

Euxton Primrose Hill

WEDNESDAY WEEKLY

4th February 2026

www.primrosehillschool.org.uk X - @EuxtonPH

"Together We Will Make A Difference."

HEADTEACHER MESSAGE

It has been another good week in school, and it has been lovely to notice the lighter mornings and evenings beginning to return, a small but very welcome sign that spring is on its way.

I would like to share a staffing update with you. Mrs Pendleton will be leaving us in her role as Teaching Assistant in K2, at the end of February, as she begins an exciting new chapter in her teaching career. We would all like to thank Mrs Pendleton for her hard work, care and support during her time with us, and we wish her every success, happiness and good luck for the future.

As a result of this change, Mrs Holt will be moving from Elm Class to Everest Class. She will be joining the class for some sessions over the next few weeks to support a smooth transition. In addition, Miss Kingston, who has been working across school since September 2025, will be joining Elm Class as a Teaching Assistant.

Thank you, as always, for your continued support. I hope you all have a lovely weekend when it comes.

Best wishes

Mrs Claire Jones
Headteacher

ARBOR SCHOOL APP



Please make sure you are signed up to the Arbor App, which will soon be our main way of communicating with parents and carers.

Thank you to the **97% of parents who have already logged in** - we really appreciate your support.

To access Arbor, visit <https://login.arbor.sc> and enter the email address held by the school. If needed, click "**Forgot your password?**" to set one.

If you have any problems logging in or don't receive an email, please contact the school office so we can help.

Attendance & Absence

We strongly encourage good attendance to support your child's learning and progress.

- ◆ If your child is unwell, please contact the school office by 9:00am on each day of absence.

📞 01257 276688

✉️ office@primrosehill-euxton.lancs.sch.uk

- ◆ Be specific:

It's important to give a clear reason – for example:

✓ "Tonsillitis" or "Sickness and temperature"

✗ Not just "unwell" or "poorly".

This helps us meet safeguarding and health requirements

Communicating with Us

If you need to get in touch, please email the school office in the first instance:

✉️ office@primrosehill-euxton.lancs.sch.uk

Your message will be passed on to the relevant member of staff.

We aim to respond as soon as we can, but please allow up to 48 hours for a reply during term time.

For urgent matters during the school day, please phone the school office directly on: 01257 276688

⚠️ If You're Concerned About Something...

We want to work in partnership with you.

If you're ever worried or unhappy about a situation, please follow this order of contact, via the school office:

- **Class Teacher** – your first point of contact

- **Phase Leader** – if further support is needed:

YEFS & Year 1 – Mr Danny Tooby

Year 2 – Miss Amie Dobbs

Years 3/4 – Mr Lloyd Davies

Years 5/6 – Miss Molly Burns

- **Assistant Headteacher** – Miss Amie Dobbs

- **Deputy Headteacher** – Mrs Emma Swinburn

Headteacher – Mrs Claire Jones

We're here to help and will always do our best to resolve any concerns quickly and fairly.

👕 Jewellery & Appearance

To keep everyone safe and focused on learning:

- ◆ **No jewellery** – including earrings (studs/spacers), rings, bracelets, necklaces, loom bands, or wristbands

- ◆ **No earrings or spacers** – these are a safety risk, especially during play and PE

- ◆ **No nail varnish or make-up** – children should come to school with natural nails and faces

Thank you for your support!

Tel: 01257 276688 (8:15am-3:45pm)

Email: office@primrosehill-euxton.lancs.sch.uk

Out of school Club, please contact Sarah Collison 07548 944202 or s.collison@primrosehill-euxton.lancs.sch.uk



AUTHOR VISIT DAY - WEDNESDAY 11TH FEBRUARY 2026

Comic book creators Jon Lock & Nich Angell will be visiting our school for Years 2-5 on **Wednesday 11th February 2026** with their hilarious graphic novel *Tiny Hercules* perfect for fans of *Bunny Vs Monkey*, *Dog Man* and any child who loves to laugh!

You can order a signed book direct from ebb & flo bookshop by clicking the link on the form by **Monday 9th February 2026**. (Form attached).



WORLD BOOK DAY SPECIAL LUNCH - THURSDAY 5TH MARCH 2026

We are having a World Book Day Special Lunch on **Thursday 5th March 2026**, which is open to all children. The menu is attached.

If your child is on packed lunches and would like this special lunch, please make a payment of £2.95 for the '26 World Book Day SL' payment item within ParentPay www.parentpay.com/ by **12 noon, Monday 9th February 2026**.

