

WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Tomato and Basil Penne Pasta Served with Garlic Bread (Gluten, Milk Soya)	Cottage Pie served with Gravy (Milk So2)	Roast Gammon served with Stuffing, Roast Potatoes and Gravy (Gluten, So2)	Homemade Turkey Kebab, Garlic Mayo & Served with Side Salad (Gluten, Eggs, Mustard)	Traditional Fish Cake served with Chips (Gluten, Fish)
Vegetarian Main Course	Cheese & Tomato Baguette Pizza served with Baby Potatoes (Celery, Gluten, Milk, Sesame Seeds)		Vegetarian Sausage served with Roast Potatoes and Gravy (Gluten, So2)	Winter Vegetable Soup with Crusty Roll (Celery, Gluten, Sesame Seeds)	
Vegetables	Peas & Sweetcorn	Savoy Cabbage & Mashed Swede	Broccoli & Baton Carrots	Sweetcorn & Peas	Garden Peas & Baked Beans
Dessert	Apple and Oat Cookie (Gluten, Eggs) Or Fruit Pot	Jam Sponge With Custard (Gluten, Eggs, Milk, So2) Or Fruit Kebabs	Chocolate Crispy Cake (Gluten) Or Fruit Boat	Gainsborough Tart (Eggs, Milk So2) Or Fruit Pot	Golden Ginger Oat Biscuit (Gluten, Eggs, Milk) Or Fruit boat
Jacket Potato and Sandwich Selection	Jacket Potato with Beans/ Cheese or Tuna Mayo Sandwich 1 -Tuna Sandwich 2- Cheese	Jacket Potato with Beans/ Cheese or Tuna Mayo	Jacket Potato with Beans/ Cheese or Tuna Mayo Sandwich 1 - Ham Sandwich 2- Cheese	Jacket Potato with Beans/ Cheese or Tuna Mayo Sandwich 1 - Ham Sandwich 2- Cheese	Jacket Potato with Beans/ Cheese or Tuna Mayo Sandwich 1 - Ham Sandwich 2- Cheese
Street Food		Sausage Bun (Gluten, Milk, Sesame Seeds, Soya, So2)			

Fresh Baked Jacket Potato with Choice of fillings
Cheese (Milk) Tuna (Eggs, Fish)
Beans
available daily

Selection of freshly made Sandwiches on a choice of breads,
(Wheat, Soya) available
on set Days

Fresh Bread (Wheat, Soya)
Cheese & Crackers (Milk, Gluten)
Salad Selection, Fresh Fruit and
Yoghurts (Milk) available daily



WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Meatless Meatballs and Spaghetti in Homemade Tomato Sauce (Gluten, Eggs, Milk, Mustard)	Homemade Chicken Curry with 50/50 Rice (Celery, Mustard)	Roast Turkey served with Roast Potatoes and Rich Gravy (Milk, So2)	Chicken & Vegetable Pie With Mash Potato and Gravy (Celery, Milk, Gluten, So2)	Gluten Free Fish Served with Chips (Fish)
Vegetarian Main Course		Vegetable Curry with 50/50 Rice (Celery, Gluten, Eggs, Milk, Mustard, Soya)	Quorn Fillet served with Roast Potatoes and Gravy (Milk, Eggs, So2)	Vegetable Sausage served in a Yorkshire Pudding with Mash Potato & Gravy (Gluten, Eggs, Milk, So2)	
Vegetables	Carrot & Peas	Sweetcorn & Carrot Batons	Broccoli & White cabbage	Green beans & Sweetcorn	Garden Peas & Beans
Dessert	Marble Sponge and Custard (Gluten, Eggs, Milk) OR Fruit pot	Carrot Cake (Gluten, Eggs) Or Fruit Kebabs	Fruity Flapjack (Gluten) Or Fruit Boat	Jam and Custard Puff Pastry Tart and Custard (Gluten, Eggs, Milk) Or Fruit Pots	Chocolate Crinkle Biscuit (Gluten, Eggs) Or Fruit Boat
Jacket Potato and Sandwich Selection	Jacket Potato with Beans/ Cheese or Tuna Mayo Sandwich 1 -Tuna Sandwich 2- Cheese	Jacket Potato with Beans/ Cheese or Tuna Mayo	Jacket Potato with Beans/ Cheese or Tuna Mayo Sandwich 1 - Ham Sandwich 2- Cheese	Jacket Potato with Beans/ Cheese or Tuna Mayo	Jacket Potato with Beans/ Cheese or Tuna Mayo Sandwich 1 - Ham Sandwich 2- Cheese
Street Food		Cheese and Tomato Panini (Gluten, Milk)		Hot Cheese and Ham Baguette (Gluten, Milk, Sesame Seeds)	

Fresh Baked Jacket Potato with Choice of fillings
Cheese (Milk) Tuna (Eggs, Fish)
Beans
available daily

Selection of freshly made Sandwiches on a choice of breads
(Wheat, Soya) available on set days

Fresh Bread (Wheat, Soya)
Cheese & Crackers (Milk, Gluten)
Salad Selection, Fresh Fruit and Yoghurts (Milk) available daily



WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Homemade Margarita Pizza served with Green Salad (Celery, Gluten, Eggs, Milk, Soya)	Sweet and Sour Turkey served with 50/50 Rice (Gluten)	Roast Chicken, Roasted Potatoes served with Rich Gravy (Gluten, Eggs Milk, So2)	Mince and Onion Pie served with Mash Potato (Gluten, Milk, So2)	Jumbo Fish Fingers served with Chips (Gluten, Fish, Milk, Mustard)
Vegetarian Main Course		Vegetarian Hotdog with Nachos (Celery, Gluten, Mustard, Sesame Seeds, Soya, So2)	Quorn Fillet served with Roast Potatoes and Gravy (Gluten, Eggs, Milk, So2)		Veggie Burger served with Chips (Gluten, Sesame Seeds)
Vegetables	Sweetcorn & Peas	Savoy Cabbage & Mashed Swede	Broccoli & Baton Carrots	Sweetcorn & Cauliflower	Garden Peas & Baked Beans
Dessert	Homemade Ginger Sponge and Custard (Gluten, Eggs, Milk) Or Fruit pot	Raspberry Bun (Gluten, Eggs, Milk, So2) Or Fruit Kebab	Cherry Shortbread (Gluten, So2) Or Fruit Boat	Rice Pudding served with Fruit Compote (Milk, So2) Or Fruit Pot	Cornflake Tart served with Custard (Gluten, Milk, Soya) Or Fruit Boat
Jackets/ Sandwiches	Jacket Potato with Beans/ Cheese or Tuna Mayo Sandwich 1 -Tuna Sandwich 2- Cheese	Jacket Potato with Beans/ Cheese or Tuna Mayo	Jacket Potato with Beans/ Cheese or Tuna Mayo Sandwich 1 - Ham Sandwich 2- Cheese	Jacket Potato with Beans/ Cheese or Tuna Mayo	Jacket Potato with Beans/ Cheese or Tuna Mayo Sandwich 1 - Ham Sandwich 2-Cheese
		Nacho Hotdog (Celery, Gluten, Mustard, Sesame Seeds, Soya, So2)		Chicken Arrabbiata Pasta (Celery, Gluten)	

Fresh Baked Jacket Potato with Choice of fillings
Cheese (Milk) Tuna (Eggs, Fish) Beans
available daily

Selection of freshly made Sandwiches on a choice of Breads
(Wheat, Soya) available on set days

Fresh Bread (Wheat, Soya)
Cheese & Crackers (Milk, Gluten)
Salad Selection, Fresh Fruit and Yoghurts (Milk) available daily

