



PSHE / RSHE- EYFS Curriculum Map

Term	Topic	Coverage	One decision links
Autumn 1	Being me in my world	- Developing relationships - Understanding feelings - Managing behaviour -using rainbow rules	- Pink feels sad - Blue learns to share - Pink misses mummy - Pink goes to school - Yellow wants to play with orange - Rainbow feels angry - Orange feels worried
	Healthy Me	- Hygiene and hand washing - Exercise	I can wash my hands
Autumn 2	Celebrating differences	- Uniqueness - what makes me special - Families and homes - Making friends - Anti-bullying	- Why does purple play differently? - Red's nut allergy - Orange moves house - Pink has a new brother - Red's hearing aid - Green gets glasses - Yellow's bedtime
	Healthy me	Sleep	
Spring 1	KidSafe	- Recognising yucky feelings - Stranger danger - Telling a trusted adult - Staying safe on the internet	Pinks screen time
Spring 2	Relationships	- Making friends - Dealing with falling out - Being a good friend	- Blue's best friend - Blue learns to share - Yellow wants to play with orange - Yellow play fights - Orange helps out - Red visits the dentist - Orange brushes her teeth
	Healthy me	Teeth cleaning	

Summer 1	Dreams and goals Healthy me	• Never giving up • Goal setting • Overcoming obstacles • Diet	• <i>Green's greens</i> • Healthy dinner • My goal • Rainbow's food journey
Summer 2	Changing me	• Growing up • Changes and getting used to these • Getting ready for year one	• Blue explores Road Safety • Blue feels worried • Green is moving up a year

- These are subject to change if a particular need arises.