



## PE Games Progression Development in Year 3

Invasion	Striking and Fielding	Net and Wall
<p><b><u>Aim of Educational Invasion Games</u></b> In all games activities, children think about how to use skills, strategies and tactics to outwit the opposition. This unit lays the foundations for future invasion games. Children will learn to apply their understanding and skills from Key Stage 1. Children will improve their accuracy in the throwing and catching and will learn new invasion game sport specific techniques.</p> <p><b><u>Performance of skills – Progression</u></b> Master most fundamental skills from KS1 and start to develop sport specific skills and perform them with some accuracy.</p> <p><b><u>Developing Physical Skills – Lancashire scheme</u></b> Invasion Games skills through: Three touch ball (netball) – running, dodging, chest pass, bounce pass, catching a ball Three touch (rugby) – running, dodging, swing pass, catching a ball Three touch ball (handball) – running, dodging, one-handed pass, one handed bounce pass, catching a ball.</p> <p><b><u>Application of skills – Lancashire scheme (Core Task)</u></b> Develop simple attacking skills in a 3v1 invasion game. The 'Three touch ball' core task involves children trying to score as many goals as possible by passing a ball (netball, handball, rugby ball) at least three tries before throwing it into a hoop.</p> <p><b>Knowledge</b> To know to move into space to receive the ball. To pass a ball to a player in space when playing an invasion game.</p> <p>'are the character traits that are important.</p>	<p><b><u>Aim of Educational Striking and Fielding Games</u></b> In all games activities, children think about how to use skills, strategies and tactics to outwit the opposition. Children will learn how to hit or strike the ball into different spaces so that they can score runs in different ways. When fielding, they learn to work together to keep the batters' scores down. In striking and fielding games, players learn to strike the ball and try to avoid fielders so that they can run around bases to score runs</p> <p><b><u>Performance of skills – Progression</u></b> Master most fundamental skills from KS1 and start to develop sport specific skills and perform them with some accuracy</p> <p><b><u>Developing Physical Skills – Lancashire scheme</u></b> Bowl underarm Strike a ball off a tee Catch a ball Field a ball and return in quickly</p> <p><b><u>Application of skills – Lancashire scheme (Core Task)</u></b> Rounders type game The 'Run the loop' core task involves a team of four batters trying to score points by striking the ball and running between bases and a team of four fielders trying to retrieve, throw and catch the ball quickly and accurately.</p> <p><b>Knowledge</b> Batters/Strikers - Hit the ball into a space away from the fielders. Fielders – judge where the ball is going to be hit and try to intercept it.</p> <p>'Communication, Evaluation' are the character traits that are important.</p>	<p><b><u>Aim of Educational Net and Wall Games</u></b> In all games activities, children think about how to use skills, strategies and tactics to outwit the opposition. Children will learn to develop the skills they need for net/wall games and how to use these skills to make the game difficult for their opponent. They learn to direct the ball towards the target area and away from their opponent. The aim is to get the ball to land in the target area and make it difficult for the opponent to return it.</p> <p><b><u>Performance of skills – Progression</u></b> Master most fundamental skills from KS1 and start to develop sport specific skills and perform them with some accuracy.</p> <p><b><u>Developing Physical Skills – Lancashire scheme</u></b> Ready position Underarm throw Overarm throw Hold a racket Strike a ball with a racket</p> <p><b><u>Application of skills – Lancashire scheme (Core Task)</u></b> The aim of the game is to score points by throwing a ball into the opponent's court area and making it bounce twice. Play the game one against one. Use a low net (bench to short tennis height), on a court that is relatively long and narrow. Put a gym mat on either side of the net about 1m away from the net and make the court a little larger than this. Use throwing and catching skills. Move on to introduce hitting the ball with a racket after it has been bounced.</p> <p><b>Knowledge</b> To use simple tactics i.e. directing the ball to a space to make it difficult for their opponent.</p> <p>'Communication, Evaluation' are the character traits that are important.</p>