Please note: For children in EYFS, KS1 and children who are entitled to a free school lunch who usually bring a packed lunch but would like to have a 'special dinner' instead, you will need to inform the school office by the set deadline above as there is no payment item in ParentPay.

If your child is already on school lunches they will automatically receive this lunch.

Unfortunately, no late orders can be accepted.

£1 IN A BOX

£1 in a box is open on Parent Pay. Each £1 you pay earns you an equivalent number of entries into the draw. Cut off is **Monday 23 March 2026**.

Good Luck! You've got to be in it, to win it!



SCHOOL LIBRARY

Just a reminder that the library will continue to be open after school on **Wednesdays**.

We'd love to see you there to share some books with your children and hear any ideas you may have for how we can best use this brilliant resource.



HANNAH'S MEMORIAL GARDEN

In November 2024, Hannah, a much loved pupil at Eccleston St Mary's CE Primary School passed away suddenly. She was a very special little girl who brought joy to everyone that knew her, with her infectious smile and her enthusiasm for all she did. The school are now raising funds to create a memorial garden in her honour - a place where the children can play, learn, reflect and remember their friend. Any donations will be greatly appreciated and will help to create a lasting tribute to Hannah and her joyful spirit. Please scan the QR code to visit Hannah's JustGiving page.



Tel: 01257 276688 (8:15am-3:45pm)

Email: office@primrosehill-euxton.lancs.sch.uk

Out of school Club, please contact Sarah Collison 07548 944202 or s.collison@primrosehill-euxton.lancs.sch.uk



Pupil Achievements and Celebrations

Super Pupils

YEAR 6

Everest - Matilda W
K2 - Emily S

EYFS

Beech - Amelia C
Oak - Elsie W

YEAR 5

Mont Blanc - Samuel A
Olympus - Lily F

YEAR 4

Ben Nevis - Isaac F
Snowdon - Ralph D

YEAR 3

Pendle - Oliver P
Rivington - Ezra T

YEAR 1

Ash - Kiera G
Cedar - Evan R

YEAR 2

Maple - Lorenza M
Elm - Arthur B

House Point Winners

KS1
Yellow

KS2
Green



Birthday Books

Thank you to the following pupils for donating their favourite books to celebrate their birthdays this term:

Louie T in Ash - 'Ruby's Worry'
Albie P in Ash - 'Be You BAA-Bara'
Mila S in Cedar - 'Big Bad Owl'
Grace L in Elm - 'The Creakers'



WOW - Walk to School Challenge

Our class winners for the month of January WOW challenge are:

EYFS & KS1 - Maple
KS2 - Mont Blanc



Reminders And To Do



We are a nut free school. Please do not bring any snacks into school which contain nuts, including Nutella, Reese or Kinder Bueno products.

School Notices

Y5 Class Notices

Hothersall Lodge

2nd payment now overdue

Y6 Class Notices

Boreatton Park

Please pay remaining balance

Y6 Sat's Preparation Classes - Please complete the online form using the link below by **Friday 6th February 2026**.

<https://forms.gle/obbAbM7NkJWHhkB87>

Dates for the Diary 2025-2026



February 2026

- 10th Safer Internet Day
- 10th EYFS Blackpool Zoo Visit
- 10th Y2 Maple Temple Visit
- 11th Y2,3,4,5 - Author Visit Day *
- 12th Y2 Elm Temple Visit
- 12th PTA Valentines Disco Minis - During school hours
- 12th PTA Valentines Disco Y1/2/3 5.30pm & Y4/5/6 6.45pm **
- 12th School Council Meeting - Only KS2 & Sports Councillors *
- 13th Non-Uniform PTA Express Yourself Day
- 13th Final day of Spring Term 1
- 16-20th SPRING HALF TERM HOLIDAY
- 25th Dance Competition Y5/Y6
- 25th Primary School Health 'Drop In' for Parents/Carers 9AM

March 2026

- 5th School Council Meeting *
- 5th World Book Day Special Lunch *
- 9th Parent Consultation Evening - 3.15pm - 6.30pm **
- 12th Y2 Helmshore Mill Trip
- 16th Parent Consultation Evening - 3.15pm - 5.00pm **
- 17th Choir Performance at Blackburn Cathedral 'Let's Go Sing' - Evening Performance
- 19th Tempest Photography - Class Photo's
- 20th PTA Non-Uniform Chocolate Swap
- 26th PTA Bunnies Bingo!
- 26th Y3 Deva Roman Museum Trip
- 27th Final day of Spring Term - HAPPY EASTER!

