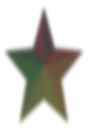
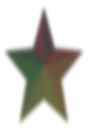
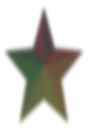
|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **WEEK 1** | **GREEN MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Main Meal** | Meat Free Dippers & Wedges  (Gluten, So2) | Sausage & Mashed Potato  With Yorkshire Pudding & Gravy  (Gluten, So2, Milk, Egg) | Roast Gammon, Stuffing & Roast Potatoes with Gravy  (Gluten, So2) | Chicken Style Pizza Pasta & Garlic Bread  (Celery, Milk, Egg, Gluten, Soya) | Fish Cake or Salmon Fish Fingers & Chips  (Fish, Gluten) |
| **Vegetarian Main Course** | Spring Vegetable Pasta  (Gluten, Milk) | Quorn Sausage & Mashed Potato with Yorkshire Pudding & Gravy  (Gluten, So2, Milk, Egg) | Vegetarian Fillet, Stuffing & Roast Potatoes with Gravy  (Gluten, So2) |  | Vegetable Fingers & Chips  (Gluten) |
| **Street Food & Pasta** |  | Pizza Baguette  (Celery, Milk, Gluten, Sesame) |  | Bacon Butty  (Gluten, Sesame) |  |
| **Jacket Potato with a choice of filling** | Jacket Potato served with Cheese, Tuna Mayonnaise or Beans  (Milk, Fish, Egg) | Jacket Potato served with Cheese, Tuna Mayonnaise or Beans  (Milk, Fish, Egg) | Jacket Potato served with Cheese, Tuna Mayonnaise or Beans  (Milk, Fish, Egg) | Jacket Potato served with Cheese, Tuna Mayonnaise or Beans  (Milk, Fish, Egg) | Jacket Potato Served with Cheese, Tuna Mayonnaise or Beans  (Milk, Fish, Egg) |
| **Sandwich and Wraps** | Cheese Sandwich  (Gluten, Soya, Milk)  Tuna Mayonnaise Sandwich  (Gluten, Soya, Fish, Egg) |  | Cheese Sandwich  (Gluten, Soya, Milk)  Ham Sandwich  (Gluten, Soya) |  | Cheese Sandwich  (Gluten, Soya, Milk)  Ham Sandwich  (Gluten, Soya) |
| **Vegetables** | Peas & Sweetcorn | Green Beans & Swede | Carrots & Broccoli | Cauliflower & Broccoli | Sweetcorn & Beans |
| **Dessert** | Chocolate & Vanilla Biscuit  (Gluten, Milk, Soya)  or  Fresh Fruit Pot | Orange Biscuit  (Gluten, Soya)  Or  Fresh Fruit Pot | Ice Cream  (Milk)  or  Fresh Fruit Pot | Strawberry Flapjack  (Gluten)  Or  Fresh Fruit Pot | Viennese Whirl  (Gluten, Soya)  Or  Fresh Fruit Pot |



|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **WEEK 2** | **GREEN MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Main Meal** | Cheese & Tomato Pizza with Wedges  (Gluten, Celery, Milk, Soya, Egg) | Chicken Pasta & Garlic Bread  (Gluten, Egg, Milk, Soya) | Roast chicken, Mashed Potatoes & Yorkshire Pudding with Gravy  (Gluten, Milk, Egg, So2) | Roast Pork, New Potatoes & Gravy  (So2) | Jumbo Fish Fingers & Chips  (Fish, Milk, Mustard, Gluten) |
| **Vegetarian Main Course** |  | Tomato & Basil Pasta & Garlic Bread  (Gluten, Milk, Soya) | Vegetarian Sausage, Mashed Potatoes & Yorkshire Pudding with Gravy  (Gluten, So2, Milk, Egg) | Quorn Fillet & New Potatoes with Gravy  (Gluten, So2) | Omelette & Chips  (Egg, Milk, Soya) |
| **Street Food or Pasta Kitchen** |  | Cheese & Baked Bean Wrap  (Gluten, Milk) |  | Tuna & Cheese Melt Panini  (Gluten, Milk, Egg, Fish, Sesame) |  |
