

WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Wholemeal Margherita Pizza with homemade Coleslaw	Cottage Pie	Roast of the Day with Gravy	Chicken Curry & Brown Rice	Jumbo Fish Fingers & Chips
Vegetables	Green Beans & Sweetcorn	Broccoli & Carrot Batons	Vegetable Medley & Roast Potatoes	Cauliflower & Carrots	Peas & Baked Beans
Jacket Potato & Sandwich Selection	Jacket Potato with Beans/Cheese or Tuna Mayo Sandwich 1 - Tuna Sandwich 2 - Cheese	Jacket Potato with Beans/Cheese or Tuna Mayo Sandwich 1-Ham Sandwich 2 - Cheese	Jacket Potato with Beans/Cheese or Tuna Mayo Sandwich 1-Egg Mayo Sandwich 2 - Cheese	Jacket Potato with Beans/Cheese or Tuna Mayo Sandwich 1-Ham Sandwich 2 - Cheese	Jacket Potato with Beans/Cheese or Tuna Mayo Sandwich 1-Tuna Sandwich 2 - Cheese
Dessert	Peach Melba & Custard Fruit Salad	Cherry Shortcake & Custard Fruit Pots	Ginger Sponge & White Sauce Fruit Kebabs	Apple Crumble & Custard Fruit Boats	Beetroot Brownie & Custard Fruit Salad

Fresh Baked Jacket Potato with
Choice of fillings
Cheese, Tuna, Beans
available daily

Selection of freshly made
sandwiches on a choice of breads
available daily

Fresh Bread, Cheese & Crackers,
Salad Selection, Fresh Fruit and
Yoghurts available daily

WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Vegetable Bolognese (Quorn)	Tuna & Salmon Pasta Bake	Roast of the Day with Gravy	Lasagne & Garlic Bread	Salt & Vinegar Fish & Chips
Vegetables	Peas & Carrots	Broccoli & Carrot Batons	Savoy Cabbage, Cauliflower & Roast Potatoes	Broccoli or Salad	Sweetcorn & Baked Beans
Jacket Potato & Sandwich Selection	Jacket Potato with Beans/Cheese or Tuna Mayo Sandwich 1-Egg Mayo Sandwich 2 - Cheese	Jacket Potato with Beans/Cheese or Tuna Mayo Sandwich 1-Ham Sandwich 2 - Cheese	Jacket Potato with Beans/Cheese or Tuna Mayo Sandwich 1-Tuna Sandwich 2 - Cheese	Jacket Potato with Beans/Cheese or Tuna Mayo Sandwich 1-Ham Sandwich 2 –Egg Mayo	Jacket Potato with Beans/Cheese or Tuna Mayo Sandwich 1-Tuna Sandwich 2 - Cheese
Dessert	Fruit Flapjack Fruit Pot	Cornflake Tart & Custard Fruit Kebabs	Rice Pudding & Fruit Compote Fruit Salad	Courgette Sponge & Custard Fruit Boats	Banoffee Pie Fruit Salad

WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Vegetarian Lasagne (Quorn)	Shepherds Pie	Roast of the Day with Gravy	Chicken Pasta in Tomato Sauce with Garlic Bread	Salmon Fish Fingers & Chips
Vegetables	Broccoli & Carrots or Corn on the Cob	Green Beans & Carrots or Salad	Sprouts, Honey Glazed Parsnips & Roast Potatoes	Cauliflower & Carrots	Mushy Peas & Beans
Jacket Potato & Sandwich Selection	Jacket Potato with Beans/Cheese or Tuna Mayo Sandwich 1-Tuna Sandwich 2 - Cheese	Jacket Potato with Beans/Cheese or Tuna Mayo Sandwich 1 - Ham Sandwich 2 –Egg Mayo	Jacket Potato with Beans/Cheese or Tuna Mayo Sandwich 1 - Tuna Sandwich 2 - Cheese	Jacket Potato with Beans/Cheese or Tuna Mayo Sandwich 1-Ham Sandwich 2-EggMayo	Jacket Potato with Beans/Cheese or Tuna Mayo Sandwich 1-Tuna Sandwich 2 - Cheese
Dessert	Carrot & Orange Cake Fruit Salad	Jam Roly Poly & Custard Fruit Kebab	Manderin Orange Sponge & Chocolate Sauce Fruit Pot	Apple Crumble & Custard Fruit Boats	Ginger Biscuit & Milk Fruit Salad