April 2026

- 13th Summer Term Begins
- 16th Y4 Ben Nevis Cuerden Valley Trip
- 17th Y4 Snowdon Cuerden Valley Trip
- 17th Y6 Everest Leyland Trucks
- 17th School Council Meeting *
- 21st Y3 Pendle Southport Eco Centre Visit
- 24th Y6 K2 Leyland Trucks
- 28th Y3 Rivington Southport Eco Centre Visit

May 2026

- 4th May Bank Holiday
- 7th School Council Meeting *
- 21st PTA May Fair
- 22nd Final day of Summer Term
- 25-29th SUMMER HALF TERM HOLIDAY

June 2026

- 1st INSET DAY
- 2nd INSET DAY
- 4th Travelling Science KS2 - AM only
- 22-24th Y5 Hothersall Lodge Residential
- 23rd Y1 Bring Yer Wellies
- 24th Y1 Bring Yer Wellies
- 26-29th Y6 Boreatton Park Residential

July 2026

- 9th Y2 Bees Visit in school
- 17th Final day of Summer Term - HAPPY HOLIDAYS!

Primrose Hill Clubs 2025-2026

Primrose Hill Clubs 2025 – 2026

Spring	w/c 26th Jan 2026 - w/c 9th March 2026				
Summer	w/c 5th May 2026 - w/c 22nd June 2026				
Name of Club	Run by	Day	Finish	Collect From	
Yoga Y1	Miss Blackwell	Tuesday	3:45pm	Ash	
Story Art Y2&3	Mrs Kanski	Tuesday	4pm	Pendle	
Board Games Club Y5&6	Mrs Chapman	Tuesday	4pm	Snowdon	
Art Club Y4,5,6	Mrs Bullock	Tuesday	4pm	Snowdon	
Singing & Signing Y1&2	Miss Pearson	Tuesday	3:45pm	Elm	
Book Club Y6	Mrs Brockie	Every Tuesday	4pm	Everest	
Games Club Y3&4	Miss Dobbs	Wednesday	4pm	Pendle	
STEM Club Y3&4	Mrs Cunningham	Wednesday	4:15pm	Office	
Choir Y5&6	Mrs Swinburn / Miss Burns	Every Wednesday	4pm	K2	
Eco club (Y2-Y6)	Miss McKinley / Mrs Rigby	Thursday	4:30pm	Office	

Sports Clubs Spring Term 1

Name of Club	Run by	Day	Finish	Dates
Y5&6 Netball Club	Mrs Clements / Miss Dickinson	Monday	4:15pm	w/c 12/01/26 – w/c 23/03/26
Y5&6 Running Club	Miss Ahmed	Tuesday	4:30pm	w/c 05/01/26 – w/c 09/02/26
Y3&4 Dodgeball Club	Miss Ahmed	Wednesday	4:30pm	w/c 05/01/26 – w/c 09/02/26
Dance	Mrs Walsh	Thursday	4:15pm	w/c 05/01/26 – w/c 09/02/26
KS1 Intro to Invasion Games	Miss Ahmed	Thursday	4pm	w/c 05/01/26 – w/c 09/02/26

*New date added

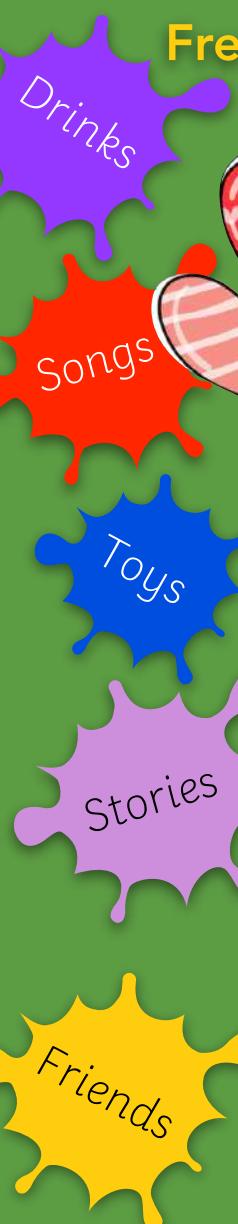
**Information or date amended



**EUXTON
PRIMROSE HILL**
Primary School
"Together we will make a difference."

Primrose Buds

Free play and stay sessions for children aged 4 and under



Friday 6th February 2026

Valentine's themed morning



Friday 6th March 2026

Bring your wellies and waterproofs as we head out to our Forest School for this session



Friday 20th March 2026

Easter themed morning

9am - 10.15am in the upper hall



To book please call: 01257 276688
or scan the QR code



Valentines **DISCO** *MINIS!*

**EYFS ARE INVITED TO A
VALENTINES DISCO!**

Thurs 12th Feb

Have a fun time dancing and singing
with your friends at the valentines
disco*

DRESS IN YOUR PARTY BEST!

