English Martyrs Catholic Primary School - *Through Christ we believe, inspire, achieve*.

PSHE and Personal Development Curriculum Map 2026 -2027

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Nursery	Zones of Regulation Journey in Love - Wonder at God's Love	Zones of Regulation Journey in Love - Wonder at God's Love	Zones of Regulation Journey in Love - Wonder at God's Love	Zones of Regulation Journey in Love - Wonder at God's Love	Zones of Regulation Journey in Love - Wonder at God's Love	Zones of Regulation Journey in Love - Wonder at God's Love
PSED	By the end of Nursery, the children will be expected to select and use activities and resources, with help when needed. Develop a sense of responsibility and membership of a community. Show more confidence in new social situations and become more outgoing with school staff. The children will have opportunities to play with other children, to help extend and elaborate their ideas. The children will be familiar with our school rules and be able to follow these on most occasions. The children will be encouraged to solve conflicts and talk about their feelings. They will begin to understand how others may feel.					
Reception	Zones of Regulation Journey in Love - God Loves Each of Us in Our Uniqueness Life to the Full Plus - Created and Loved by God	Zones of Regulation Journey in Love - God Loves Each of Us in Our Uniqueness Life to the Full Plus - Created and Loved by God	Zones of Regulation Journey in Love - God Loves Each of Us in Our Uniqueness Life to the Full Plus - Created to Love Others	Zones of Regulation Journey in Love - God Loves Each of Us in Our Uniqueness Life to the Full Plus - Created to Love Others	Zones of Regulation Journey in Love - God Loves Each of Us in Our Uniqueness Life to the Full Plus - Created to live in the Community	Zones of Regulation Journey in Love - God Loves Each of Us in Our Uniqueness Life to the Full Plus - Created to live in the Community
PSED	By the end of Reception, children will be expected to have an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. The children will be able to give focused attention to what the teacher says and respond appropriately even when engaged in activity. We aim for all children to show confidence to try new activities and show independence, resilience and perseverance in the face of challenge. It is expected that children will be able to manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. Children will have opportunities to work and play cooperatively, taking turns with others, allowing them to form positive attachments to adults and create friendships with peers.					
Year 1	Zones of Regulation Journey in Love - We meet God's love in our family Life to the Full Plus - Created and Loved by God	Zones of Regulation A Journey in Love - We meet God's love in our family Life to the Full Plus - Created and Loved by God	Zones of Regulation A Journey in Love - We meet God's love in our family Life to the Full Plus - Created to Love Others	Zones of Regulation A Journey in Love - We meet God's love in our family Life to the Full Plus - Created to Love Others	Zones of Regulation A Journey in Love - We meet God's love in our family Life to the Full Plus - Created to live in the Community	Zones of Regulation A Journey in Love - We meet God's love in our family Life to the Full Plus - Created to Live in the Community
Year 2	Zones of Regulation Journey in Love - We meet God's love in the Community Life to the Full Plus - Created and Loved by God	Zones of Regulation Journey in Love - We meet God's love in the Community Life to the Full Plus - Created and Loved by God	Zones of Regulation Journey in Love - We meet God's love in the Community LIfe to the Full Plus - Created to Love Others	Zones of Regulation Journey in Love - We meet God's love in the Community Life to the Full Plus - Created to Love Others	Zones of Regulation Journey in Love - We meet God's love in the Community Life to the Full Plus - Created to Live in Community My Money Week	Zones of Regulation Journey in Love - We meet God's love in the Community Life to the Full Plus - Created to Live in Community
Year 3	Zones of Regulation Journey in Love - How We Live in Love Life to the Full Plus - Created and Loved by God	Zones of Regulation Journey in Love - How We Live in Love Life to the Full Plus - Created and Loved by God	Zones of Regulation Journey in Love - How We Live in Love Life to the Full Plus - Created and Loved by God	Zones of Regulation Journey in Love - How We Live in Love Life to the Full Plus - Created and Loved by God	Zones of Regulation Journey in Love - How We Live in Love Life to the Full - Created and Loved by God	Zones of Regulation Journey in Love - How We Live in Love Life to the Full Plus - Created and Loved by God
Year 4	Zones of Regulation Journey in Love - God Loves Us in Our	Zones of Regulation Journey in Love - God Loves Us in Our	Zones of Regulation Journey in Love - God Loves Us in Our	Zones of Regulation Journey in Love - God Loves Us in Our	Zones of Regulation Journey in Love - God Loves Us in Our	Zones of Regulation Journey in Love - God Loves Us In Our

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	Differences **Life To The Full Plus- Created and Loved by God**	**Differences** **Life To The Full Plus- Created and Loved by God**	**Differences** **Life To The Full Plus - Created to Love Others**	**Differences** **Life To The Full Plus- Created to Love Others**	**Differences** **Life To The Full Plus- Created to Live in Community**	**Differences** **Life To The Full Plus- Created to Live in Community**
Year 5	**Zones of Regulation** **Journey in Love - God Loves Me in My Changing and Development** **Life to the Full Plus - Created and Loved by God**	**Zones of Regulation** **Journey in Love - God Loves Me in My Changing and Development** **Life to the Full Plus - Created and Loved by God**	**Zones of Regulation** **Journey in Love - God Loves Me in My Changing and Development** **Life to the Full Plus - Created to Love Others**	**Zones of Regulation** **Journey in Love - God Loves Me in My Changing and Development** **Life to the Full - Created to Love Others**	**Zones of Regulation** **Journey in Love - God Loves Me in My Changing and Development** **Life to the Full - Created to Live in Community** **My Money Week**	**Zones of Regulation** **Journey in Love - God Loves Me in My Changing and Development** **Life to the Full - Created to Live in Community**
Year 6	**Zones of Regulation** **Journey in Love - The Wonder of God's Love in Creating New Life** **Life to the Full Plus - Created and Loved by God**	**Zones of Regulation** **Journey in Love - The Wonder of God's Love in Creating New Life** **Life to the Full Plus - Created and Loved by God** **G.A.N.G.S**	**Zones of Regulation** **Journey in Love - The Wonder of God's Love in Creating New Life** **Life to the Full Plus - Created to Love Others**	**Zones of Regulation** **Journey in Love - The Wonder of God's Love in Creating New Life** **Life to the Full Plus - Created to Love Others**	**Zones of Regulation** **Journey in Love - The Wonder of God's Love in Creating New Life** **Life to the Full PLus - Created to Live in Community**	**Zones of Regulation** **Journey in Love - The Wonder of God's Love in Creating New Life** **Life to the Full Plus - Created to Live in Community** **Bikeability**