

# Enfield Academy Physical Education Long Term Plan 2023/2024

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
FS1	Introduction to PE - Unit 1 (EYFS)	Fundamentals - Unit 1 (EYFS)	Dance - Unit 1 (EYFS)	Gymnastics - Unit 1 (EYFS)	Ball Skills - Unit 1 (EYFS)	Games - Unit 1 (EYFS)
FS2	Introduction to PE - Unit 2 (EYFS)	Fundamentals - Unit 2 (EYFS)	Dance - Unit 2 (EYFS)	Gymnastics - Unit 2 (EYFS)	Ball Skills - Unit 2 (EYFS)	Games - Unit 2 (EYFS)
1	Ball Skills (Year 1)	Indoor Athletics	Gymnastics (Year 1)	Net and Wall (Year 1)	Striking and Fielding (Year 1)	Invasion Games (Year 1)
	Fundamentals (Year 1)	Fitness (Year 1)	Dance (Year 1)	Yoga (Year 1)	Athletics (Year 1)	Team Building (Year 1)
2	Ball Skills (Year 2)	Indoor Athletics	Gymnastics (Year 2)	Net and Wall (Year 2)	Striking and Fielding (Year 2)	Invasion Games (Year 2)
	Fundamentals (Year 2)	Fitness (Year 2)	Dance (Year 2)	Yoga (Year 2)	Athletics (Year 2)	Team Building (Year 2)
3/4	Tennis (Year 3)	Indoor Athletics	Gymnastics (Year 3)	OAA (Year 3/4)	Cricket (Year 3/4)	Basketball (Year 3/4)
	Fundamentals (Year 3/4)	Fitness (Year 3)	Dodgeball (Year 3/4)	Dance (Year 3)	Athletics (Year 3)	Football (Year 3/4)
	Year 4 - Swimming					
4/5	Tennis (Year 5)	Indoor Athletics	Gymnastics (Year 5)	OAA (Year 5)	Cricket (Year 4)	Basketball (Year 5)
	TAG Rugby (Year 4)	Yoga (Year 5)	Fitness (Year 5)	Dance (Year 5)	Athletics (Year 5)	Rounders (Year 5)
6	Tennis (Year 6)	Indoor Athletics	Gymnastics (Year 6)	OAA (Year 6)	Cricket (Year 6)	Basketball (Year 6)
	Netball (Year 5/6)	Handball (Year 5/6)	Dodgeball (Year 5/6)	Dance (Year 6)	Athletics (Year 6)	Football (Year 6)