£2

Per Treat Bag
payable on parent pay

*EYFS disco is during school hours

Valentines

DISCO



£5 PER TICKET

**INCLUDES ENTRY TO THE DISCO,
HOT DOG AND A TREAT BAG!**

Thurs 12th Feb

Years 1,2 & 3 5.30-6.30

Years 4,5 & 6 6.45-7.45

In the lower hall

**Closing date for tickets is 5th February at
3pm no late purchases will be accepted**

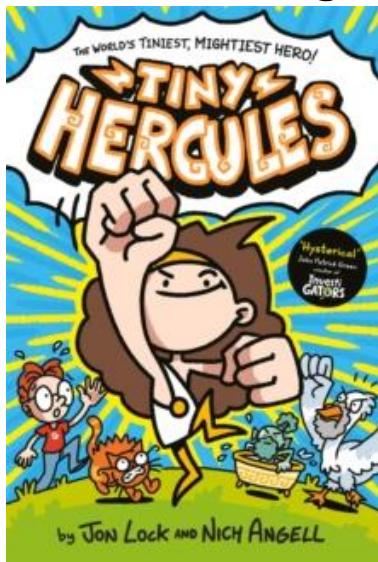
Tickets can be purchased through Parent Pay

Please bring a bottle of water

There will be no cash taken on the night

Author/Illustrator School Visit

Signed Book Order Form



Comic book creators **Jon Lock & Nich Angell** will be visiting our school on **Wednesday 11 February** with their hilarious graphic novel **Tiny Hercules** perfect for fans of *Bunny Vs Monkey*, *Dog Man* and any child who loves to laugh!

He's brave! He's strong! He's the size of a jam jar! He's Tiny Hercules, the world's tiniest hero – and he's winning his way back to Tiny Olympus, one legendary deed at a time! Tiny Hercules has been banished to Earth as a punishment for ruining Tiny Zeus's bodacious party. To get home he must complete twelve legendary tasks but it isn't going to be easy – even for a demigod. Crash landing in the peaceful town of Chutney-on-Toast, Tiny Hercules soon spots his first task: defeating a lion! (or maybe it's a cat!) All hell breaks loose in this zany comic book adventure!

You can order a signed book direct from ebb & flo bookshop by clicking the link OR complete the form & return to school with the correct money by Monday 9th February.

	Signed Books	Special Event Price	Quantity
	Tiny Hercules https://ebbandflobookshop.co.uk/product/tiny-hercules-preorder-author-illustrator-school-visit-only-wednesday-11-february/	£9	

Pupil name & class _____

Friday 13th February

Express Yourself

Day

Show yourself off by dressing however
you like

£1 payable on
ParentPay



WORLD BOOK DAY

THURSDAY 5TH MARCH



Treasure Island

Tortilla Wraps

Mild Chilli Chicken or Quorn
with Cheese
&

Cannon Ball Potato Puffs
Golden Corn & Ruby Pepper
Medley
or

Hogwarts House Pasta

Pasta Spirals & Tomato Sauce
with
Gryffindor Garlic Bread

Charlie's Chocolate Factory Cake

Chocolate Sprinkle Cupcake
or

Matilda's Magical Jelly

Strawberry Jelly
with Cream & Sprinkles

(Choice of filled Jacket Potatoes also available)



FEBRUARY SPORTS CAMP

16TH- 18TH FEBRUARY

£22 A DAY OR
£60 ALL THREE DAYS

10AM
-2PM
PAID

Ages
5-11

BOOK ONLINE AT:
www.chorleyssp.co.uk

10AM-
2PM
HAF



CHORLEY ST PETER'S
C.E. PRIMARY SCHOOL
Eaves Lane PR6 0DX



01257 824798



j.milner@chorleyssp.co.uk



FREE HAF PLACES FOR ELIGIBLE FAMILIES
PLEASE USE SCHOOL ISSUED CODE ON BOOKING



FEBRUARY SPORTS CAMP

16TH- 19TH FEBRUARY



Making it
happen in
Chorley



Ages
5-11

£22 A DAY OR
£80 ALL FOUR DAYS

10AM-
2PM

FREE HAF PLACES
FOR ELIGIBLE FAMILIES



FEBRUARY SPORTS CAMP

16TH- 19TH FEBRUARY

£22 A DAY OR
£80 ALL FOUR DAYS

10AM
-2PM
PAID

Ages
5-11

BOOK ONLINE AT:
www.chorleyssp.co.uk

10AM-
2PM
HAF



LANCASTER LANE
PRIMARY SCHOOL
Hunters Road PR25 5TT



01257 824798



j.milner@chorleyssp.co.uk



FREE HAF PLACES FOR ELIGIBLE FAMILIES
PLEASE USE SCHOOL ISSUED CODE ON BOOKING

Making it
happen in
Chorley

What Parents & Educators Need to Know about MENTAL HEALTH MISINFORMATION ONLINE

WHAT ARE THE RISKS?