| **Jacket Potato with a choice of filling** | Jacket Potato served with Cheese, Tuna Mayonnaise or Beans  (Milk, Fish, Egg) | Jacket Potato served with Cheese, Tuna Mayonnaise or Beans  (Milk, Fish, Egg) | Jacket Potato served with Cheese, Tuna Mayonnaise or Beans  (Milk, Fish, Egg) | Jacket Potato served  with Cheese, Tuna Mayonnaise or Beans  (Milk, Fish, Egg) | Jacket Potato served with Cheese, Tuna Mayonnaise or Beans  (Milk, Fish, Egg) |
| **sandwich** | Cheese Sandwich  (Gluten, Soya Milk)  Tuna Mayonnaise Sandwich  (Gluten, Soya, Fish, Egg) |  | Cheese Sandwich  (Gluten, Soya, Milk)  Ham Sandwich  (Gluten, Soya) |  | Cheese Sandwich  (Gluten, Soya, Milk)  Ham Sandwich  (Gluten, Soya) |
| **Vegetables** | Beans & Sweetcorn | Cabbage & Carrots | Cauliflower Cheese &  Broccoli | Peas & Carrots | Sweetcorn & Beans |
| **Dessert** | Ginger sponge & Cream  (Gluten, Egg, Milk, Soya)  Fresh Fruit Pot | Oat Biscuit  (Gluten, Egg, Milk, Soya)  Fresh Fruit Pot | Ice Cream  (Milk)  Fresh Fruit Pot | Pineapple Upside Down Cake & Custard  (Gluten, Egg, Soya, Milk)  Fresh Fruit Pot | Beetroot Brownie  (Gluten, Egg, Milk, Soya)  Fresh Fruit Pot |



|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **WEEK 3** | **GREEN MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Main Meal** | Cheese & Tomato Pizza & Wedges  (Gluten, Milk, Celery, Soya, Egg) | Chinese Chicken Curry & Rice  (Gluten, Soya, Mustard) | Roast Turkey, Roast Potatoes & Yorkshire Pudding with Gravy  (Gluten, So2, Milk, Egg) | Spaghetti Bolognaise & Garlic Bread  (Gluten, Soya, Egg, Milk) | Gluten Free Fish  & Chips  (Fish) |
| **Vegetarian Main Course** |  |  | Vegetarian Fillet, Roast Potatoes & Yorkshire Pudding with Gravy  (Gluten, So2, Milk, Egg) |  | Cheese whirl & Chips  (Gluten, Egg, Milk, So2) |
| **Street Food or Pasta Kitchen** |  | Fish Finger Butty & Ketchup  (Gluten, Fish, Milk, Mustard, Sesame) |  | Cheese & Tomato Toasted Baguette  (Gluten, Milk, Sesame) |  |
| **Jacket Potato with a choice of filling** | Jacket Potato served with Cheese, Tuna Mayonnaise or Beans  (Milk, Fish, Egg) | Jacket Potato served with Cheese, Tuna Mayonnaise or Beans  (Milk, Fish, Egg) | Jacket Potato served with Cheese, Tuna Mayonnaise or Beans  (Milk, Fish, Egg) | Jacket Potato served with Cheese, Tuna Mayonnaise or Beans  (Milk, Fish, Egg) | Jacket Potato served with Cheese, Tuna Mayonnaise or Beans  (Milk, Fish, Egg) |
| **Sandwich** | Cheese Sandwich  (gluten, Soya, Milk)  Tuna Mayonnaise Sandwich  (Gluten, Soya, Fish, Egg) |  | Cheese Sandwich  (Gluten, Soya, Milk)  Ham Sandwich  (Gluten, Soya) |  | Cheese Sandwich  (Gluten, Soya, Milk)  Ham Sandwich  (Gluten, Soya) |
| **Vegetables** | Beans & Sweetcorn | Green Beans & Swede | Carrots & Cauliflower | Cabbage & Carrots | Sweetcorn & Beans |
| **Dessert** | Banana Muffin  (Gluten, Egg, Soya)  Or Fresh Fruit Pot | Lemon Drizzle Cake  (Gluten, Egg, Milk, Soya)  or Fresh Fruit Pot | Chocolate Shortbread Biscuit  (Gluten)  or Fresh Fruit Pot | Apricot Shortbread  (Gluten)  or Fresh Fruit Pot | Strawberry Jelly  or  Fresh Fruit Pot |

