

PE Games Progression Development in Year 4

Invasion

Striking and Fielding

Net and Wall

Aim of Educational Invasion Games

In all game's activities, children think about how to use skills, strategies and tactics to outwit the opposition. Children continue to lean simple attacking tactics using a range of equipment and sport specific skills. They are playing small, uneven-sided games and think about how to use skills, strategies and tactics to outwit the opposition. In invasion games, they enter their opponent's territory with the 'ball' and

try to get into good positions for shooting or reaching the 'goal'.

Performance of skills - Progression

Master fundamental skills and start to develop sport specific skills perform them with consistency and accuracy.

Developing Physical Skills - Lancashire scheme

Invasion Games skills through: On the attack (basketball) - running, chest

pass, bounce pass, dribbling a ball. On the attack (rugby) - running, dodging,

swing pass, catching a ball On the attack (handball) - running, dodging,

one-handed pass, one handed bounce pass, catching a ball, shooting a ball.

Application of skills - Lancashire scheme (Core Task)

Develop attacking skills in a 4v2 invasion game.

The 'On the attack' core task involves children working in groups of six. The children create the playing area with two goals at one end and three at the other and play 4v2.

Knowledge

To know to move into space to receive a ball. To feint or disguise a pass of the ball to outwit a defender.

'are the character traits that are important.

Aim of Educational Striking and Fielding Games

In all games activities, children think about how to use skills, strategies and tactics to outwit the opposition. Children will learn how to hit or strike the ball into spaces so that they can score runs in different ways. When fielding, they learn how to work together to keep the batters' scores down. They also try to prevent runs or points being scored.

In striking and fielding games, players learn to strike a ball and try to avoid fielders so that they can run around bases to score runs.

Performance of skills - Progression

Master fundamental skills and start to develop sport specific skills perform them with consistency and accuracy.

.Developing Physical Skills - Lancashire scheme

Bowl underarm

Perform a straight drive

Catch a ball

Field a ball and return in quickly

Application of skills - Lancashire scheme (Core Task)

Cricket type game

The 'Run the loop' core task involves a team of four batters trying to score points by striking the ball and running between wickets and a team of four fielders trying to retrieve, throw and catch the ball quickly and accurately.

Knowledge

Batters/Strikers – Run as quickly as possible and strike the ball into a space away from the fielders.

Fielders – judge where the ball is going to be hit and try to intercept it.

'Communication, Evaluation' are the character traits that are important.

Aim of Educational Net and Wall Games

In all games activities, children think about how to use skills, strategies and tactics to outwit the opposition. Children will learn to develop the skills they need for net/wall games and how to use these skills to make the game difficult for their opponent. They learn to direct the ball towards the target area and away from their opponent. The aim is to get the ball to land in the target area and make it difficult for the opponent to

return it.

Performance of skills - Progression

Master fundamental skills and start to develop sport specific skills perform them with consistency and accuracy.

Developing Physical Skills - Lancashire scheme

Ready position

Underarm throw

Overarm throw

Hold a racket

Strike a ball with a racket

Application of skills - Lancashire scheme (Core Task)

The aim of the game is to score point by getting a small soft ball or beanbag to land in one of two targets.

Play the game one against one. Use a high net on a long narrow court. Encourage the children to use short, low throws to try and hit the target at the front and long, high throws to try and hit the target at the back. Their opponent's aim is to intercept the ball or beanbag before it bounces. Later, a racket can be used to hit a ball or shuttlecock.

Knowledge

To use a simple tactic i.e. choose a good place to stand when receiving the ball.

'Communication, Evaluation' are the character traits that are important.