A research study by Ofcom revealed that children aged 9–15 increasingly use online platforms like TikTok for mental health advice, with 50% relying on social media for information. Unverified medical content online is concerning, with the potential to cause confusion, anxiety, or incorrect self-diagnoses. This guide provides expert strategies to help parents and educators tackle misinformation effectively and ensure safer digital experiences for young people.

POPULAR ONLINE SOURCES

Platforms like TikTok and Instagram are two of the main sources of young people's mental health content. Videos and posts frequently feature unqualified influencers, contributing to misinformation, myths, and oversimplifications. While appealing to young audiences, this unverified content can distort perceptions, and create unrealistic expectations and misunderstandings about mental health conditions.

RISK OF SELF-DIAGNOSIS

Social media's misleading content encourages young people to self-diagnose complex mental health conditions inaccurately. Misdiagnosis can exacerbate anxiety, cause unnecessary worry, or delay essential professional intervention. This has the potential to escalate manageable conditions into more significant mental health issues requiring comprehensive clinical support.

LACK OF FILTERS

Social media platforms struggle to filter misinformation effectively, allowing false content to spread widely and quickly. Without proper guidance, young viewers may not discern fact from fiction, potentially internalising inaccurate beliefs about mental health. This can negatively influence their decisions about seeking professional help or managing mental wellbeing.

IMPACTFUL PAST TRENDS

Historically, online mental health misinformation has led to harmful trends, including inappropriate coping strategies or sensationalised symptoms. For example, past TikTok trends on self-harm or anxiety 'hacks' have spread damaging advice, underscoring the risk when misinformation is not promptly addressed or corrected by knowledgeable adults.

MISLEADING CLINICAL TERMS

Online trends often include the misuse of clinical terms, such as 'trauma' or 'OCD', making serious conditions seem trivial or inaccurately understood. Such misinformation can diminish empathy, and lead young people to misunderstand mental health complexities, potentially preventing them from identifying real mental health issues in themselves or others.

'EVERYONE HAS THAT'

REPLACING PROFESSIONAL HELP

Frequent reliance on digital content can deter young people from seeking professional mental health care, substituting expert support with unverified online advice. This substitution can prolong issues, complicate recovery, and reduce the effectiveness of future professional interventions, ultimately impacting overall mental health and wellbeing negatively.

Advice for Parents & Educators

MONITOR ONLINE ENGAGEMENT

Regularly review and discuss a young person's online activity, providing appropriate guidance on discerning accurate content. Tools such as parental controls or co-viewing content can help mediate exposure to harmful misinformation, facilitating safer digital habits and informed critical thinking about mental health.



SCHOOL-HOME COLLABORATION

Strengthen collaboration with educators to integrate digital literacy into the school curriculum, emphasising misinformation awareness. Jointly delivered education sessions on identifying and responding to misinformation can significantly improve pupils' ability to critically assess mental health content, supporting their mental wellbeing effectively both online and offline.



IDENTIFY RELIABLE SOURCES

Teach young people to critically evaluate mental health content by checking credentials, source authenticity, and evidence-based information. Encourage them to refer to trusted medical or educational platforms and to consult healthcare professionals for clarification. This reduces young people's reliance on potentially harmful or misleading online sources.



ENCOURAGE OPEN DIALOGUE

Foster a non-judgemental environment where young people feel comfortable discussing online content. Regularly talking about their online experiences and perceived mental health concerns helps clarify misunderstandings, mitigates misinformation, and builds trust, thereby enhancing their resilience and digital literacy. Model situations where you have sought advice from accurate sources and not solely relied on social media for health advice.



Meet Our Expert

Anna Bateman is Director of Halcyon Education Ltd, Director for Wellbeing and Family Services at Leigh Trust, and lead expert for mental health at The National College. Anna specialises in strategic mental health solutions for schools, supporting educators and families to improve resilience, emotional literacy, and overall wellbeing for children across the UK.



The National College®

#WakeUpWednesday®

In Memory Of Hannah

All donations collected today will go towards
the build of Hannah's Memorial Garden.

Your kindness & support
means so much
Thank you!

