Monday 16 th June	Year 5/6 visit to PGL
JULY	
Tuesday 1 st and Wednesday 2 nd July	Caistor Grammar Induction Days for Year 6
Wednesday 9 th July	Sports Day
Friday 18 th July	Reserve Sports Day
Wednesday 23 rd July	Year 6 Leavers Assembly 9.15am
Friday 25 th July	Break up for Summer Holidays 2.15pm

Enquire Learning Trust Packed Lunch Toolkit- Our Trust have put together a useful Toolkit for parents to use when putting together your child's packed lunch. Please see the attached poster for more information.



built on botheredness...
the **enquire**
learning trust

By choosing the recommended portions from each of the 4 main food groups will ensure your child has a tasty & well-balanced packed lunch to keep them focussed and maximise their learning!

DAIRY & DAIRY FREE ALTERNATIVES



Choose 1 portion -

- Small glass = 150ml semi skimmed milk or dairy free alternative (with added calcium & unsweetened)
- 1 small pot of yoghurt or unsweetened custard
- Match box size (30g) of cheese

Contains calcium that helps to keep teeth & bones healthy

CARBOHYDRATES

Choose 1 portion -

- 1-2 slices of bread
- Small bread roll
- Pitta bread
- 1 dinner plate sized wrap
- 2-3 tablespoons of rice, pasta or other grains
- 2 egg sized potatoes



Provides lots of energy

FRUIT & VEGETABLES

Contains vitamins & minerals which are needed for good health

- Apple
- Banana
- Pear
- Strawberries
- Carrot sticks
- Tomatoes
- Peppers



A portion is a medium sized piece of fruit, or a child's handful of chopped fruit or veg

PROTEIN

Choose 1 portion -

- Eggs
- Poultry - Chicken or Turkey
- Lean Meat - Beef, Pork or Lamb
- Fish - Salmon, Tuna or Sardines
- Non-meat protein - Houmous, Lentils, Beans or Pulses



A portion is the size of your child's palm

Choose a main course - which contains **1** portion of carbohydrate & **1** portion of protein - see above for ideas!

Add some salad or vegetables - using frozen veg or by cooking extra the night before are quick and cost effective options!

Add a little something else - fruit, yoghurt, low sugar jelly, rice cakes, malt loaf are all healthy options!

TASTY TRADES

1. Swap crisps for plain rice cakes
2. Swap sweets, cakes, cereal bars or chocolate for fruit cake, malt loaf or fresh, tinned or frozen fruit
3. Cut back on fat by using reduced fat spread, low fat yoghurt & cheese
4. Swap white bread & pasta for brown versions to keep little tummies fuller for longer

WHEN IT'S HOT THINK ABOUT INCLUDING AN ICE PACK TO KEEP FOOD CHILLED

NO NEED TO PACK A DRINK, WATER WILL BE PROVIDED FOR ALL CHILDREN.