



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MONDAY	Pizza of the Day Wedges	Chicken Curry & Jewelled Rice	Roast Beef with Yorkshire puddings, roast potatoes and gravy	Pork Meatballs with Tomato Pasta	Fish of the day with chips
TUESDAY 5	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
WEDNESDAY	Jam & Coconut Sponge & Custard	Shortbread & Fruit	Fruit Muffin	Chocolate Crunch	Fruit & Ice cream
THURSDAY	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
FRIDAY	Jacket Potato with Beans or Cheese Sandwich selection Ham or Cheese	Jacket Potato with Tuna or Cheese Sandwich selection Turkey or Cheese	Jacket Potato with Beans or Cheese Sandwich selection Tuna Mayonnaise or Egg	Jacket Potato with Tuna Mayonnaise or Cheese Sandwich selection Ham or Cheese	Jacket Potato with Beans or Cheese Sandwich selection Egg or Cheese





Ouench your thirst with free fresh drinking water available daily



- MEAT FREE MONDAY



-1 OF YOUR 5 A DAY



- CHEF'S CHOICE