

Week I Monday

Tuna & Veg Pasta &Salad

Scouse

Quorn Scouse .

Shortbread Biscuit

| Tuesday |

Big Breakfast

V Cheese Pie & Baked Beans

Oat, Apple & Honey Slice

| Wednesday

Beef Bolognaise & Garlic Bread with side salad

V Quorn & Bean Chilli with boiled rice

Fruit Jelly & Cream

Thursday

Chicken fillet, carrots & peas, roast potato

Sweet potato & Chickpea curry with vegetable rice

Fruit sponge & custard

Friday

Fishy Friday, Garden Peas & Sweetcorn, Chipped Potatoes

V Broccoli & Cauli Cheesy pasta bake

Chocolate & banana brownie

Available daily:



Fresh sandwiches, jacket potatoes ith fillings, salad and fresh bread

Also available daily:

Fat free yoghurt, fresh fruit, fresh fruit juice, semi skimmed milk and fresh water

Primary Menu September 2023

Week 2

Monday

Cook's Choice Pizza, Coleslaw, Salad, 1/2 Jacket Potato

V Tomato, basil & roasted vegetable pasta

Peach & Pineapple flapjack

Tuesday

Oven baked sausage, mashed potato & Peas

V Veggie curry with rice & naan bread

Homemade biscuit & fresh fruit slice

Wednesday

Chicken Korma Curry, with rice and naan bread

V Vegetable tray bake & crispy salad

Jam sponge & custard

Thursday

Honey Glazed Gammon, Vegetables, Paprika Roast Potatoes & Gravy

Cheese & Potato puff & baked beans

ice cream pot

Fishy Friday, Mushy Peas, Chipped Potatoes

V Veggie fajitas with mixed salad & chipped potatoes

Lemon drizzle cake

Week 3 Monday

Sausage Roll, wedges & beans

V Veggie cottage pie & greens

Fruity oat cookie®

Tuesday

Chicken Tikka Curry, Rice, Naan

Salmon quiche with salad sticks & potato wedges

Vanilla cup cake

Wednesday

Meatballs, cream potato & mixed vegetables

V Quorn Bolognese with pasta and onion bread

Marble cake

Thursday

Roast Turkey & Gravy, Sweetcorn, Green Beans, Potatoes

V Cheese, onion & salmon frittata with jacket potato & salad

> Frozen yoghurt pot Friday

Fishy Friday, Peas & Sweetcorn, **Chipped Potatoes**

V Bean & cheese quesadilla with crispy mixed salad and chipped potatoes

Fruit Cookie











