




WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Pork Meatballs in Tomato Sauce with Pasta	Beef Hotpot	Roast Chicken with Yorkshire puddings, Roast Potatoes & Gravy	Chicken Curry, Mixed Rice with Mini Garlic Naan	Cheese & Tomato Pizza & Seasoned Wedges
ACCOMPANIMENTS 	Seasonal Vegetables Salad Bar	Seasonal Vegetables Salad Bar	Seasonal Vegetables Salad Bar	Seasonal Vegetables Salad Bar	Seasonal Vegetables Salad Bar
DESSERTS	Chocolate & Orange Sponge & Custard	Fruit Muffin	Biscuits with Fresh Fruit 	Fruity Flapjack	Fruit Scone
FRESH FRUIT OR YOGHURT 	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket Potato with Beans or Cheese <u>Sandwich Selection</u> Tuna or Cheese	Jacket Potato with Tuna Mayonnaise or Cheese <u>Sandwich Selection</u> Turkey or Cheese	Jacket Potato with Beans or Cheese <u>Sandwich Selection</u> Ham or Egg Mayo	Jacket Potato with Tuna Mayonnaise or Cheese <u>Sandwich Selection</u> Turkey or Tuna	Jacket Potato with Beans or Cheese <u>Sandwich Selection</u> Ham or Cheese



MENU



Quench your thirst with free fresh drinking water available daily

-  - MEAT FREE MONDAY
-  - 1 OF YOUR 5 A DAY
-  - CHEF'S CHOICE