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| --- | --- | --- | --- | --- | --- | --- |
| **Year group** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| FS1 | Introduction to PE – Unit 1  (EYFS) | Fundamentals – Unit 1  (EYFS) | Dance – Unit 1  (EYFS) | Gymnastics – Unit 1  (EYFS) | Ball Skills – Unit 1  (EYFS) | Games – Unit 1  (EYFS) |
| FS2 | Introduction to PE – Unit 2  (EYFS) | Fundamentals – Unit 2  (EYFS) | Dance – Unit 2  (EYFS) | Gymnastics – Unit 2  (EYFS) | Ball Skills – Unit 2  (EYFS) | Games – Unit 2  (EYFS) |
| 1 | Ball Skills  (Year 1) | Indoor Athletics | Gymnastics  (Year 1) | Net and Wall  (Year 1) | Striking and Fielding  (Year 1) | Invasion Games  (Year 1) |
| Fundamentals  (Year 1) | Fitness  (Year 1) | Dance  (Year 1) | Yoga  (Year 1) | Athletics  (Year 1) | Team Building  (Year 1) |
| 2 | Ball Skills  (Year 2) | Indoor Athletics | Gymnastics  (Year 2) | Net and Wall  (Year 2) | Striking and Fielding  (Year 2) | Invasion Games  (Year 2) |
| Fundamentals  (Year 2) | Fitness  (Year 2) | Dance  (Year 2) | Yoga  (Year 2) | Athletics  (Year 2) | Team Building  (Year 2) |
| 3 | Tennis  (Year 3) | Indoor Athletics | Gymnastics  (Year 3) | OAA  (Year 3/4) | Cricket  (Year 3/4) | Basketball  (Year 3/4) |
| Fundamentals  (Year 3/4) | Fitness  (Year 3) | Dodgeball  (Year 3/4) | Dance  (Year 3) | Athletics  (Year 3) | Football  (Year 3/4) |
| 4/5 | Tennis  (Year 5) | Indoor Athletics | Gymnastics  (Year 5) | OAA  (Year 5) | Cricket  (Year 4) | Basketball  (Year 5) |
| TAG Rugby  (Year 4) | Yoga  (Year 5) | Fitness  (Year 5) | Dance  (Year 5) | Athletics  (Year 5) | Rounders  (Year 5) |
| Year 4 - Swimming | |  |  |  |  |
| 5/6 | Tennis  (Year 6) | Indoor Athletics | Gymnastics  (Year 6) | OAA  (Year 6) | Cricket  (Year 5) | Basketball  (Year 6) |
| Netball  (Year 5/6) | Handball  (Year 5/6) | Dodgeball  (Year 5/6) | Dance  (Year 6) | Athletics  (Year 6) | Football  (Year 6) |

Coach led

Teacher led